Maryborough Learning and Lifestyle Hub

Operating Hours

Monday – Friday
8.30am – 3pm

Contact Us for More Information

Client Support
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NDVR
Endeavour Foundation

Maryborough Learning and Lifestyle Hub

Program Dates: 01/10/2026 – 31/12/2026

What's On!

Monday

Men's Shed week 1 **9-3 Maryborough** $2 entry, $10 per project The Men's Shed is not just for men. It's an inclusive program open to everyone, regardless of gender. Participants are supported in designing and building projects of their choice. Whether it's cutting wood, sawing, drilling, or painting, clients are guided every step of the way to create their own masterpiece.	**Op Shopping** **9-12 Both** spending money A fun group for clients to explore local op shops, find affordable items, and enjoy social outings in a relaxed and inclusive environment.	**Baking/Coffee Shop Sales** **9-12 Maryborough** Nil Our centre boasts its own coffee machine which our participants are using to build a coffee shop allowing them to sell coffee and any baked treats they make directly to the public. This program helps build social skills, confidence, and skills that can be taken into future employment.	
All abilities 8ball Week 2 **9-3 Hervey Bay** $5 + saussage 8 Ball Pool in a Bar is a classic social and recreational activity where players gather around a pool table in a casual, relaxed bar setting to enjoy a game of pool. The environment is often lively and convivial, providing an excellent opportunity for friendly competition, socializing, and unwinding. BBQ lunch provided	**Library** **12.30pm-3pm Both** nil A quiet and supportive group for people with disabilities, where participants visit the library to enjoy reading, explore books, and connect with others in a relaxed environment.	**Painting** **12.30pm-3pm Maryborough** Free A creative group, focused on painting. Participants can explore colours, try different techniques, and create their own artwork	

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Tuesday

Can Collecting **9am-12pm Hervey Bay** Free A practical group for clients, focused on collecting cans and recycling. Participants learn about sustainability, teamwork, and responsibility while contributing positively to the community in a fun and active environment	**Baking/Coffee Shop Sales** **9am-12pm Maryborough** Nil Our centre boasts its own coffee machine which our participants are using to build a coffee shop allowing them to sell coffee and any baked treats they make directly to the public. This program helps build social skills, confidence, and skills that can be taken into future employment.	**Breadmaking** **9am-12pm Maryborough** Free A hands-on group focused on the art of breadmaking. Participants learn step-by-step baking techniques, work with ingredients, and experience the process of creating fresh, homemade bread. The group promotes skill development, confidence, and teamwork,	
Swimming **12pm - 3pm Hervey Bay** $4/EMS Escape the heat! Both Hervey Bay and Maryborough boast well maintained indoor pools where you can escape the heat and have some fun with your friends	**Can Collecting** **12pm - 3pm Maryborough** Free A practical group for clients, focused on collecting cans and recycling. Participants learn about sustainability, teamwork, and responsibility while contributing positively to the community in a fun and active environment	**Sewing** **12pm - 3pm Maryborough** Free A creative group for people, focused on developing sewing skills in a fun and welcoming environment. Participants learn basic techniques such as stitching, measuring, and using sewing equipment, while creating their own handmade items.	

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Creative Craft **9am-12pm Maryborough** Nil Our creative crafts group are constantly on the lookout for their next inspiration. Each week they explore new and exciting ways to unleash their creativity.	**Golf** **9.30am-12.00pm Hervey Bay** 10 A fun group, focused on mini golf and driving range activities. Participants can build skills, enjoy friendly challenges, and stay active while socialising in a relaxed and supportive environment	**Dance** **9.30am-12.00pm HB and MB** $25 / EMS Join our dance class at the local Dance centre as we learn a routine to perform at the end the of year concert. Even those who do not want to perform enjoy coming and joining in on the fun and games, getting up and moving to the music	
Pen Pals **12pm-3pm Maryborough** Free A friendly and supportive group focused on the art of pen pal writing. Participants enjoy writing letters, sharing stories, and connecting with others locally or from different communities. The group helps build communication and literacy skills, encourages self-expression, and fosters meaningful friendships.	**Boccia** **12pm-3pm Hervey Bay** Nil Boccia is a fun, inclusive group activity where participants aim to throw, roll or propel coloured balls as close as possible to a target ball. The activity encourages social interaction, teamwork, coordination, concentration and friendly competition, and can be adapted to suit a wide range of physical and cognitive abilities.	**Fishing** **12pm-3pm Hervey Bay** $5 BBQ money/EMS Come join our anglers as they try their hands at one of the oldest form of recreation: Fishing!	**Photography** **12pm-3pm Hervey Bay** Nil Our photography group explore Hervey bay through the creative lens of photos. Traveling around hervey bay looking for the best shots to fill their albums.

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Thursday

Chatterbox & Lunch Prep
9am-12pm Maryborough

Gold coin donation

Chatterbox is a lively group activity designed to encourage communication, social interaction, and conversational skills. Participants gather to engage in guided or free-flowing discussions on a variety of topics, which can range from light-hearted subjects like hobbies and interests to deeper conversations about personal

Wodfit
9am-12pm Hervey Bay

$10/EMS + coffee/tea $

Wodfit is a group exercise program run through a local gym. Participants enjoy a social group where they make friends with a number of participants who attend each week from other services.

Swimming
12pm-3pm Maryborough

$4/EMS

Escape the heat! Both Hervey Bay and Maryborough boast well maintained indoor pools where you can escape the heat and have some fun with your friends

Pen Pals
12pm-3pm Maryborough

Free

A friendly and supportive group focused on the art of pen pal writing. Participants enjoy writing letters, sharing stories, and connecting with others locally or from different communities. The group helps build communication and literacy skills, encourages self-expression, and fosters meaningful friendships.

Sewing
12pm-3pm Maryborough

Free

A creative group for people, focused on developing sewing skills in a fun and welcoming environment. Participants learn basic techniques such as stitching, measuring, and using sewing equipment, while creating their own handmade items.

Afternoon in the bay
12pm-3pm Hervey Bay

decided prior week

A flexible and enjoyable group where participants spend the afternoon at the bay, choosing activities on the day based on interests, weather, and individual preferences. It encourages independence, social connection, and having fun in a relaxed outdoor setting.

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Ten Pin Bowling **9am-12pm HB and MB** $10/EMS Our centre boasts many avid bowlers who enjoy both the social and competitive side of one of the most popular sports in town.	**Op Shopping** **9am-12pm HB and MB** spending money A fun group for clients to explore local op shops, find affordable items, and enjoy social outings in a relaxed and inclusive environment.		
8Ball **12pm - 3pm Maryborough** Nil 8 Ball Pool in a Bar is a classic social and recreational activity where players gather around a pool table in a casual, relaxed bar setting to enjoy a game of pool. The environment is often lively and convivial, providing an excellent opportunity for friendly competition, socializing, and unwinding.	**In House Movies** **12pm - 3pm Maryborough** Nil Our Friday afternoon In-House Movies program provides a relaxed and comfortable environment for participants to unwind after a busy week. Participants can enjoy a movie together while socialising with peers, encouraging relaxation, social connection, choice and a sense of belonging.	**Walking group/Geocaching** **12pm - 3pm Hervey Bay** Nil Whether is is a local walking track or doing some urban trasure hunting, having a purpose to going for a walk always makes the activity more enjoyable	**Event Committee** Nil Our event committee choose, plan, and run our monthly day trips. They also help to rediesign and renovate the rooms within our L&L to suit the programs we run.