



JANUARY



What's on at Labrador

January 2026

Monday

5/1/2026

8am – 12pm

<p>Healthy Baking \$5</p> <p>Life skills</p>	<p>Centre sport</p> <p>Healthy</p>
<p>Bowling \$7</p> <p>Passion & hobbies</p>	

Tuesday

6/1/2026

<p>Barista training \$5</p> <p>Employment</p>	<p>Walking Club</p> <p>Healthy</p>
<p>Dancing \$8 CASH ONLY</p> <p>Passion & hobbies</p>	

Wednesday

7/1/2026

<p>AWLQ: Animal Care</p> <p>Employment</p>	<p>Mental wellbeing</p> <p>Foundations</p>
<p>Gym Program membership \$5 a week/ \$20 casual visit</p> <p>Healthy</p>	

Thursday

8/1/2026

<p>Swimming \$5.50</p> <p>Recreation</p>	<p>Art Gallery outing</p> <p>Social engagement</p>
<p>Take home cooking \$5</p> <p>Life skills</p>	

Friday

9/1/2026

<p>Land-scaping</p> <p>Employment</p>	<p>Explore GC</p> <p>Social engagement</p>
<p>Theme Parks \$35 - Casual Visit</p> <p>Recreation</p>	

Lunch (12pm – 1pm)

1pm – 2.30pm

<p>Car cleaning 313 BH5</p> <p>Life skills</p>
<p>Centre games</p> <p>Passion & hobbies</p>

<p>Recycling</p> <p>Employment</p>
<p>Mindful Colouring</p> <p>Passion & hobbies</p>

<p>Bingo \$3</p> <p>Social engagement</p>
<p>Relationships</p> <p>Foundations</p>

<p>IT Skills: Computer Games, VR or Wii Games</p> <p>Technology</p>
<p>Lego</p> <p>Passion & hobbies</p>

<p>Centre reset/ get ready for social night</p> <p>Social engagement</p>
<p>Social Night 2:30pm - 7:30pm</p> <p>Special events</p>




What's on at Labrador

January 2026

Monday


12/1/2026

8am – 12pm

<p>Healthy Baking \$5</p> <p>Life skills</p> 	<p>Centre Sport</p> <p>Healthy</p> 
<p>Bowling \$7</p> <p>Passion & hobbies</p> 	




Tuesday

13/1/2026

<p>Barista training \$5</p> <p>Employment</p> 	<p>Walking Club</p> <p>Healthy</p> 
<p>Cycling @10am Paradise Point Gold Coin Donation</p> <p>Social engagement</p> 	




Wednesday

14/1/2026

<p>AWLQ: Animal Care</p> <p>Employment</p> 	<p>Holiday budget planning</p> <p>Foundations</p> 
<p>Gym Program membership \$5 a week/ \$20 casual visit</p> <p>Healthy</p> 	




Thursday

15/1/2026

<p>Swimming \$5.50</p> <p>Recreation</p> 	<p>Art Gallery outing</p> <p>Social engagement</p> 
<p>Take home cooking \$5</p> <p>Life skills</p> 	

Friday



16/1/2026



<p>Landscaping</p> <p>Employment</p> 	<p>Explore GC</p> <p>Social engagement</p> 
<p>Theme Parks \$35 - Casual Visit</p> <p>Recreation</p> 	


Lunch (12pm – 1pm)


1pm – 2.30pm

<p>IT Skills: Computer Games, VR or Wii Games</p> <p>Technology</p> 
<p>Centre games</p> <p>Passion & hobbies</p> 

<p>Mindful Colouring</p> <p>Passion & hobbies</p> 
<p>Basketball</p> <p>Healthy</p> 

<p>Car wash: 588 YPY</p> <p>Employment</p> 
<p>Bingo \$3</p> <p>Social engagement</p> 

<p>Centre Clean up With Kurt</p> <p>Life skills</p> 
<p>Resume writing</p> <p>Foundations</p> 

<p>Centre reset</p> <p>Social engagement</p> 
<p>Lego</p> <p>Passion & hobbies</p> 




What's on at Labrador

January 2026

Monday




19/1/2026

8am – 12pm

<p>Healthy Baking \$5</p> <p>Life skills</p> 	<p>Centre Sport</p> <p>Healthy</p> 
<p>Bowling \$7</p> <p>Passion & hobbies</p> 	




Tuesday

20/1/2026

<p>Barista training \$5</p> <p>Employment</p> 	<p>Walking Club</p> <p>Healthy</p> 
<p>Dancing \$8 CASH ONLY</p> <p>Passion & hobbies</p> 	

Wednesday

21/1/2026

<p>AWLQ: Animal Care</p> <p>Employment</p> 	<p>Mental wellbeing</p> <p>Foundations</p> 
<p>Gym Program membership \$5 a week/ \$20 casual visit</p> <p>Healthy</p> 	




Thursday

22/1/2026

<p>Swimming \$5.50</p> <p>Recreation</p> 	<p>Art Gallery outing</p> <p>Social engagement</p> 
<p>Take home cooking \$5</p> <p>Life skills</p> 	



Friday



23/1/2026



<p>Land-scaping</p> <p>Employment</p> 	<p>Explore GC</p> <p>Social engagement</p> 
<p>Theme Parks \$35 - Casual Visit</p> <p>Recreation</p> 	



Lunch (12pm – 1pm)

1pm – 2.30pm

<p>Centre games</p> <p>Passion & hobbies</p> 
<p>IT Skills: Computer Games, VR or Wii Games</p> <p>Technology</p> 

<p>Communication</p> <p>Foundations</p> 
<p>Mindful Colouring</p> <p>Passion & hobbies</p> 

<p>Bingo \$3</p> <p>Social engagement</p> 
<p>Lego</p> <p>Passion & hobbies</p> 

<p>Car cleaning 860 IB8</p> <p>Life skills</p> 
<p>Relationships</p> <p>Foundations</p> 

<p>Centre reset/ get ready for social night</p> <p>Social engagement</p> 
<p>Social Night 2:30pm - 7:30pm</p> <p>Special events</p> 

What's on at Labrador

January 2026

Monday

26/1/2026

8am – 12pm




**Australia
Day
Public
Holiday**

1pm – 2.30pm

**Centre
CLOSED**

Tuesday

27/1/2026

Barista training \$5 Employment 	Walking Club Healthy 
Cycling @10:45am Paradise Point Gold Coin Donation Social engagement 	

Wednesday

28/1/2026

AWLQ: Animal Care Employment 	Holiday budget planning Foundations 
Gym Program membership \$5 a week/ \$20 casual visit Healthy 	




Thursday

29/12/2026



Swimming \$5.50 Recreation 	Art Gallery outing Social engagement 
Take home cooking \$5 Life skills 	



Friday



30/1/2026

Land-scaping Employment 	Explore GC Social engagement 
Crossroads \$35 – Entry \$15 - Food Social engagement 	

Lunch (12pm – 1pm)

Mindful Colouring Passion & hobbies 
Basketball Healthy 

Car wash 028AZ6 Employment 
Bingo \$3 Social engagement 

Centre Clean up With Kurt Life skills 
Resume writing Foundations 

IT Skills: Computer Games, VR or Wii Games Technology 
Lego Passion & hobbies 