

# Breakfast: Berry Muesli



Servings: 1

# What you need to make Berry Muesli

You need the following ingredients:

1 cup rolled oats



½ cup apple juice



1 grated apple



Juice of 1 small lime



1 cup plain yoghurt



1 cup berries



# How to make Berry Muesli



## Step 1

Wash your hands.



## Step 2

Place oats in a large bowl.



## Step 3

Pour apple juice over the oats and stir.



### **Step 4**

Cover the bowl using a plastic wrap.



### **Step 5**

Put bowl in the fridge and leave for 2 hours.



### **Step 6**

Take bowl out of the fridge and mix in apple, lime juice, yoghurt and mixed berries.



**Step 7**  
Eat and enjoy!