

Kingston Learning and Lifestyle Hub Program Calendar



Program Dates: 1 June 2026 – 31 July 2026

Operating Hours

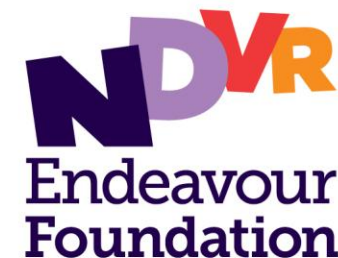
Monday – Friday

8.30am – 5pm

Contact Us



























Phone: 1800 112 112

Email: hello@endeavour.com.au






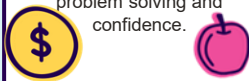





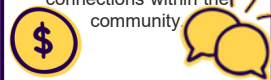




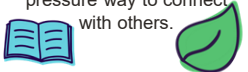





Kingston Learning and Lifestyle Hub

Week 1: 8 June 2026 – 12 June 2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Morning 9.30am – 12pm</p>	<p>Get Set for Work Designed to support people with disabilities in building the skills, confidence, and experience needed to enter the workforce </p> <p>Community Garden Let's participants create and care for a garden building practical skills, enjoying nature, and fostering teamwork! </p>	<p>Eagleby Dance \$5 Social and community connection, active movement.  </p> <p>Drama Social and community connection while exploring creativity and building confidence. </p>	<p>Bowling \$7.50 Helping individuals develop teamwork, coordination, focus, and strategic thinking in a low-pressure environment.  </p> <p>Photography Offers people the opportunity to explore creativity and develop practical photography skills in a supportive environment. </p>	<p>Baking \$3 Learn simple, nutritious baking skills. Supports skill building in fine motor coordination, sequencing problem solving and confidence.  </p> <p>Outdoor Fitness Build confidence, independence, physical strength, and coordination. Supports emotional well-being, enhances problem-solving and safety skills. </p>	<p>Thrive Cooking \$7 Menu planning, budgeting, shopping and cooking  </p> <p>Social Club \$25 Lunch outings chosen by the people we support, building social confidence and strengthening connections within the community.  </p>
	<p>Lunch Break (11.30am – 1pm)</p>				
<p>Afternoon 12.30pm – 2.30pm</p>	<p>Arts Club Unleash your creativity with a variety of art forms! From painting and drawing to crafting, Perfect for expressing yourself and discovering new artistic talents! </p> <p>Yoga Improves flexibility, strength, and balance while reducing stress. Supporting relaxation and enhances body awareness. </p>	<p>Thrive Fitness Setting goals, planning exercises, and engaging in low intensity fitness movements to improve health and mobility. </p> <p>Life Skills Everyday life skills like loading the dishwasher, washing machine, and completing cleaning jobs to promote independence and confidence. </p>	<p>Outdoor Exploration Discovering local parks and recreation areas while practicing social safety. </p> <p>Thrive Looking After Myself Personal hygiene, social safety, positive relationships, diet, mindfulness challenging yourself. </p>	<p>Memory and Board Games Building self-esteem and confidence, literacy, and role playing. </p> <p>Karaoke Build confidence, self-expression, communication, creativity, reduces stress in a fun social supportive environment. </p>	<p>Bingo / Trivia Improve concentration, number recognition, and hand-eye coordination while providing a fun, low-pressure way to connect with others.  </p> <p>Car care and Recycling Builds practical independence, teaching responsibility, problem-solving, and organization while creating a safer cleaner space </p>


