

Kearneys Spring Learning and Lifestyle Hub Program Calendar



Program Dates: 29/09/2026 - 24/12/2026

Time Blocks:

9am to 1pm

12:00pm to 3:30pm

Operating Hours

Monday – Friday

9:00am – 3:30pm

Contact Us

Client Support

Phone: 1800 122 122

Email: clientsupport@endeavour.com.au



Kearneys Spring Learning and Lifestyle Hub

29/09/2026 – 24/12/2026

What's On!

Monday

Dancing with Dom
(D Dance Group)
9:00am - 11:00am

Stay active, healthy, and full of energy with this fun activity! Cardio and dance can boost your coordination, build stamina, and help reduce tiredness.

Activity Fee: \$9.00



Gourmet Gang
10:00am - 12:00pm

Cooking sessions at the L&L Hub are a great way to learn new skills and explore delicious food. Each month we have a new menu – keep an eye out for your email.

Activity Fee: \$5.00



COMAC Cruisers
10:30am - 2:30pm

An exciting day out where you get to choose a destination and activity, but the bus route will always be:

BUS 906 -10.46am

Activity Fee: \$10.00 / Capped at 9





Creative Minds Club
1:00pm - 2:30pm

Get creative and have a blast! Join our Art Group to paint, draw, make cool crafts, and let your imagination run wild with friends. Every session is colourful, relaxed, and full of fun!

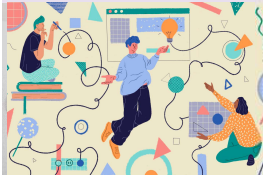
Activity Fee: may apply



Life Skills Lab
1:00pm - 2:30pm

A practical, supportive group focused on building everyday independence through budgeting, shopping, life planning, and daily living skills.

Activity Fee: \$5.00



Strong and Sure
1:00pm - 2:30pm

Join us **Four times a week** to improve your fitness, build strength and balance, reduce the risk of falls, and enjoy staying active while socialising with friends in a fun and supportive environment.



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What's On!

Tuesday



Big Screen Buddies
10:00am - 12:00pm
**subject to change depending on the movie*

Grab your popcorn, kick back, and let the big screen adventures begin! Join your friends at the cinema for laughs, thrills, and pure movie magic.

Activity Fee: \$12.00



Coffee Convo's
10:00am – 12:00pm

Tea, treats, and friendly conversation to brighten the morning and enjoy time together.

Activity Fee: \$7.50



COMAC Cruisers
10:30am - 2:30pm

An exciting day out where you get to choose a destination and activity, but the bus route will always be:

BUS 906 -10.46am

Activity Fee: \$10.00

Capped at 9 PWS



The Rolling Pins
1:00pm - 3:00pm

Get ready to roll, laugh, and strike! Join our Ten Pin Bowling group for fun, friendly competition, and a chance to meet new friends — gutter balls are optional, good times are guaranteed!

Activity Fee: \$10.00



Green Thumbs Club
1:00pm - 3:00pm

Dig in and get your hands (and minds) busy! In this group, you'll learn how to grow, nurture, and care for vegetables and plants, with a mix of hands-on fun, easy-to-follow theory, and inspiring videos to guide you along the way.



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What's On!

Wednesday

Gourmet Gang
10:00am - 12:00pm

Cooking sessions at the L&L Hub are a great way to learn new skills and explore delicious food. Each month we have a new menu – keep an eye out for your email.
Activity Fee: \$5.00



The Knights Garden
10:00am - 12:00pm

Join us for games, karaoke, great conversations and delicious snacks in a relaxed and supportive environment. **Hosted at Flaming Knights, Drayton**
Activity Fee: may apply/ food avail Capped at 9 PWS



Strong and Sure
10:00am - 12:00pm

Join us **Four times a week** to improve your fitness, build strength and balance, reduce the risk of falls, and enjoy staying active while socialising with friends in a fun and supportive environment.



