

Townsville Learning and Lifestyle Hub 2 Program Calendar



Program Dates: 01/07/2026 – 31/07/2026

Operating Hours

Monday – Friday
8:30am – 3:00pm

Contact Us

Client Support

Phone: 1800 122 122







Email: clientsupport@endeavour.com.au



Townsville Learning and Lifestyle Hub 2













Week 1: 01/07/2026 – 05/07/2026



What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 830am – 12pm	<p>JUNE</p>	<p>JUNE</p>	<p>Thrive Learning</p> 	<p>Closed</p>	<p>Closed</p>
			<p>Townsville Dam excursion</p> 		
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm			<p>OP shopping</p> 		
	<p>Hub Reset</p> 	<p>Hub Reset</p> 	<p>Hub Reset</p> 		













Townsville Learning and Lifestyle Hub 2

Week 2: 6/07/2026 – 12/07/2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Morning 830am – 12pm</p>	<p>Visit to Kissing Point/ Jezzine</p>  <p>Creative art project</p> 	<p>Supermarket - Purchase cooking ingredients</p>  <p>Cooking program – lunch menu</p> 	<p>Supermarket - Purchase baking ingredients</p>  <p>Baking</p> 	<p>Closed</p>	<p>Closed</p>
<p>Lunch Break (12pm – 1pm)</p>					
<p>Afternoon 1pm – 3pm</p>	<p>Golf driving range</p>  <p>Hub Reset</p> 	<p>Library - Aitkenvale</p>  <p>Hub Reset</p> 	<p>Ten pin bowling</p>  <p>Hub Reset</p> 		













Townsville Learning and Lifestyle Hub 2

Week 3: 13/07/2026 – 19/07/2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 830am – 12pm	<p>All ability exercise</p>  <p>Recycling/ Client service meeting</p> 	<p>Supermarket - Purchase cooking ingredients</p>  <p>Cooking program – lunch menu</p> 	<p>Basketball shootout</p>  <p>Dance North 10 to 1130am Everybody dance</p> 	<p>Closed</p>	<p>Closed</p>
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm	<p>Puzzles/ Computer time</p>  <p>Hub Reset</p> 	<p>Ten pin bowling</p>  <p>Hub Reset</p> 	<p>Creative art project</p>  <p>Hub Reset</p> 	<p></p>	<p></p>













Townsville - Learning and Lifestyle Hub 2

Week 4: 20/07/2026 – 26/07/2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 830am – 12pm	<p>Strand exercise equipment</p>  <p>Thrive learning</p> 	<p>Supermarket - Purchase cooking ingredients</p>  <p>Cooking program</p> 	<p>All Abilities workout</p>  <p>Creative art project</p> 	<p>Closed</p>	<p>Closed</p>
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm	<p>Golf driving range</p>  <p>Hub Reset</p> 	<p>1pm visit Animal shelter</p>  <p>Hub Reset</p> 	<p>Ten pin bowling</p>  <p>Hub Reset</p> 	<p></p>	<p></p>









Townsville - Learning and Lifestyle Hub 2

Week 5: 27/07/2026 – 31/07/2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Morning 830am – 12pm</p>	<p>Basketball shootout</p>  <p>Palmetum visit</p> 	<p>Supermarket - Purchase cooking ingredients</p>  <p>Cooking program/ BBQ at park</p> 	<p>Thrive learning</p>  <p>Jezzine Barracks museum</p> 	<p>Closed</p>	<p>Closed</p>
<p>Lunch Break (12pm – 1pm)</p>					
<p>Afternoon 1pm – 3pm</p>	<p>Creative art project</p>  <p>Hub Reset</p> 	<p>Library - city</p>  <p>Hub Reset</p> 	<p>Puzzles/ Computer time</p>  <p>Hub Reset</p> 	<p></p>	<p></p>









Townsville - Learning and Lifestyle Hub 2

Activity Descriptions

Activity	Description	Related Skills	Cost
<p>Ten pin bowling</p> 	<p>Whether you are a seasoned pro or a first-timer, this activity offers a fantastic opportunity to socialise and stay active.</p>		<p>\$11</p>
<p>Cooking program</p> 	<p>Build new cooking skills or maintain existing ones in a supportive environment. Participants work together to choose the menu and prepare meals.</p>		<p>\$7</p>
<p>Recycling</p> 	<p>Join your peers on a visit to the recycling centre to collect and return cans. Funds raised are saved and used to support future group activities and events.</p>		
<p>Thrive</p> 	<p>Thrive is a capacity-building program that supports participants to develop practical life skills, including independent living, safety, healthy eating, technology, and fitness.</p>		

Townsville - Learning and Lifestyle Hub 2

Activity Descriptions

Activity	Description	Related Skills	Cost
<p data-bbox="215 352 412 384">Aqua Zumba</p> 	<p data-bbox="696 331 1003 576">Aqua Zumba is a fun way to stay active at the community pool, combining music and low-impact exercises that are gentle on the body.</p>		<p data-bbox="1868 435 1984 467">\$10.50</p>
<p data-bbox="230 651 389 683">Gardening</p> 	<p data-bbox="685 687 1014 826">Grow plants, grow skills! Gardening supports teamwork, learning, and wellbeing.</p>		
<p data-bbox="253 954 367 986">Library</p> 	<p data-bbox="685 970 1014 1145">Participants visit the local library to explore books, build reading skills, and connect with the community.</p>		
<p data-bbox="253 1257 367 1289">Baking</p> 	<p data-bbox="689 1273 1010 1449">Learn baking skills while building confidence and enjoying time together in the kitchen.</p>		<p data-bbox="1899 1345 1951 1377">\$4</p>

Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day