Kingston Learning and Lifestyle Hub Program Calendar

Program Dates: 2 November 2026 – 29 January 2027

Operating Hours

Monday – Friday
8.00am – 3.00pm

Contact Us

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NDVR Endeavour Foundation

Kingston Learning and Lifestyle Hub

Weeks 1 - 6: 2 November 2026 – 11 December 2026

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 11.30am	Get Set for Work @ Unity Hub 	Eagleby Dance $5 	Bowling $8 	Baking $5 	Thrive Cooking $8 
	Sensory Exploration 	Butter Factory Drama 		Outdoor Fitness/ Swimming $4.70 	Social Club $20 - $25 
Lunch Break (11.45am – 12.15pm)					
Afternoon 12.30pm – 2.30pm	Logan North Library Visit 	Arts Club 	Board Games 	Recycling and Car Care 	Augustus Park Care 
	Yoga 	Thrive Life Skills 	Looking after myself -First Aid Skills 	Karaoke 	Bingo and Trivia 

Kingston Learning and Lifestyle Hub

Week 7: 14 December 2026 – 18 December 2026

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 11.30am	Movie Day @ Victoria Point 	Site Olympics with BBQ Lunch. Full day event.	Bowling $8 	Christmas Break Up Celebration Day 	Thrive Cooking $8  Social Club $20 - $25 
Lunch Break (11.45am – 12.15pm)					
Afternoon 12.30pm – 2.30pm	Logan North Library Visit  Yoga 	Site Olympics with BBQ Lunch 	Board Games  Looking after myself -First Aid Skills 	Christmas Break Up Celebration Day 	Augustus Park Care  Bingo and Trivia 

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Weeks 8-9: 21 December 2026 – 1 January 2027 – **CLOSED x 2 WEEKS**

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 11.30am	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Lunch Break (11.45am – 12.15pm)					
Afternoon 12.30pm – 2.30pm					

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Week 10: 4 January 2027 – 8 January 2027

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 11.30am	Botanical Gardens. Full day outing	Historical Rivermill @ Mt Nathan. Full day outing.	Bowling $8	Baking $5 Outdoor Fitness/ Swimming $4.70	Thrive Cooking $8 Social Club $20 - $25
Lunch Break (11.45am – 12.15pm)					
Afternoon 12.30pm – 2.30pm	Botanical Gardens	Historical Rivermill	Board Games Looking after myself -First Aid Skills	Recycling and Car Care Karaoke	Augustus Park Care Bingo and Trivia

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Week 11: 11 January 2027 – 15 January 2027

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 11.30am	10am Mini Golf at Mt Gravatt 	Redcliffe Jetty and lunch. Full day outing.	Bowling $8 	Baking $5  Outdoor Fitness/ Swimming $4.70 	Thrive Cooking $8  Social Club $20 - $25 
Lunch Break (11.45am – 12.15pm)					
Afternoon 12.30pm – 2.30pm	Logan North Library Visit  Yoga 	Redcliffe Jetty and lunch 	Board Games  Looking after myself -First Aid Skills 	Recycling and Car Care  Karaoke 	Augustus Park Care  Bingo and Trivia 

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Week 12: 18 January 2027 – 22 January 2027

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 11.30am	Beach Outing and outdoor games	Site Olympics with BBQ Lunch. Full day event.	Bowling $8	Baking $5	Thrive Cooking $8
				Outdoor Fitness/ Swimming $4.70	Social Club $20 - $25
Lunch Break (11.45am – 12.15pm)					
Afternoon 12.30pm – 2.30pm	Beach Outing and outdoor games	Site Olympics with BBQ Lunch.	Board Games	Recycling and Car Care	Augustus Park Care
			Looking after myself -First Aid Skills	Karaoke	Bingo and Trivia

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Week 13: 25 January 2027 – 29 January 2027

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9.30am – 11.30am	10am Mini Golf at Mt Gravatt	CLOSED Australia Day Public Holiday 	Bowling $8	Baking $5 Outdoor Fitness/ Swimming $4.70	Thrive Cooking $8 Social Club $20 - $25
Lunch Break (11.45am – 12.15pm)					
Afternoon 12.30pm – 2.30pm	Logan North Library Visit Yoga	CLOSED Australia Day Public Holiday 	Board Games Looking after myself -First Aid Skills	Recycling and Car Care Karaoke	Augustus Park Care Bingo and Trivia