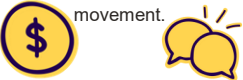

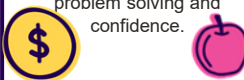





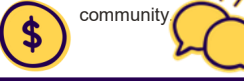




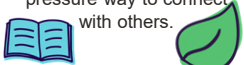





Kingston Learning and Lifestyle Hub

Week 1: 15 June 2026 – 19 June 2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 12pm	<p>Get Set for Work</p> <p>Designed to support people with disabilities in building the skills, confidence, and experience needed to enter the workforce</p> 	<p>Eagleby Dance \$5</p> <p>Social and community connection, active movement.</p> 	<p>Bowling \$7.50</p> <p>Helping individuals develop teamwork, coordination, focus, and strategic thinking in a low-pressure environment.</p> 	<p>Baking \$3</p> <p>Learn simple, nutritious baking skills. Supports skill building in fine motor coordination, sequencing problem solving and confidence.</p> 	<p>Thrive Cooking \$7</p> <p>Menu planning, budgeting, shopping and cooking</p> 
	<p>Community Garden</p> <p>Let's participants create and care for a garden building practical skills, enjoying nature, and fostering teamwork</p> 	<p>Drama</p> <p>Social and community connection while exploring creativity and building confidence.</p> 	<p>Photography</p> <p>Offers people the opportunity to explore creativity and develop practical photography skills in a supportive environment.</p> 	<p>Outdoor Fitness</p> <p>Build confidence, independence, physical strength, and coordination. Supports emotional well-being, enhances problem-solving and safety skills.</p> 	<p>Social Club \$25</p> <p>Lunch outings chosen by the people we support, building social confidence and strengthening connections within the community</p> 
Lunch Break (11.30am – 1pm)					
Afternoon 12.30pm – 2.30pm	<p>Arts Club</p> <p>Unleash your creativity with a variety of art forms! From painting and drawing to crafting, Perfect for expressing yourself and discovering new artistic talents!</p> 	<p>Thrive Fitness</p> <p>Setting goals, planning exercises, and engaging in low intensity fitness movements to improve health and mobility.</p> 	<p>Outdoor Exploration</p> <p>Discovering local parks and recreation areas while practicing social safety.</p> 	<p>Memory and Board Games</p> <p>Building self-esteem and confidence, literacy, and role playing.</p> 	<p>Bingo / Trivia</p> <p>Improve concentration, number recognition, and hand-eye coordination while providing a fun, low-pressure way to connect with others.</p> 
	<p>Yoga</p> <p>Improves flexibility, strength, and balance while reducing stress. Supporting relaxation and enhances body awareness.</p> 	<p>Life Skills</p> <p>Everyday life skills like loading the dishwasher, washing machine, and completing cleaning jobs to promote independence and confidence</p> 	<p>Thrive Looking After Myself</p> <p>Personal hygiene, social safety, positive relationships, diet, mindfulness challenging yourself.</p> 	<p>Karaoke</p> <p>Build confidence, self-expression, communication, creativity, reduces stress in a fun social supportive environment.</p> 	<p>Car care and Recycling</p> <p>Builds practical independence, teaching responsibility, problem-solving, and organization while creating a safer cleaner space</p> 


