

Kingaroy Learning and Lifestyle Hub



Operating Hours

Monday – Friday

8.30am – 3:30pm

Contact Us for More Information

Client Support

Phone: 1800 112 112

Email: clientsupport@endeavour.com.au



What's on **Week 1** at Kingaroy L&L

Monday

Tuesday

Wednesday

Thursday

Friday

Morning Welcome (9am – 9.30am)


9.30am – 12pm



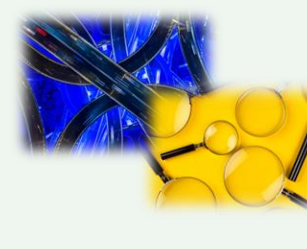
Cooking & Movement
\$15



Car Washing
\$15 (Earned)



Rocking Our Abilities
\$TBC



Mystery Tour.
\$25-\$30



Kingaroy Kitchens
\$0-\$10

Lunch (12pm – 1pm)


1pm – 15:00 pm




Boardgames & Recycling




Arts and Craft.
\$15



Technology & Pool Comp.



Centre TLC & Mystery Tour



Centre TLC & Weekly Reset

What's on **Week 2** at Kingaroy L&L

Monday

Tuesday

Wednesday

Thursday

Friday

Morning Welcome (9am – 9.30am)

9.30am – 12pm



**Cooking &
Movement**
\$15



**Car
Washing**
\$15 (Earned)



**Rocking Our
Abilities**
\$TBC



**Horse
Therapy**
\$25



**Kingaroy
Kitchens**
\$0-\$10

Lunch (12pm – 1pm)

1pm – 15:00 pm



**Boardgames
&
Recycling**



**Centre TLC
&
Arts and Craft.**



**Technology
&
Pool Comp.**



**Centre TLC
&
THRIVE!**



**Centre TLC
&
Weekly Reset**

More about our activities



Rocking Our Abilities

- Wednesday 10am – 1:30pm
- Kingaroy, QLD
- \$.TBC

Our favourite Mid-Week Activity! R.O.A

Rocking our Abilities is a music and drama Program for people with disabilities, in the South Burnett region.

Everyone is always eager to head off for their mid week program for some fun and social engagement, while coming out of their shells, through the power of music.

They operate on a school term basis and work their efforts into 2 yearly concerts which get filmed for youtube.

The alternative programming during holidays will not exceed the costings of this activity.



Mystery Tour

- Thursday week 1
- Full day
- \$25.00-\$30.00

Oh Where will we go!

We Love our Kingaroy Town! But you can only see the peanut van so many times!

The team showed great interest in activities expanding their horizons.

Museums, nature, cinemas, bowling, creativity, and orienteering to name but a few.

We want to get out there and explore what our beautiful world has to offer.

Visting our neighbours in all capacities.



The Kingaroy Kitchens

- Fridays 10am–12pm
- 17 Kingaroy St, Kingaroy
- \$0.00 - \$10.00

Who doesn't love a Coffee outing with friends!?

The act of going out for a coffee presents itself with a number of opportunities to build everyone's capacities and independence.

Money handling skills (purchasing and better understanding change), communication, Building relations within our community and table etiquette. Generally enjoying being out and about with friends.

The Kingaroy Kitchens are a friendly establishment, who know us well!

We will be growing our relationship with them to be able to work on skills they require to assist anyone wanting to find employment.



Let's Make Lunch!

- Monday 09:30am –12pm
- Center Based
- \$15.00

Cooking is a fun, hands-on activity!

Not to mention delicious!

We work on building life skills and promote independence.

The guys will take part in menu planning, grocery shopping, meal preparation; all suited to their abilities.

Through cooking, we will encourage healthy eating, boost confidence, and give a sense of achievement. Our aim being to provide valuable opportunities to grow a skill that has possibly the best reward for the efforts!

Eating it!



Horse Therapy

- Thursday 10am-12pm
- Week 2
- Kingaroy
- \$25.00

Our Horse Friends is another activity favorite!

The activity provides therapeutic, engaging experience that supports physical, emotional and social developments.

We interact with our favorite horses through grooming, feeding and guided walking.

Developing the unique bond that comes with connecting with animals and promoting the growth in empathetic emotional connections with animals as well as learning the responsibilities in their care.



Car Washing

- Tuesday 10am-12pm
- \$15.00 - Earned.

Who wants a squeaky clean car?

This activity is birthed from the guys wanting to raise some money to put towards the fun activities throughout the week,

The \$10-\$20 the team will earn.

Will help build physical movement into our week while also strengthening our connection with the local community.

It gives the team a sense of contribution, teamwork, and pride in providing a service to others.

While reaping the benefits from a job well done!

More about our activities



Board-Games

- Mondays
- Center Based
- \$0.00

UNO, Yahtzee, Jenga, all of it's good!

Board games offer a fun and inclusive way to build cognitive, social, and emotional skills.

Playing games encourages memory, problem-solving, and turn-taking, while promoting communication and teamwork.

