

Gympie Learning and Lifestyle Hub



Operating Hours

Monday – Friday

8.00am – 4.00pm

Contact Us for More Information

Client Support

Phone: 1800 112 112

Email: clientsupport@endeavour.com.au



Gympie Learning and Lifestyle Hub

Program Dates: October – December 2026



What's On!

Monday

All Abilities Golf
0900 - 1200

Golf is an inclusive game by design for all ages and abilities, including people with physical, sensory, or intellectual disabilities. It also includes social engagement and enhances skill and coordination.



Bunnings DIY
0900-1200

Art & crafts morning at Bunnings and enjoy a coffee while making beautiful creations



Green Thumbs
0900-1200





All Abilities Golf
1230 - 1500

Golf is an inclusive game by design for all ages and abilities, including people with physical, sensory, or intellectual disabilities. It also includes social engagement and enhances skill and coordination.



Cooking 101
1230-1500

Clients participate in a range of practical activities like using tools and kitchen equipment, preparing shopping lists, money handling when paying and demonstrating safe and hygienic practices to understand and prepare simple, yet healthy meals



Events Committee
1230-1500

Committee is made of staff and clients who meet to discuss programs and activities throughout the year that we can plan for.





Gympie Learning and Lifestyle Hub

Program Dates: October – December 2026

What's On!

Tuesday

International Cooking

0900-1200

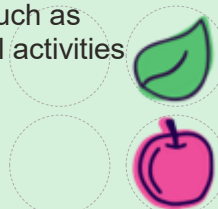
Clients participate in a range of practical activities like using tools and kitchen equipment, preparing shopping lists, money handling when paying and demonstrating safe and hygienic practices to understand and prepare simple, yet healthy meals



Lifeskills

0900-1200

focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities



Ladies Social Club

0900-1200

Ladies' social clubs offer benefits like building genuine connections, fostering a supportive community for mental well-being, networking, personal growth through workshops and activities, and providing a safe, fun space to escape daily pressures, leading to enhanced **social, intellectual, and creative fulfillment.**



GreenThumbs

0900-1200

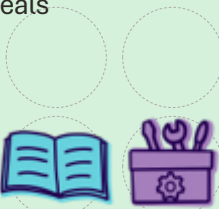
Gardening offers significant benefits for physical and mental health, including stress reduction, improved mood, and increased physical activity, while also promoting healthier eating habits and fostering social connections through a shared love of nature, leading to better overall wellbeing, stronger bodies, and a deeper sense of accomplishment. It combines gentle exercise with vitamin D exposure, boosting mood, strength, and bone health, while providing healthy food and a chance to connect with others



International Cooking + Recipe Book

1230-1500

Clients participate in a range of practical activities like using tools and kitchen equipment, preparing shopping lists, money handling when paying and demonstrating safe and hygienic practices to understand and prepare simple, yet healthy meals



Bingo

1230-1500

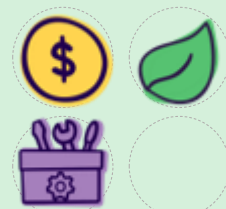
Playing bingo offers numerous benefits for individuals with disabilities, including enhanced cognitive functions, improved social interaction, better mood, and maintenance of motor skills



Bingo

1230-1500

Playing bingo offers numerous benefits for individuals with disabilities, including enhanced cognitive functions, improved social interaction, better mood, and maintenance of motor skills



Tech Time inc. VR

1230-1500

Technology offers immense benefits for people with disabilities by boosting **independence, inclusion, and quality of life** through tools that improve communication (AAC devices, text-to-speech), mobility, daily living, learning (audiobooks, educational apps), and employment access (screen readers, voice recognition)



Gympie Learning and Lifestyle Hub

Program Dates: October – December 2026

What's On!

Tuesday

Mystery Tour
0900-1200

Out and About on a Mystery tour each Friday to a different location, exploring the local community. Clients choose where to go each week, deciding on picnics, swimming or national parks.





Mystery Tour
1230-1500

Out and About on a Mystery tour each Friday to a different location, exploring the local community. Clients choose where to go each week, deciding on picnics, swimming or national parks.





Gympie Learning and Lifestyle Hub

Program Dates: October – December 2026

What's On!

Wednesday

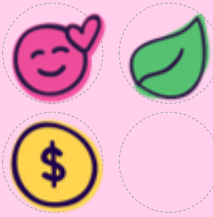
Repair Shack 0900-1200

Turn metal into Art! Bike repairs and metal art/ garden ornaments



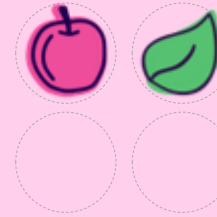
Social Club – Drumming Circle 0900-1200

Social get together weekly in the community, doing a different activity, then enjoying game of pool and lunch at a local establishment



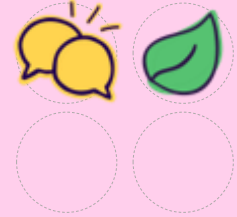
Community walk and Puzzle Mania 0900-1200

A morning walk in the community, coffee and then back to the L&L hub for puzzle time.