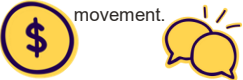

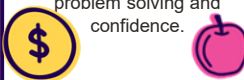





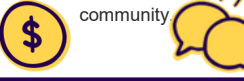




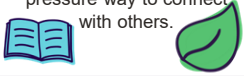





Kingston Learning and Lifestyle Hub

Week 1: 22 June 2026 – 26 June 2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 12pm	<p>Get Set for Work</p> <p>Designed to support people with disabilities in building the skills, confidence, and experience needed to enter the workforce</p> 	<p>Eagleby Dance \$5</p> <p>Social and community connection, active movement.</p> 	<p>Bowling \$7.50</p> <p>Helping individuals develop teamwork, coordination, focus, and strategic thinking in a low-pressure environment.</p> 	<p>Baking \$3</p> <p>Learn simple, nutritious baking skills. Supports skill building in fine motor coordination, sequencing problem solving and confidence.</p> 	<p>Thrive Cooking \$7</p> <p>Menu planning, budgeting, shopping and cooking</p> 
	<p>Community Garden</p> <p>Let's participants create and care for a garden building practical skills, enjoying nature, and fostering teamwork</p> 	<p>Drama</p> <p>Social and community connection while exploring creativity and building confidence.</p> 	<p>Photography</p> <p>Offers people the opportunity to explore creativity and develop practical photography skills in a supportive environment.</p> 	<p>Outdoor Fitness</p> <p>Build confidence, independence, physical strength, and coordination. Supports emotional well-being, enhances problem-solving and safety skills.</p> 	<p>Social Club \$25</p> <p>Lunch outings chosen by the people we support, building social confidence and strengthening connections within the community</p> 
Lunch Break (11.30am – 1pm)					
Afternoon 12.30pm – 2.30pm	<p>Arts Club</p> <p>Unleash your creativity with a variety of art forms! From painting and drawing to crafting, Perfect for expressing yourself and discovering new artistic talents!</p> 	<p>Thrive Fitness</p> <p>Setting goals, planning exercises, and engaging in low intensity fitness movements to improve health and mobility.</p> 	<p>Outdoor Exploration</p> <p>Discovering local parks and recreation areas while practicing social safety.</p> 	<p>Memory and Board Games</p> <p>Building self-esteem and confidence, literacy, and role playing.</p> 	<p>Bingo / Trivia</p> <p>Improve concentration, number recognition, and hand-eye coordination while providing a fun, low-pressure way to connect with others.</p> 
	<p>Yoga</p> <p>Improves flexibility, strength, and balance while reducing stress. Supporting relaxation and enhances body awareness.</p> 	<p>Life Skills</p> <p>Everyday life skills like loading the dishwasher, washing machine, and completing cleaning jobs to promote independence and confidence</p> 	<p>Thrive Looking After Myself</p> <p>Personal hygiene, social safety, positive relationships, diet, mindfulness challenging yourself.</p> 	<p>Karaoke</p> <p>Build confidence, self-expression, communication, creativity, reduces stress in a fun social supportive environment.</p> 	<p>Car care and Recycling</p> <p>Builds practical independence, teaching responsibility, problem-solving, and organization while creating a safer cleaner space</p> 


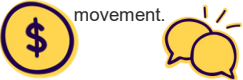

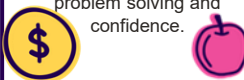





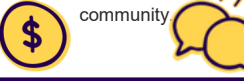




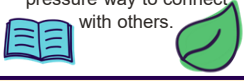





Kingston Learning and Lifestyle Hub

Week 1: 29 June 2026 – 3 July 2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Morning 9.30am – 12pm</p>	<p>Get Set for Work - TBC</p> <p>Designed to support people with disabilities in building the skills, confidence, and experience needed to enter the workforce.</p> 	<p>Eagleby Dance \$5</p> <p>Social and community connection, active movement.</p> 	<p>Bowling \$7.50</p> <p>Helping individuals develop teamwork, coordination, focus, and strategic thinking in a low-pressure environment.</p> 	<p>Baking \$3</p> <p>Learn simple, nutritious baking skills. Supports skill building in fine motor coordination, sequencing problem solving and confidence.</p> 	<p>Thrive Cooking \$7</p> <p>Menu planning, budgeting, shopping and cooking.</p> 
	<p>Community Garden</p> <p>Let's participants create and care for a garden building practical skills, enjoying nature, and fostering teamwork.</p> 	<p>Drama - TBC</p> <p>Social and community connection while exploring creativity and building confidence.</p> 	<p>Photography</p> <p>Offers people the opportunity to explore creativity and develop practical photography skills in a supportive environment.</p> 	<p>Outdoor Fitness</p> <p>Build confidence, independence, physical strength, and coordination. Supports emotional well-being, enhances problem-solving and safety skills.</p> 	<p>Social Club \$25</p> <p>Lunch outings chosen by the people we support, building social confidence and strengthening connections within the community.</p> 
<p>Lunch Break (11.30am – 1pm)</p>					
<p>Afternoon 12.30pm – 2.30pm</p>	<p>Arts Club</p> <p>Unleash your creativity with a variety of art forms! From painting and drawing to crafting, Perfect for expressing yourself and discovering new artistic talents!</p> 	<p>Thrive Fitness</p> <p>Setting goals, planning exercises, and engaging in low intensity fitness movements to improve health and mobility.</p> 	<p>Outdoor Exploration</p> <p>Discovering local parks and recreation areas while practicing social safety.</p> 	<p>Memory and Board Games</p> <p>Building self-esteem and confidence, literacy, and role playing.</p> 	<p>Bingo / Trivia</p> <p>Improve concentration, number recognition, and hand-eye coordination while providing a fun, low-pressure way to connect with others.</p> 
	<p>Yoga</p> <p>Improves flexibility, strength, and balance while reducing stress. Supporting relaxation and enhances body awareness.</p> 	<p>Life Skills</p> <p>Everyday life skills like loading the dishwasher, washing machine, and completing cleaning jobs to promote independence and confidence.</p> 	<p>Thrive Looking After Myself</p> <p>Personal hygiene, social safety, positive relationships, diet, mindfulness challenging yourself.</p> 	<p>Karaoke</p> <p>Build confidence, self-expression, communication, creativity, reduces stress in a fun social supportive environment.</p> 	<p>Car care and Recycling</p> <p>Builds practical independence, teaching responsibility, problem-solving, and organization while creating a safer cleaner space.</p> 



