The guys will develop patience, focus, and decision-making in a relaxed, engaging environment.

Board games can be adapted to suit various abilities, making them accessible and enjoyable for all. The shared experience also strengthens social bonds and fosters a sense of community among the team.



Technology

- Wednesday
- Center based
- \$0.00

Keeping up with the day'n'age!

Technology in our program is to offer engaging, interactive experiences that support learning, communication, and skill development.

Using tools like iPads, smartboards, VR machines, and mini robots, participants can explore educational apps, games, and sensory-based programs tailored to their needs.

These activities promote cognitive growth, fine motor skills, and digital literacy, while encouraging curiosity and independence. Technology also provides inclusive ways to communicate and express creativity, making it a dynamic and empowering part of the program.



Recycling

- Mondays
- Center and locally based.
- \$0.00

Captain-Planet, eat your heart out!

Recycling at L&L is intended to be an activity that supports sustainability while raising funds for future enjoyable outings and experiences.

It's an active, hands-on way to build movement, teamwork, and everyday life skills, while strengthening our presence in the community.

The activity will often connect to time spent outdoors or engaging the community, all the while learning about how we can give back to this great world of ours! Hopefully, we can inspire others to follow suit, making it a meaningful and engaging part of the week..



Arts & Crafts

- Tuesdays
- Center Based
- \$15.00

Finding the creative ones in the bunch!

The Arts and Crafts at L&L is intended to offer a vast creative outlet for self expression. from supporting fine motor skills, hand-eye coordination, sensory engagement big or small.

We will explore different materials and techniques at their own pace, fostering confidence, focus, and independence for their imaginative creations.

We'll often try to theme the creations towards recent events or holidays, like Easter, Anzac day, Mothers/Fathers day, Christmas, etc



Pool Comp

- Wednesdays
- Center Based
- \$0.00

Learning Respectful Competition!

Pool Comp is a fun, social activity built around participants' shared love for playing pool. It encourages friendly competition while supporting turn-taking, coordination, and focus.

Aiming and pocketing in billiards helps build fine motor skills and spatial awareness.

The relaxed setting fosters conversations, laughter, and peer connection, making it a great way to strengthen social skills and confidence. Pool Comp brings participants together in a spirit of fun, teamwork, and respectful competition.



Movement.

- Monday
- Center based.
- \$0.00

To start the week off right!

Movement at L&L is a fun, inclusive way to start the week, using music, dancing, chair yoga, and light movement activities that everyone can enjoy.

The focus is on participation, enjoyment, and feeling good in our bodies, rather than performance or pressure.

This session supports physical wellbeing, coordination, and gentle strength while also boosting mood and confidence. It provides a positive, social start to Monday, helping participants feel connected, energised, and ready to engage in the day ahead.

More about our activities



Weekly Re-set Centre TLC

Everyday & default
alternative.
\$0.00

We All could use some Tender Loving Care (TLC)

As a Learning and Lifestyle Centre, we want to encourage the guys to walk away with life skills that are practical and applicable in their everyday life. By showing their center some tender loving care (TLC) through activities like sweeping, wiping surfaces, watering plants, and organizing shared spaces, the guys will build independence, responsibility, and daily living skills ready to take home. The supports will form routine, teamwork, and a sense of ownership, while boosting self-esteem and creating a calm, respectful environment for everyone to enjoy.



THRIVE!

- Wk 2 Thursday
- Center Based
- \$0.00

Polishing our Skills!

Thrive Learning is an engaging educational program designed to support people with disability to develop essential life and work skills. Participants are guided by support workers through short, YouTube-style learning videos, supported by individual workbooks and simple assessments. With over 230 modules covering everyday living, employment skills, and personal development, Thrive offers flexible learning that can be tailored to individual goals, interests, and abilities — ensuring there's something meaningful for everyone.

TELL US WHAT'S IMPORTANT!

- We do love to hear from families about how we can help or angle our supports towards what is worked on to maximise our impact to the team. Please feel free to reach out or get in touch for any suggestions for future activities, goals or skills you would love to see.



Costings!

- Further explanation.

What's it all worth!

Some activities at L&L do involve small additional costs to cover entry fees, materials, or food. Any costs are kept as low as possible and will be kept consistent. (In the event of weather altering our days), any alternative solutions will not exceed the intended costings for the day. Receipts are to be provided, and any known changes will be communicated in advance if possible.

Activities are designed to be low-cost or free, with fundraising efforts helping to support future outings and experiences. Our focus is on ensuring activities remain accessible, enjoyable, and fair for all the team



Here are the best contacts, for L&L!

- **Monday-Friday: (Site)** **07 4162 5592**
- **Client Support** **1800 112 112**
- **Site Manager (Ty)** **0430 101 992**
- Tyron.Gallagher@endeavour.com.au
(For site specific information)
(or day to day changes)
- clientsupport@endeavour.com.au
(for further information)
- Jordan.Elliot@endeavour.com.au
(For Operational Escalation)