

Maryborough Learning and Lifestyle Hub



Operating Hours

Monday – Friday
8.30am – 3pm

Contact Us for More Information

Client Support

Phone: 1800 112 112

Email: clientsupport@endeavour.com.au



Maryborough Learning and Lifestyle Hub

Program Dates: 01/05/2026 – 01/06/2026

What's On!

Monday

Men's Shed every 1st week
9:00 am – 3:00pm



The Men's Shed is not just for men. It's an inclusive program open to everyone, regardless of gender. Participants are supported in designing and building projects of their choice. Whether it's cutting wood, sawing, drilling, or painting, clients are guided every step of the way to create their own masterpiece.



Meal Prep and Shopping
9:00am – 12:00pm



Participants are guided through the process of planning out a meal, purchasing the ingredients and preparing them to cook and take home with them to eat at home. Everyone who visits the centre today will be given the opportunity to buy a portion of the meal to take home with them to eat later.



All abilities 8-ball every 2nd week
9:00 am – 3:00pm



8 Ball Pool in a Bar is a classic social and recreational activity where players gather around a pool table in a casual, relaxed bar setting to enjoy a game of pool. The environment is often lively and convivial, providing an excellent opportunity for friendly competition, socializing, and unwinding. BBQ lunch provided



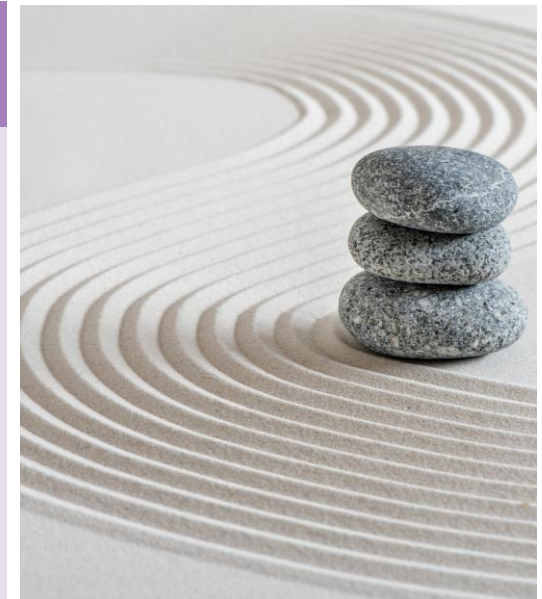
Scrapbooking
12:00pm - 3:00pm

Our participants travel the town and local area taking photos or collect photos from activities and recent trips and add them to our growing scrapbook of memories.



Festive Crafts & Positive affirmations
12:00pm - 3:00pm

Clients are to use their creativity to decorate the centre for upcoming events like Halloween, Christmas and New years. Additionally, Each Thursday, we take a moment to write a Positive Note to Self; a kind word, a reminder, or a little motivation. Then on Monday, open your letter and reflect. Start the week grounded, focused, and inspired.



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What's On!

Tuesday

Fishing

9:00am - 12:00pm

Come join our anglers as they try their hands at one of the oldest form of recreation: Fishing! The group then meets up in the park for a BBQ with our other program



Park games & BBQ

9:00am - 12:00pm



Cooking a BBQ promotes teamwork, planning, and practical culinary skills like food preparation, timing, and temperature control. It encourages creativity in choosing recipes and experimenting with flavours, marinades, and cooking techniques.



Ladies out and about group

9:00am - 12:00pm

Our ladies out and about group explore the town and visit their favourite cafés and shops



Creative Crafts

12:00pm - 3:00pm



Let your creative flair shine! Utilising our well appointed craft room we embark on creative craft projects using a number of different styles, techniques and mediums – from painting to sewing to collage, we never know where our projects will take us.

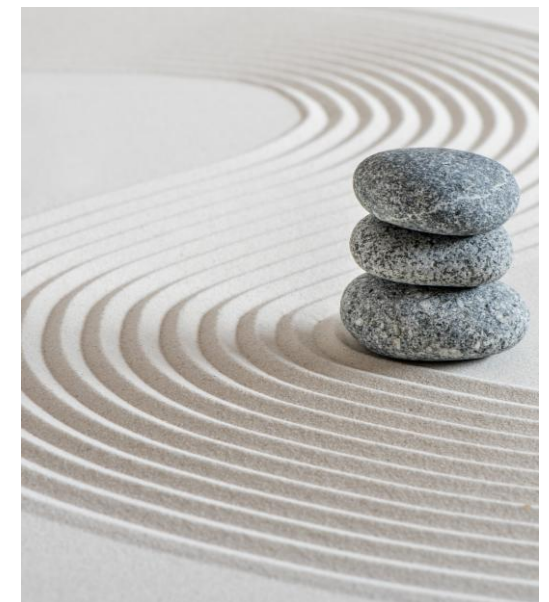
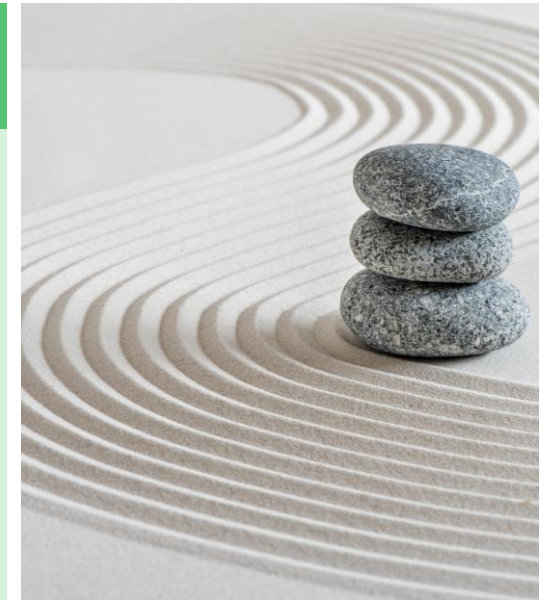


Swimming

12:00pm - 3:00pm



Escape the hot Queensland by joining us as we take a dip at the local pools, visit local water attractions such as Wetside or Splashside, or just enjoy a day at the beach.