Kingston Learning and Lifestyle Hub

Week 1: 6 July 2026 – 10 July 2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Morning 9.30am – 12pm</p>	<p>Get Set for Work - TBC</p> <p>Designed to support people with disabilities in building the skills, confidence, and experience needed to enter the workforce.</p> 	<p>Eagleby Dance \$5</p> <p>Social and community connection, active movement.</p> 	<p>Bowling \$7.50</p> <p>Helping individuals develop teamwork, coordination, focus, and strategic thinking in a low-pressure environment.</p> 	<p>Baking \$3</p> <p>Learn simple, nutritious baking skills. Supports skill building in fine motor coordination, sequencing problem solving and confidence.</p> 	<p>Thrive Cooking \$7</p> <p>Menu planning, budgeting, shopping and cooking.</p> 
	<p>Community Garden</p> <p>Let's participants create and care for a garden building practical skills, enjoying nature, and fostering teamwork.</p> 	<p>Drama - TBC</p> <p>Social and community connection while exploring creativity and building confidence.</p> 	<p>Photography</p> <p>Offers people the opportunity to explore creativity and develop practical photography skills in a supportive environment.</p> 	<p>Outdoor Fitness</p> <p>Build confidence, independence, physical strength, and coordination. Supports emotional well-being, enhances problem-solving and safety skills.</p> 	<p>Social Club \$25</p> <p>Lunch outings chosen by the people we support, building social confidence and strengthening connections within the community.</p> 
<p>Lunch Break (11.30am – 1pm)</p>					
<p>Afternoon 12.30pm – 2.30pm</p>	<p>Arts Club</p> <p>Unleash your creativity with a variety of art forms! From painting and drawing to crafting, Perfect for expressing yourself and discovering new artistic talents!</p> 	<p>Thrive Fitness</p> <p>Setting goals, planning exercises, and engaging in low intensity fitness movements to improve health and mobility.</p> 	<p>Outdoor Exploration</p> <p>Discovering local parks and recreation areas while practicing social safety.</p> 	<p>Memory and Board Games</p> <p>Building self-esteem and confidence, literacy, and role playing.</p> 	<p>Bingo / Trivia</p> <p>Improve concentration, number recognition, and hand-eye coordination while providing a fun, low-pressure way to connect with others.</p> 
	<p>Yoga</p> <p>Improves flexibility, strength, and balance while reducing stress. Supporting relaxation and enhances body awareness.</p> 	<p>Life Skills</p> <p>Everyday life skills like loading the dishwasher, washing machine, and completing cleaning jobs to promote independence and confidence.</p> 	<p>Thrive Looking After Myself</p> <p>Personal hygiene, social safety, positive relationships, diet, mindfulness challenging yourself.</p> 	<p>Karaoke</p> <p>Build confidence, self-expression, communication, creativity, reduces stress in a fun social supportive environment.</p> 	<p>Car care and Recycling</p> <p>Builds practical independence, teaching responsibility, problem-solving, and organization while creating a safer cleaner space.</p> 



























