

Bokarina Learning and Lifestyle Hub Program Calendar



Program Dates: 06/04/2026 – 03/07/2026

Operating Hours

Monday – Friday
8:30am – 3:00pm

Contact Us

Client Support

Phone: 1800 122 122

Email: clientsupport@endeavour.com.au




Bokarina Learning and Lifestyle Hub

06/04/2026 – 03/07/2026


What's On!

Monday

 **Bingo Time \$12**
09:00am-12:30pm

A fun & social activity where participants enjoy number calling & celebrate wins together. At LNL. Includes fun non-food prizes.



 **Book Worms \$0**
09:00am-12:30pm


Visit Libraries around the coast. Discover new books, enjoy story time, or quiet reading.



Travel Trakker's (all day) \$1
09:00am-2:30pm

Enjoy a train/bus trip to different destinations around the coast



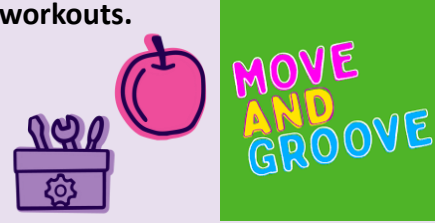
 **Green Thumbs \$3**
12:30pm-2:30pm

Dig in the dirt, plant seeds, and grow your own garden! Whether it's flowers or veggies, this hands-on gardening session is all about nurturing nature.



 **Move & Groove \$0**
12:30pm-2:30pm

Move & Groove is a fun, inclusive **fitness program that alternates weekly between Zumba dance sessions and L&L Aerobic Circuit workouts.**





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Tuesday

  **Movie Magic & Maker Space**
\$10/\$6
09:00am-12:30pm


Relax with a great film, the next week get hands-on with crafts.



 **Sailability \$10**
09:00am-12:30pm



A safe & welcoming environment where you are encouraged to participate in, and enjoy the sport of sailing.



 **Bush walking \$10**
09:00am-12:30pm



Get out into nature and explore different bushwalking tracks. Please note: Low level mobility is required.



  **Freedom Riders \$0**
12:30pm-2:30pm


Enjoy the thrill of riding with the wind in your hair on the trikes.



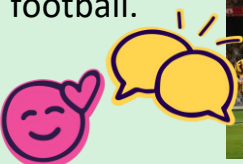
  **Thread & Needles**
(sewing) \$0 12:30pm-2:30pm

Create, stitch, and chat while working on sewing projects.



 **Footy & Friends \$0**
12:30pm-2:30pm

Watch highlights from last week's games, discuss the best goals scored, chat about your favourite team & players, and have a casual kick of the football.



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What's On!

Wednesday

 **Australia Zoo (annual pass)**
All day


Enjoy exploring & learning about zoo animals.



  **Master Chef Moments \$7**
09:00am-12:30pm


Learn new recipes, cook together, and enjoy tasty creations.



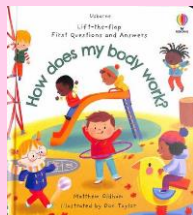
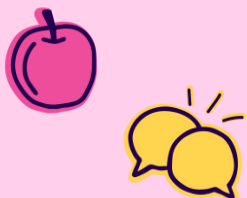
 **Wood Wonders \$7**
09:00am-12:30pm


The **Wood Wonders** is a fun and inclusive activity where participants learn basic woodworking skills in a safe and supportive environment.



 **How my body works \$0**
12:30pm-2:30pm

Each week learn about the brain, heart, liver, kidneys, skin, skeletal, muscular, endocrine, respiratory and immune systems.



 **Everybody Creates \$0**
12:30pm-2:30pm

Let your creativity shine as you design and create your own craft using colour and imagination.



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What's On!

Thursday

 **Step it Up \$5-\$10**
09:00am-12:30pm

Get moving with a refreshing walk. Participants can purchase a drink if they like, and once per fortnight the group will enjoy a **BBQ after the walk**.



 **Local Eats Explorer \$10-\$20**
09:00am-12:30pm


Explore new restaurants & cuisines as we lunch and socialise with friends.



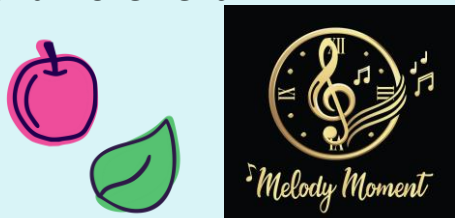
 **Twist & Stitch (knitting) \$0**
09:00am-12:30pm


A fun knitting program where participants can learn new knitting techniques, create projects, and share ideas.



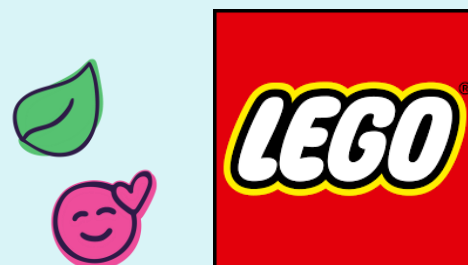
 **Music & Melody**
12:30pm-2:30pm


The **Music Program** is a fun and inclusive activity where participants **explore instruments, singing, rhythm, and movement**.



 **Lego Club \$0**
12:30pm-2:30pm

Develop your building and creative skills and build Lego to your hearts content



 **Origami \$0**
12:30pm-2:30pm

Enhance tactile skills as we create fun shapes & designs through paper folding (Thursday & Friday programs will be different).



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What's On!

Friday

 **Café Crew \$10**
09:00am-12:30pm


A fun social activity to explore local cafés, & enjoy a relaxed outing with friends.



 **Happy Bakers \$5**
09:00am-12:30pm


The Baking Program is a fun and inclusive activity where participants learn simple kitchen skills and create healthy baked treats together.



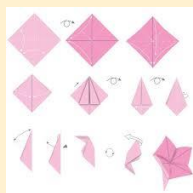
 **Movie Review Club \$0**
12:30pm-2:30pm

Enjoy watching a great movie together, then share your thoughts, favourite scenes, and memorable characters as we chat and review the movie as a group.



 **Origami \$0**
12:30pm-2:30pm

Enhance tactile skills as we create fun shapes & designs through paper folding (Thursday & Friday programs will be different).



Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day