Ipswich Learning and Lifestyle Hub Program Calendar

Program Dates: October 2026 – January 2027

Operating Hours

Monday – Friday
8:00am – 3:00pm

Contact Us

Client Support
Phone: 1800 122 122
Email: clientsupport@endeavour.com.au

NDVR Endeavour Foundation

Ipswich Learning and Lifestyle Hub

October 2026 – January 2027

Endeavour Foundation

What's On!

Monday

Community Explorers
9:00am – 2:00pm

Enjoy morning tea at a local café before exploring the local area and finishing with lunch at a nearby park. A great opportunity to socialise, build independence, make choices and enjoy being out in the community.

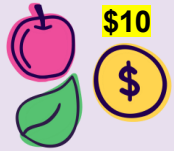
Go card/$2 for Transport & Money to purchase morning Tea & packed Lunch



Putt Putt
9:00am – 1:00pm

Participants will enjoy a fun game of Putt Putt, followed by lunch together at a local park. This activity provides an opportunity to enjoy the community, socialise with others, practice turn-taking and build confidence while participating in a fun and relaxed outing.





Bremer River Club
9:00am – 1:00pm

Connect and build friendships whilst enjoying several fun and accessible activities.





Travel Train
9:00am – 2:00pm

Build on your travel skills by utilising public transport in the local area.

Please bring your Go Card





Chair Yogo
12:30pm – 2:00pm

Relax and get your body moving with some gentle chair-based yoga.





Board Games
12:30pm – 2:00pm

Get together with friends with friendly competition in a variety of board games.





Centre Shut Down
2:00pm – 2:30pm

Pack down, tidy up and reset the center for tomorrow. Building on daily life skills and working as a team







Ipswich Learning and Lifestyle Hub

October 2026 – January 2027

Endeavour Foundation

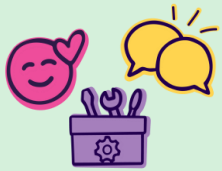
What's On!

Tuesday

Leichardt Community Centre
9:00am – 12:00pm

Enjoy a visit to LCC and take part in a range of activities with the local community. Participants will have opportunities to socialise, build communication skills, develop confidence and make new community connections.





Bowling
9:30am – 12:00pm

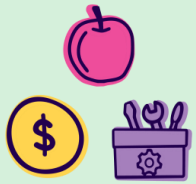
Participants will enjoy a fun and engaging outing to the local bowling centre. This activity provides opportunities to practice turn-taking, coordination and social skills while enjoying some friendly competition. Participants will be encouraged to build confidence, support one another and enjoy being active in the community.



Cooking
9:00am – 12:30pm

Learn practical kitchen skills while preparing a healthy meal. Participants will practice food preparation, following recipes, kitchen safety and cleaning up while building confidence and independence.





Cards & Games
9:00am – 12:00pm

Enjoy a variety of cards and games with friends in the Hub. A fun and relaxed activity that supports social connection, communication, turn-taking and problem-solving skills.





Chair Based Exercises
12:30pm – 2:00pm

Get your body moving with some gentle chair-based exercises.





Pen Pals
12:20pm – 2:00pm

Create, connect and build relationships with other L&L's through letter writing.



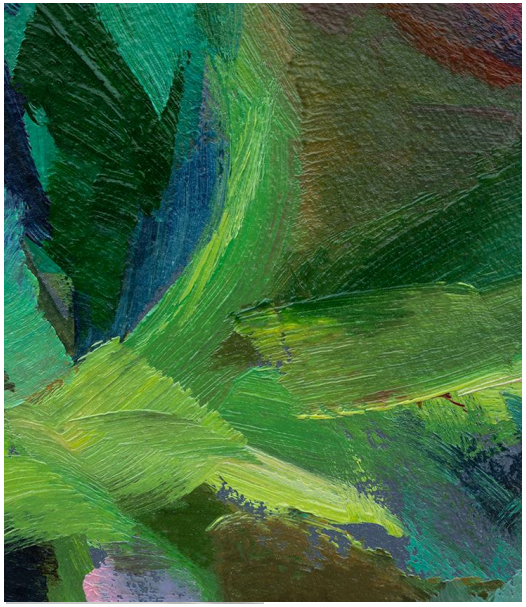


Centre Shut Down
2:00pm – 2:30pm

Pack down, tidy up and reset the center for tomorrow. Building on daily life skills and working as a team







Ipswich Learning and Lifestyle Hub

October 2026 – January 2027

Endeavour Foundation

What's On!

Wednesday

Arts & Craft
9:00am – 12:00pm

Participants will have the opportunity to explore their creativity through a variety of arts and craft activities. This session encourages self-expression, choice-making, concentration and fine motor skills while providing a relaxed and supportive environment to socialise and create something to be proud of.