Kingston Learning and Lifestyle Hub

Week 1: 13 July 2026 – 17 July 2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Morning 9.30am – 12pm</p>	<p>Get Set for Work Designed to support people with disabilities in building the skills, confidence, and experience needed to enter the workforce </p> <p>Community Garden Let's participants create and care for a garden building practical skills, enjoying nature, and fostering teamwork! </p>	<p>Eagleby Dance \$5 Social and community connection, active movement.  </p> <p>Drama Social and community connection while exploring creativity and building confidence. </p>	<p>Bowling \$7.50 Helping individuals develop teamwork, coordination, focus, and strategic thinking in a low-pressure environment.  </p> <p>Photography Offers people the opportunity to explore creativity and develop practical photography skills in a supportive environment. </p>	<p>Baking \$3 Learn simple, nutritious baking skills. Supports skill building in fine motor coordination, sequencing problem solving and confidence.  </p> <p>Outdoor Fitness Build confidence, independence, physical strength, and coordination. Supports emotional well-being, enhances problem-solving and safety skills. </p>	<p>Thrive Cooking \$7 Menu planning, budgeting, shopping and cooking  </p> <p>Social Club \$25 Lunch outings chosen by the people we support, building social confidence and strengthening connections within the community.  </p>
	<p>Lunch Break (11.30am – 1pm)</p>				
<p>Afternoon 12.30pm – 2.30pm</p>	<p>Arts Club Unleash your creativity with a variety of art forms! From painting and drawing to crafting, Perfect for expressing yourself and discovering new artistic talents! </p> <p>Yoga Improves flexibility, strength, and balance while reducing stress. Supporting relaxation and enhances body awareness. </p>	<p>Thrive Fitness Setting goals, planning exercises, and engaging in low intensity fitness movements to improve health and mobility. </p> <p>Life Skills Everyday life skills like loading the dishwasher, washing machine, and completing cleaning jobs to promote independence and confidence. </p>	<p>Outdoor Exploration Discovering local parks and recreation areas while practicing social safety. </p> <p>Thrive Looking After Myself Personal hygiene, social safety, positive relationships, diet, mindfulness challenging yourself. </p>	<p>Memory and Board Games Building self-esteem and confidence, literacy, and role playing. </p> <p>Karaoke Build confidence, self-expression, communication, creativity, reduces stress in a fun social supportive environment. </p>	<p>Bingo / Trivia Improve concentration, number recognition, and hand-eye coordination while providing a fun, low-pressure way to connect with others.  </p> <p>Car care and Recycling Builds practical independence, teaching responsibility, problem-solving, and organization while creating a safer cleaner space </p>


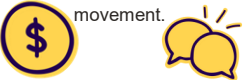

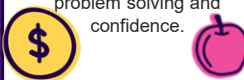





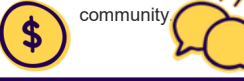




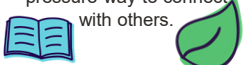





Kingston Learning and Lifestyle Hub

Week 1: 20 July 2026 – 24 July 2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Morning 9.30am – 12pm</p>	<p>Get Set for Work Designed to support people with disabilities in building the skills, confidence, and experience needed to enter the workforce </p> <p>Community Garden Let's participants create and care for a garden building practical skills, enjoying nature, and fostering teamwork! </p>	<p>Eagleby Dance \$5 Social and community connection, active movement. </p> <p>Drama Social and community connection while exploring creativity and building confidence. </p>	<p>Bowling \$7.50 Helping individuals develop teamwork, coordination, focus, and strategic thinking in a low-pressure environment. </p> <p>Photography Offers people the opportunity to explore creativity and develop practical photography skills in a supportive environment. </p>	<p>Baking \$3 Learn simple, nutritious baking skills. Supports skill building in fine motor coordination, sequencing problem solving and confidence. </p> <p>Outdoor Fitness Build confidence, independence, physical strength, and coordination. Supports emotional well-being, enhances problem-solving and safety skills. </p>	<p>Thrive Cooking \$7 Menu planning, budgeting, shopping and cooking </p> <p>Social Club \$25 Lunch outings chosen by the people we support, building social confidence and strengthening connections within the community. </p>
	<p>Lunch Break (11.30am – 1pm)</p>				
<p>Afternoon 12.30pm – 2.30pm</p>	<p>Arts Club Unleash your creativity with a variety of art forms! From painting and drawing to crafting, Perfect for expressing yourself and discovering new artistic talents! </p> <p>Yoga Improves flexibility, strength, and balance while reducing stress. Supporting relaxation and enhances body awareness. </p>	<p>Thrive Fitness Setting goals, planning exercises, and engaging in low intensity fitness movements to improve health and mobility. </p> <p>Life Skills Everyday life skills like loading the dishwasher, washing machine, and completing cleaning jobs to promote independence and confidence. </p>	<p>Outdoor Exploration Discovering local parks and recreation areas while practicing social safety. </p> <p>Thrive Looking After Myself Personal hygiene, social safety, positive relationships, diet, mindfulness challenging yourself. </p>	<p>Memory and Board Games Building self-esteem and confidence, literacy, and role playing. </p> <p>Karaoke Build confidence, self-expression, communication, creativity, reduces stress in a fun social supportive environment. </p>	<p>Bingo / Trivia Improve concentration, number recognition, and hand-eye coordination while providing a fun, low-pressure way to connect with others. </p> <p>Car care and Recycling Builds practical independence, teaching responsibility, problem-solving, and organization while creating a safer cleaner space </p>