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What's On!

Wednesday

Creative Crafts

9:00am - 12:00pm

Let your creative flair shine! Utilising our well appointed craft room we embark on creative craft projects using a number of different styles, techniques and mediums – from painting to sewing to collage, we never know where our projects will take us.



Dance Class

9:00am - 12:00pm

Join our dance class at the local Dance centre as we learn a routine to perform at the end the of year concert



Ten Pin Bowling

9:00am - 12:00pm

Our centre boasts many avid bowlers who enjoy both the social and competitive side of one of the most popular sports in town.



Karaoke

12:00pm - 3:00pm

Dress up and grab an instrument! Join in on the singing and dancing as participants take the stage and sing their favourite songs. An absolute crowd pleaser as many participants visit the centre only for this activity.



Computers, Numbers and Literacy

12:00pm - 3:00pm

In this program we seek to build our reading, writing and math skills as well as gain confidence using computers to put these skills into practice to find information on our hobbies and interests




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What's On!

Thursday


Chatterbox
09:00am - 12:00pm



Chatterbox is a lively group activity designed to encourage communication, social interaction, and conversational skills. Participants gather to engage in guided or free-flowing discussions on a variety of topics, which can range from light-hearted subjects like hobbies and interests to deeper conversations about personal experiences or current events.



Woman's Shed
09:00am – 12:00pm




Women's Shed is a welcoming, community-based space where people come together to work on practical projects, share skills, and build social connections. This activity involves participating in hands-on tasks such as woodworking, repairs, gardening, crafting, or other creative and constructive activities.

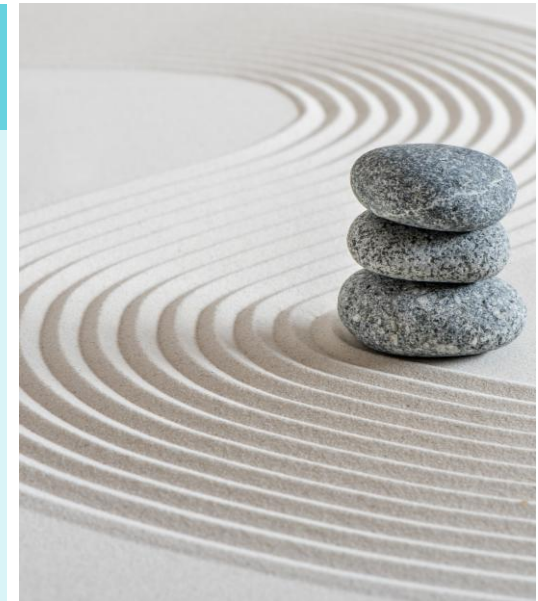





Wodfit
9:00am - 3:00pm





Wodfit is a group strength and fitness program designed for people of all abilities and fitness levels. Designed to bring a level of fun into the fitness space this program helps to keep you fit, healthy, and mobile. This group then attends a BBQ and spends the afternoon with their Wodfit friends from other services


Evening Meal Prep
12:00pm – 3:00pm



Participants are guided through the process of planning out a meal, purchasing the ingredients and preparing them to cook and take home with them to eat at home. Everyone who visits the centre today will be given the opportunity to buy a portion of the meal to take home with them to eat later.


8 Ball
12:00pm - 3:00pm





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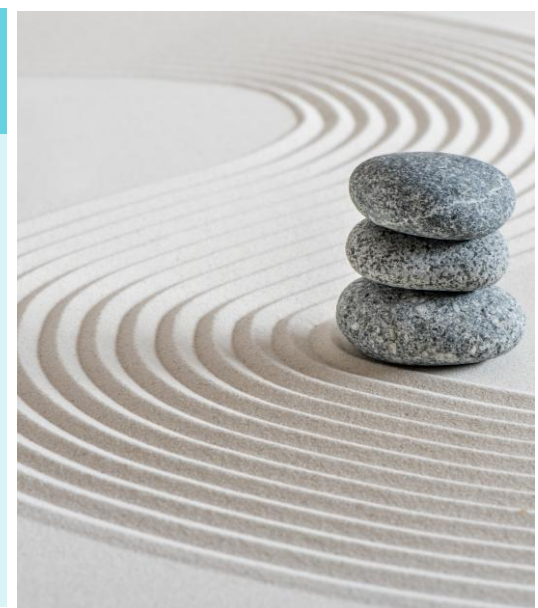



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What's On!

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Op Shopping with sausage sizzle

9:00am - 12:00pm



Come with us as we visit our local Op shop where they provide a free sausage sizzle, live music, and discount most items to \$2.



Ten Pin Bowling

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Cinemas

12:00pm - 3:00pm

Get away from the hustle and bustle and enjoy an afternoon at the cinemas with your friends. Go to watch the latest films at the cinemas



Learning and Life Skills Icons and Definitions



Foundations Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day