



JANUARY









January 2026

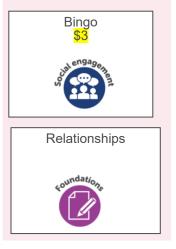


Lunch (12pm – 1pm)

1pm - 2.30pm













January 2026



Lunch (12pm – 1pm)

1pm – 2.30pm













January 2026



Tuesday

Wednesday

Thursday

Friday

19/1/2026

20/1/2026

21/1/2026

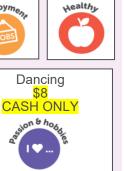
22/1/2026

23/1/2026

8am – 12pm







Walking

Club









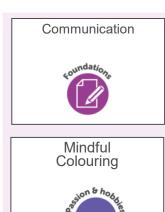




Lunch (12pm – 1pm)

1pm - 2.30pm













January 2026

Monday

Tuesday

Wednesday

Thursday

Friday

26/1/2026

27/1/2026

28/1/2026

29/12/2026

30/1/2026

8am - 12pm











1pm - 2.30pm