Bunnings DIY – Once a Month 0900-1200

Fourth Wednesday of each month, Bunnings puts on a DIY session just for our wonderful clients to attend and create DIY projects



Repair Shack 1230-1500

Turn metal into Art! Bike repairs and metal art/ garden ornaments



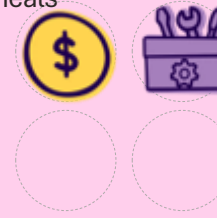
Social Club – Drumming Circle 1230-1500

Group drumming circles provide powerful social, cognitive, and physical benefits for people with a disability by offering an accessible, low-pressure environment where everyone creates music together



Baking 1230-1500

Clients participate in a range of practical activities like using tools and kitchen equipment, preparing shopping lists, money handling when paying and demonstrating safe and hygienic practices to understand and prepare simple, yet healthy meals



Green Thumbs 1230-1500

Gardening offers significant benefits for physical and mental health, including stress reduction, improved mood, and increased physical activity, while also promoting healthier eating habits and fostering social connections through a shared love of nature, leading to better overall wellbeing, stronger bodies, and a deeper sense of accomplishment. It combines gentle exercise with vitamin D exposure, boosting mood, strength, and bone health, while providing fresh, healthy food and a chance to connect with others



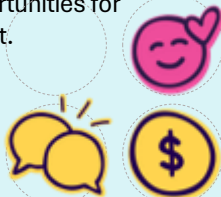
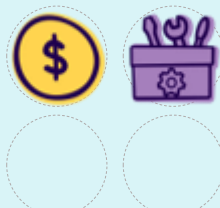
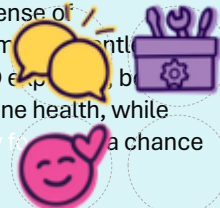
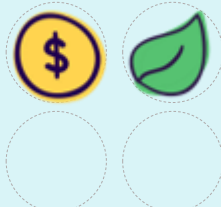
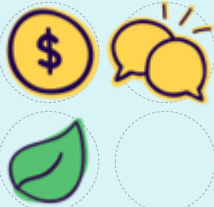
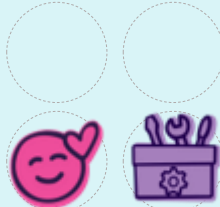
Gympie Learning and Lifestyle Hub

Program Dates: October – December 2026



What's On!

Thursday

Honey Bee Creative 0900-1200 Creative participation through organizations like Honeybee Creative offers significant benefits for people with disabilities, focusing on emotional well-being, social skills, and creative expression. These programs, often supported by NDIS funding in Australia, aim to enhance overall quality of life and provide opportunities for community engagement. 	Scrapbook & Sewing Club 0900-1200 Sewing offers significant benefits for people with disabilities, boosting fine motor skills, hand-eye coordination, cognitive function, and independence, while also reducing stress and anxiety through repetitive motions, improving self-esteem with a sense of accomplishment, and providing a creative outlet 	Life Skills 0900-1200 focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities 	Green Thumbs 0900-1200 Gardening offers significant benefits for physical and mental health, including stress reduction, improved mood, and increased physical activity, while also promoting healthier eating habits and fostering social connections through a shared love of nature, leading to better overall wellbeing, stronger bodies, and a deeper sense of accomplishment. It combines gentle exercise with vitamin D exposure, boosting mood, strength, and bone health, while providing fresh, healthy food and a chance to connect with others 
Ten Pin Bowling 1230-1500 Ten Pin Bowling offers significant physical, social, and mental health benefits for individuals with disabilities, primarily due to its highly adaptable and inclusive nature. 	Ten Pin Bowling 1230-1500 Ten Pin Bowling offers significant physical, social, and mental health benefits for individuals with disabilities, primarily due to its highly adaptable and inclusive nature. 	8 Ball 1230-1500 Playing pool (billiards) offers significant physical, mental, and social benefits for people with a disability, providing an accessible and inclusive recreational activity 	Green thumbs 1230-1500 Gardening offers significant benefits for physical and mental health, including stress reduction, improved mood, and increased physical activity, while also promoting healthier eating habits and fostering social connections through a shared love of nature, leading to better overall wellbeing, stronger bodies, and a deeper sense of accomplishment. It combines gentle exercise with vitamin D exposure, boosting mood, strength, and bone health, while providing fresh, healthy food and a chance to connect with others 

Gympie Learning and Lifestyle Hub

Program Dates: October – December 2026



What's On!

Friday

Mystery Tour 0900-1200 Out and About on a Mystery tour each Friday to a different location, exploring the local community. Clients choose where to go each week, deciding on picnics, swimming or national parks.  	Social BBQ & Games 0900-1200 Social BBQ at the hub 4th Friday of each month – we invite peers, friends and family, and members of the community to get together, enjoy good food and good company   	Green Thumbs 0900-1200 Gardening offers significant benefits for physical and mental health, including stress reduction, improved mood, and increased physical activity, while also promoting healthier eating habits and fostering social connections through a shared love of nature, leading to better overall wellbeing, stronger bodies, and a deeper sense of accomplishment. It combines gentle exercise with vitamin D exposure, boosting mood, strength, and bone health, while providing fresh, healthy food and a chance to connect with others   	
Mystery Tour 1230-1500 Out and About on a Mystery tour each Friday to a different location, exploring the local community. Clients choose where to go each week, deciding on picnics, swimming or national parks  	Social BBQ 1230-1500 Social BBQ at the hub 4th Friday of each month – we invite peers, friends and family, and members of the community to get together, enjoy good food and good company  	Green Thumbs 1230-1500 Gardening offers significant benefits for physical and mental health, including stress reduction, improved mood, and increased physical activity, while also promoting healthier eating habits and fostering social connections through a shared love of nature, leading to better overall wellbeing, stronger bodies, and a deeper sense of accomplishment. It combines gentle exercise with vitamin D exposure, boosting mood, strength, and bone health, while providing fresh, healthy food and a chance to connect with others   	

Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day