Kingston Learning and Lifestyle Hub

Week 1: 27 July 2026 – 31 July 2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 12pm	<p>Get Set for Work</p> <p>Designed to support people with disabilities in building the skills, confidence, and experience needed to enter the workforce</p> 	<p>Eagleby Dance \$5</p> <p>Social and community connection, active movement.</p> 	<p>Bowling \$7.50</p> <p>Helping individuals develop teamwork, coordination, focus, and strategic thinking in a low-pressure environment.</p> 	<p>Baking \$3</p> <p>Learn simple, nutritious baking skills. Supports skill building in fine motor coordination, sequencing problem solving and confidence.</p> 	<p>Thrive Cooking \$7</p> <p>Menu planning, budgeting, shopping and cooking</p> 
	<p>Community Garden</p> <p>Let's participants create and care for a garden building practical skills, enjoying nature, and fostering teamwork</p> 	<p>Drama</p> <p>Social and community connection while exploring creativity and building confidence.</p> 	<p>Photography</p> <p>Offers people the opportunity to explore creativity and develop practical photography skills in a supportive environment.</p> 	<p>Outdoor Fitness</p> <p>Build confidence, independence, physical strength, and coordination. Supports emotional well-being, enhances problem-solving and safety skills.</p> 	<p>Social Club \$25</p> <p>Lunch outings chosen by the people we support, building social confidence and strengthening connections within the community</p> 
Lunch Break (11.30am – 1pm)					
Afternoon 12.30pm – 2.30pm	<p>Arts Club</p> <p>Unleash your creativity with a variety of art forms! From painting and drawing to crafting, Perfect for expressing yourself and discovering new artistic talents!</p> 	<p>Thrive Fitness</p> <p>Setting goals, planning exercises, and engaging in low intensity fitness movements to improve health and mobility.</p> 	<p>Outdoor Exploration</p> <p>Discovering local parks and recreation areas while practicing social safety.</p> 	<p>Memory and Board Games</p> <p>Building self-esteem and confidence, literacy, and role playing.</p> 	<p>Bingo / Trivia</p> <p>Improve concentration, number recognition, and hand-eye coordination while providing a fun, low-pressure way to connect with others.</p> 
	<p>Yoga</p> <p>Improves flexibility, strength, and balance while reducing stress. Supporting relaxation and enhances body awareness.</p> 	<p>Life Skills</p> <p>Everyday life skills like loading the dishwasher, washing machine, and completing cleaning jobs to promote independence and confidence</p> 	<p>Thrive Looking After Myself</p> <p>Personal hygiene, social safety, positive relationships, diet, mindfulness challenging yourself.</p> 	<p>Karaoke</p> <p>Build confidence, self-expression, communication, creativity, reduces stress in a fun social supportive environment.</p> 	<p>Car care and Recycling</p> <p>Builds practical independence, teaching responsibility, problem-solving, and organization while creating a safer cleaner space</p> 

Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day