The Rolling Pins
10:00pm - 12:00pm

Get ready to roll, laugh, and strike! Join our Ten Pin Bowling group for fun, friendly competition, and a chance to meet new friends — gutter balls are optional, good times are guaranteed!
Location: Bazinga
Activity Fee: \$10.00





Walk & Roll Crew
1:00pm - 3:00pm

A fun and inclusive group getting out and about at everyone's own pace. Whether you walk or roll, don't forget your water bottle, hat, and sun-smart clothing so we can move safely and enjoy the fresh air together!



Creative Minds Club
1:00pm - 3:00pm

Get creative and have a blast! Join our Art Group to paint, draw, make cool crafts, and let your imagination run wild with friends. Every session is colourful, relaxed, and full of fun!
Activity Fee: may apply



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What's On!

Thursday



Green Dreams Golf Group
10:00am - 12:00pm

A fun and supportive golf range group focused on building confidence, coordination and connection. All skill levels welcome whether you're picking up a club for the first time or refining your drive! 

Activity Fee: \$10.00
Capped at 6 PWS



The Bake Bosses
10:00am - 2:30pm

Get ready to whisk, bake, and have fun! **Our fortnightly Thursday and Friday** baking group is all about creating delicious treats, learning new skills, and sharing laughs with friends. Plus, every bake helps support fundraising for the L&L!



COMAC Cruisers
10:30am - 2:30pm

An exciting day out where you get to choose a destination and activity, but the bus route will always be:

BUS 906 -10.46am
Activity Fee: \$10.00
Capped at 9 PWS



All Abilities Yoga
1:00pm - 2:30pm

Dan will be leading an adaptive yoga and meditation group celebrating all abilities, encouraging movement, calmness, and confidence at your own pace.



Coffee Convo's
1:00pm - 2:30pm

Tea, treats, and friendly conversation to brighten the morning and enjoy time together.
Activity Fee: \$7.50



Life Skills Lab
1:00pm - 2:30pm

A practical, supportive group focused on building everyday independence through budgeting, shopping, life planning, and daily living skills.

Activity Fee: may apply

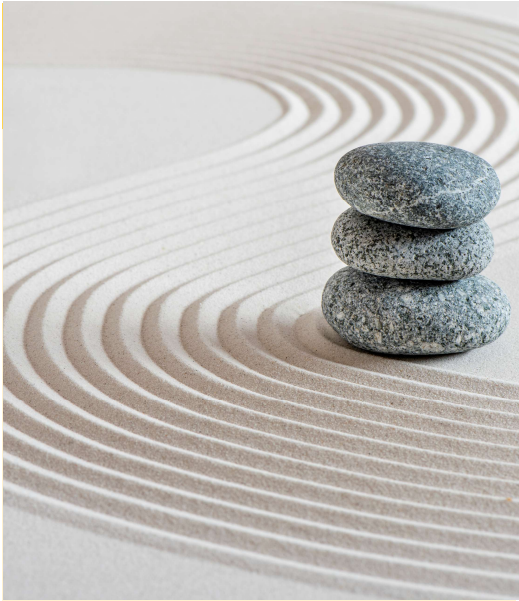


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What's On!

Friday



Wander & Discover
10:00am - 2:30pm

A welcoming group that brings people together to enjoy activities, explore the community, and stay active in a fun, supportive way.



Gourmet Gang
10:00am - 12:00pm

Cooking sessions at the L&L Hub are a great way to learn new skills and explore delicious food. Each month we have a new menu – keep an eye out for your email.
Activity Fee: \$5.00



Nature Safari
10:00am – 12:00pm

What an exciting day awaits! Explore natural spots, discover fascinating small animals and insects, and choose your own adventures along the way. Learn, explore, and have fun as you connect with nature and all its little wonders!



Strong and Sure
1:00pm - 2:30pm

Join us **Four times a week** to improve your fitness, build strength and balance, reduce the risk of falls, and enjoy staying active while socialising with friends in a fun and supportive environment.



Splash Squad
1:00pm - 3:00pm

Relax, splash, and enjoy! With friendly staff on hand to help in and out of the pool, you can feel safe while making a splash and having fun in the water.
Don't forget to bring your swimmers!
Activity Fee: \$7.00



Yarns and Stitches
1:00pm - 2:30pm

A fun and creative group where you can create fun sewing creations. This social activity encourages creativity, sharing memories, and building connections while fundraising for the L&L.



Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day