$10

Bowling
9:30am – 11:30am

Participants will enjoy a fun and engaging outing to the local bowling centre. This activity provides opportunities to practice turn-taking, coordination and social skills while enjoying some friendly competition. Participants will be encouraged to build confidence, support one another and enjoy being active in the community.

$10

Putt Putt
9:00am – 1:00pm

Participants will enjoy a fun game of Putt Putt, followed by lunch together at a local park. This activity provides an opportunity to enjoy the community, socialise with others, practice turn-taking and build confidence while participating in a fun and relaxed outing.



$10

Get Active
9:00am – 1:00pm

Explore our local community, parks and walking tracks whilst keeping fit and active.



Scrapbooking
12:30pm – 2:00pm

Collect photos of the fun you've been having and create a keepsake scrapbook of memories.



Mindful Moments
12:30pm – 2:00pm

Relax and unwind in a quiet, relaxing space.



Centre Shut Down
2:00pm – 2:30pm

Pack down, tidy up and reset the center for tomorrow. Building on daily life skills and working as a team.





Ipswich Learning and Lifestyle Hub

October 2026 – January 2027

Endeavour Foundation

What's On!

Thursday

Cooking
9:00am – 1:00pm

Learn practical kitchen skills while preparing a healthy meal. Participants will practice food preparation, following recipes, kitchen safety and cleaning up while building confidence and independence.



$10

Brothers Leagues Club Lunch
9:00am – 1:00pm

Come along for a fun day out at Brothers Leagues Club! Enjoy lunch with friends followed by music and dancing. A great opportunity to socialise, have fun, build confidence and enjoy being part of the community.



$20

Bingo
9:00am – 1:30pm

Participants will enjoy a fun and engaging game of Bingo in a relaxed and supportive environment, with prizes to be won! This activity encourages social interaction, turn-taking, listening, number recognition and concentration while enjoying some friendly competition with peers.

$10

Get Creative
9:00am – 2:00pm

Get creative with different colours, textures and materials to create a masterpiece.



Conversation Cards
12:30pm – 2:00pm

Gather together with friends and build relationships through conversation. With carefully created cards to prompt topics of discussion and ask questions with your peers.



Quiz Time
12:30pm – 2:00pm

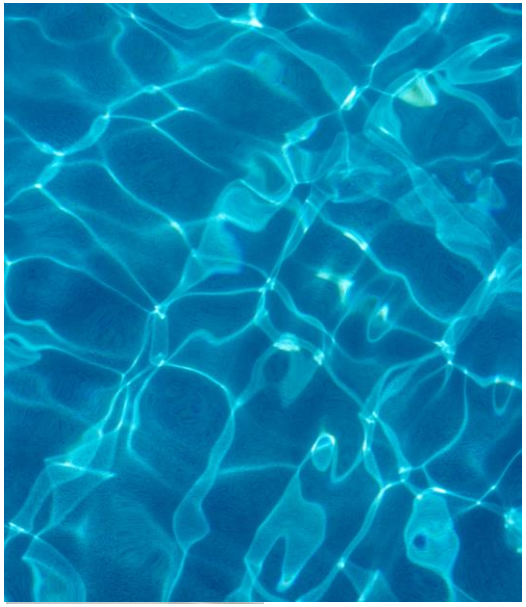
Get competitive or learn some new facts through a fun, interactive quiz.



Centre Shut Down
2:00pm – 2:30pm

Pack down, tidy up and reset the center for tomorrow. Building on daily life skills and working as a team





Ipswich Learning and Lifestyle Hub

October 2026 – January 2027

Endeavour Foundation

What's On!

Friday

Swimming & BBQ lunch
9:00am – 1:30pm

Participants will enjoy a fun and active swimming session followed by a BBQ lunch together. This activity provides opportunities to build confidence in the water, stay active, socialise with peers and develop participation skills in a relaxed and enjoyable environment.



$10

Fishing
9:00am – 2:00pm

Participants will purchase some bait and head to the water. Relax and have fun and attempt the biggest catch of the day!

Fishing rods provided



$5

Scrapbooking
9:00am – 12:00pm

Collect photos of the fun you've been having and create a keepsake scrapbook of memories.



Ladies Group
9:00am – 12:00pm

Get together with the ladies and enjoy a range of chosen activities whether its getting your nails done, hair washed or chatting over a cuppa.



Movie Time
12:30pm – 2:00pm

Chill out with friends on a Friday afternoon and enjoy a movie.



Centre Shut Down
2:00pm – 2:30pm

Pack down, tidy up and reset the center for tomorrow. Building on daily life skills and working as a team



Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and under-take interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills
Support and development in areas relating to:
- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills
Support for activities relating to:
- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement
Supporting people to attend and interact with:
- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind
Focusing on:
- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology
Learning activities and support relating to:
- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation
Activities that support people to:
- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment
Support to enhance a person's ability to search for and obtain meaningful employment via:
- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies
Projects or activities that are specific to a person or groups of people:
- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events
Activities/Events that bring people together:
- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day