POSSIBILITIES UNLIMITED



Psychology

If you or someone you support has Improved Daily Living funding in a NDIS plan, our psychology team can work alongside you to support your wellbeing and the goals that matter to you. Together, we can develop a flexible, personalised approach that reflects your individual needs, strengths, preferences and hopes for the future.

Community Solutions

I ♥ ndis
Registered NDIS Provider

We offer a range of services and supports to both children and adults. These are available in person or via telehealth.

Our psychologists can help you with:

- Anger and stress management
- Emotional regulation and capacity for engagement in daily activities
- Concentration and attention difficulties
- Motivation and organisation difficulties
- Social and emotional challenges
- Developing self-confidence

Community Solutions is a registered NDIS provider.

Community Solutions – making a difference in people's lives, supporting each participant's goals, and working with them on their pathway to possibilities.

For more information, call our friendly team:

1300 770 145

communitysolutions.org.au/psychology

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