



























Mackay Learning & Lifestyle
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Program 7 th October to 13 th December					
	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1 9:00 - 10:30am	 Gardening/Nature Team A  Movement & Music Team B	 Extension Cooking Team A & B (5.00)  Flavours of the World	 Gardening/Nature Team A  Community Shopping Team B	 Entertainment Team A & B (\$10.00)	 Art Class Team A & B  Engagement with the local art community
10:15 - 10:45	M/TEA	M/TEA	M/TEA	M/TEA	M/TEA
Session 2 11:00 – 12.30pm	 Gardening/Nature Team A  Explore Mackay Team B	 Extension Cooking Team A & B	 Cooking Skills Development Team A  Library Team B	 Cooking Skills Development Team A  Craft Team B	 Art Class Team A & B
12:15 - 1:15	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Session 3 1:15 – 2:45pm	 Literacy/Numeracy Team A  Sport/Games Team B	 Baking Team A  Science Experiments Team B	 Technology Team A  Sport/Games Team B	 Technology Team A  Craft Team B	 Fun Friday! Team A & B
2:45 – 3:00	Domestic Skills	Domestic Skills	Domestic Skills	Domestic Skills	Domestic Skills

Please refer to the icons legend on the following page

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Foundations Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day to day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Community Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Information, Communication and Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends, and directs people to make right choices when it comes to a person's health and lifestyle activities.



Getting out - or staying in - having fun, making connections and simply doing what makes you happy is what Leisure, Adventure and Recreation is all about. Leisure, Adventure and Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



The importance of **nature** – whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, means that people are able to touch, taste, smell, hear and see those things which make up the world. It might mean conducting experiments to see how things work, or taking time out to literally smell the roses.