

Kew Learning and Lifestyle Program

Operating Hours

Wednesday 9am – 3pm

Kew Hub:

35 Hutchinson Drive, Kew VIC, 3101

Contact Us for More Information

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Kew Learning and Lifestyle Program

Term 1 2026: 19/01/2026 – 03/04/2026

What's on!

WEDNESDAY

<div><div><div>Budgeting</div><div>09:00am - 11:00am</div></div><div><p>In this program you will learn how to count money and create budgets. Each week you will develop a grocery list and budget which you will then use to head out to the local supermarket to purchase ingredients for cooking.</p><div><div></div><div><div>Technology</div><div>Foundations</div><div>Life skills</div><div></div></div></div></div></div>	<div><div><div>Cooking</div><div>\$5.00</div><div>11:00am – 12:30pm</div></div><div><p>With the ingredients you purchased in budgeting, you will then cook a delicious meal for lunch with a focus on Healthy Eating, Nutrition, Kitchen Safety and Tasty Food.</p><div><div></div><div><div>Life skills</div><div>Passion & hobbies</div><div>Healthy</div><div>Activity fee</div></div></div></div></div>	<div><div><div>Lunch</div><div>12:30pm – 13:00pm</div></div><div><p>Enjoy a well-deserved Lunch Break with your friends at the L&L Program! Taste the delicious meal you have prepared during your cooking program.</p><div><div></div><div><div>Social engagement</div><div></div><div></div><div></div></div></div></div></div>	<div><div><div>Computers / Latte Lovers</div><div>13:00pm – 15:00pm</div></div><div><p>In this program you will learn the basics of using computers. Work to improve typing skills, use various programs, and cyber safety. On alternating weeks, take a trip to a local cafe in the community and enjoy a coffee with your peers.</p><div><div></div><div><div></div><div>Recreation</div><div>Passion & hobbies</div><div>Social engagement</div></div></div></div></div>
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Learning and Life Skills Icons and Definitions



Foundations

Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life skills

Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Social engagement

Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy

Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation

Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology

Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment

Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & hobbies

Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special events

Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity fee

Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day