

How are you feeling?

Write your name:

Write today's date:


What were you doing before you felt this way:


When you don't feel like talking, but it is important to let people know how you feel so they can help you, point the emoji that matches the way you feel, followed by the emoji you want to feel.


 Smileys

 Grinning


 Grinning face with big eyes

 Grinning Face with smiling eyes


 Beaming face with smiling eyes


 Grinning squinting face

 Grinning face with sweat

 Rolling on the floor laughing

 Face with tears of joy


 Slightly smiling face

 Upside-down face

 Winking face

 Smiling face with smiling eyes

 Smiling face with halo


 Smiling face with heart-eyes


 Star-struck

 Face Blowing a Kiss

 Kissing face

 Smiling face

 Kissing face with closed eyes

 Kissing face with smiling eyes


 Face savouring food

 Face with tongue

 Winking face with tongue

 Zany face

 Squinting face with tongue


 Money-mouth face


 Hugging face

 Face with hand over mouth

 Shushing face

 Thinking face

 Zipper-mouth face

 Face with raised eyebrow

 Neutral face

- 😐 Expressionless face
- 😬 Face without mouth
- 😏 Smirking face
- 😒 Unamused face
- 😓 Face with rolling eyes
- 😬 Grimacing face
- 😏 Lying face
- 😌 Relieved face
- 😞 Pensive face
- 😴 Sleepy face
- 😋 Drooling face
- 😪 Sleeping face
- 😷 Face with medical mask
- 🤒 Face with thermometer
- 🤕 Face with head-bandage
- 🤢 Nauseated face
- 🤮 Face vomiting
- 🤧 Sneezing face
- 🤯 Dizzy face
- 💥 Exploding head
- 🤠 Cowboy hat face
- 😎 Smiling face with sunglasses
- 🤓 Nerd face
- 👁️ Face with monocle
- 😕 Confused face
- 😟 Worried face
- 😞 Slightly frowning face
- 😠 Frowning face
- 😲 Face with open mouth
- 😶 Hushed face
- 😱 Astonished face
- 😳 Flushed face
- 😠 Frowning face with open mouth
- 😱 Anguished face
- 😨 Fearful face
- 😓 Anxious face with sweat
- 😞 Sad but relieved face
- 😭 Crying face
- 😱 Loudly crying face
- 😱 Face screaming in fear
- 😞 Confounded face
- 😓 Persevering face
- 😞 Disappointed face
- 😓 Downcast face with sweat
- 😞 Weary face
- 😞 Tired face