Kingston Learning and Lifestyle Hub

Activity Descriptions

Activity	Description	Related Skills	Cost
Get Set for Work	Support our local PCYC by preparing breakfast items at the Unity Centre. **School terms only**.		No Cost.
Logan Library	Visit the Accessibility Centre at Logan North Library.		No Cost
Drama	Drama Workshop at the Kingston Butter Factory run by indelarts. **School terms only**.		No Cost
Eagleby Dance	Bust a move at Eagleby Dance. **School terms only.**		$5

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Activity Descriptions

Activity	Description	Related Skills	Cost
Bowling	A fun social outing at Logan Hyperdome bowling.		$8
Social Club	Enjoy a morning out with lunch.		Up to $25.00 for lunch
Baking	Learn new skills while preparing healthy baked treats.		Up to $5
Cooking	Build cooking skills and independence while preparing and enjoying a delicious meal.		Up to $8

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Activity Descriptions

Activity	Description	Related Skills	Cost
Arts and Crafts	Get creative with arts and crafts making items for the centre and to take home.		No Cost. Small cost may be required to cover the cost of materials for some projects.
Sensory Exploration	Explore and create different sensory activities		No Cost
Centre Care and Recycling	Help take the empty cans and bottles to the local recycling centre to raise money for the centre activities.		No Cost
Augustus Park Care	Keep Augusta Park clean as part of the Logan City Council 'Adopt-a-Park' program,		No Cost

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Activity Descriptions

Activity	Description	Related Skills	Cost
Thrive Looking after myself inc. basic first aid	Thrive Learning sessions to learn valuable skills to look after yourself independently and first aid skills.		No Cost
Life Skills	Thrive Learning sessions to learn life skills to promote and support independence.		No Cost
Yoga	Stretch and unwind with some gentle yoga		No Cost
Outdoor Fitness inc. swimming	Stay active through enjoyable outdoor exercises. Swimming to be pre-arranged.		Free for park fitness $4.70 for swimming

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Activity Descriptions

Activity	Description	Related Skills	Cost
Karaoke	Bust out a tune for an afternoon of karaoke		No cost
Board Games and Bingo	Enjoy friendly competition, laughter, and social connection whilst playing a various games		No cost
One off days	Self Advocacy Workshop 12/11 Christmas Party – 17/12		
Closures	December 19 – January 3 Tuesday January 26		Reopening for 2027 Monday January 4

One off School Holiday Sessions

Activity Descriptions

Activity	Description	Related Skills	Cost
Movie Day – Monday Dec 14 **Alternative options available**	Pending movie releases, we will either have a movie day at Victoria Pt cinema or a movie day on site		$20 – pending movie releases (including snacks) No charge if on site
Site Olympics – Monday Dec 15 & Jan 19	Fun games and activities Olympic style with BBQ lunch		$3-$5 Sausage Sizzle Lunch
Botanical Gardens – Monday Jan 4	Come along for a day exploring the Brisbane Botanic Gardens		$3-$5 Sausage Sizzle Lunch
Historical Rivermill – Tuesday Jan 5	Mount Nathan Hand-feed alpacas and goats, ride a horse, feed wild turtles at the jetty		Free admission. Bring packed lunch that does not require heating or allow up to $25 for lunch.

One off School Holiday Sessions

Activity Descriptions

Activity	Description	Related Skills	Cost
Mt Gravatt Mini Golf – Monday Jan 11	Enjoy a 10am round of mini golf at Mt Gravatt Mini Golf Course		$10
Redcliffe Jetty Outing – Tuesday Jan 12	Enjoy a day at the sunny Redcliffe beach with a fish and chip lunch.		Bring packed lunch that does not require heating or allow up to $20 for lunch.
Beach Outing– Monday Jan 18	Outdoor games at a local beach with a picnic lunch		Bring packed lunch that does not require heating
Brisbane Museum – Monday Jan 25	A fun and educational outing to the Brisbane Museum		Free admission. Bring packed lunch that does not require heating or allow up to $25 for lunch.

Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and under-take interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills
Support and development in areas relating to:
- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills
Support for activities relating to:
- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement
Supporting people to attend and interact with:
- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind
Focusing on:
- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology
Learning activities and support relating to:
- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation
Activities that support people to:
- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment
Support to enhance a person's ability to search for and obtain meaningful employment via:
- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies
Projects or activities that are specific to a person or groups of people:
- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events
Activities/Events that bring people together:
- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day