

































**Windsor Learning & Lifestyle Hub**  
Imagine What's Possible

**Program: July to September 2022**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>8:00-9:00am</b>	Communication Sharing	Communication Sharing	Communication Sharing	Communication Sharing	Communication Sharing
<b>9:00 – 9:30am</b>	<b>Morning Tea</b>	<b>Morning Tea</b>	<b>Morning Tea</b>	<b>Morning Tea</b>	<b>Morning Tea</b>
	 Mini Golf <b>\$12.50</b>   English Outcomes based Learning   Morning Melodies <b>\$5 optional for a tea/coffee</b>	 Maths Outcomes Based Learning   Ten Pin Bowling <b>\$7.00</b>   Animals & the Environment	 English Unit Outcomes Based Learning   Cooking <b>\$5</b>   Gardening <b>\$3</b>   Comedy	 Gymnastics' <b>\$10 per week total block paid up front</b>   Math's unit outcomes based Learning   History	  Cooking <b>\$5.00</b>   Mystery Tour   Art <b>\$3</b>
<b>12:00–1:00pm</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>

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<b>1:00-3:00pm</b>	 Math's outcomes based learning   Sewing \$2   Around the world	 English/Pen pals outcomes based learning   Healthy relationships   Active in the park	 Maths Outcomes Based Learning   Music through the ages   Communication	 English outcomes based learning   Robotics   Op shopping \$\$\$ optional	 Movie critics   Mystery Tour continued   Sweet treats \$5
<b>3pm-4pm</b>	<b>Head home</b>	<b>Head home</b>	<b>Head home</b>	<b>Head home</b>	<b>Head home</b>

**Mini golf** - access to mini gold range towards the airport to practice and use golf skills.

**Animals & Environment** – Learn about a range of different animals their habitats, how to care for and animal as well as engage in person with different animals over time, as well as continued care for the center's Guinea pigs. Animal therapy is good for mental health, general health and wellbeing. Also learning responsibility.

**English units** ---Improving Literacy skills through workbooks and interactive games on the Smart board.

**Math's Units** – Looking at how we can improve student's numeracy skills via interactive smart boards, games and workbooks. – Planning a budget, knowing costs, wants and needs, how to prioritise.

**Sewing** – Learning to create and sew using different skills, materials, making practical items and gifts for others.

**Communication** – Participants will learn and practice a variety of methods to communicate, including learning AAC devices, key sign and speech, in real life scenarios.

**Cooking** - To learn about different food groups, cultural foods, find recipes, make shopping lists, budgeting, purchasing items, return and preparing a meal, cleaning up and enjoying the meal itself.

**Music through the ages** - We are currently concentrating on our group for the battle of the bands, also learn about different types of music, different bands, different instruments, using different instruments.

**Art/craft**- Art program will provide the opportunity to learn a variety of art-making skills and knowledge about the elements of art while being inspired by famous artists.

**Active in the park** – All about keeping moving with a variety of fun activities using balls skills, hoopla hoops, walking, and activity courses. Held outside in the park or inside if weather effects.

**Healthy Relationships** – Making and keeping meaningful relationships, learning about keeping oneself safe when forming new friendships, maintaining family relationships.

**Robotics**– learn how to put together Lego robot, use and work with gizmo, 3D printing.

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**Around the World** – Learn about a variety of countries, learn about traditions foods, culture, crafts, and language

**Ten pin bowling** - play in a team and expand your bowling skills.

**Morning melodies** – enjoy a morning listening and dancing to the music at Arana Leagues club.

**Comedy** – this is a 12 month program that has a performance every quarter.

**Gardening** – learn about plants, planting watering, weeding

**Self care** – Learn about caring for yourself through selfcare, skin care, hair and nails, presentation.

**Movie critics** – watch a movie over a number of weeks and critic it as you go

**Gymnastics**- is at Albany creek Gymnastic gym , strength, mobility , confidence.

**History** – Learn about history from all around the world

**Mystery Tour** – Customers to answer questions to discover where they are heading and what they might find once they get there.

**Sweet Treats** - make some cakes, slices treats to take home for afternoon tea on the weekend.

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## Imagine What's Possible

### Learning & Life Skills Icons & Definitions

**Foundation Skills** supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.

**Life Skills** focuses on day to day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities

Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site

**Healthy Body / Healthy Mind** focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends, and directs people to make right choices when it comes to a person's health and lifestyle activities.

**Technology** utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.

**Recreation** provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.

**Employment** focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications in order to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.

**Passion & Hobbies** is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.

**Special Events** enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (ie: Show Day)



#### Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing – eg. Pecs, Makaton, key word sign

#### Life Skills

Support for activities relating to:

- Home and domestic skill - Cooking - Shopping - Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

#### Social Engagement

Supporting people to attend and interact with:

- Library - Bunnings - Men's Shed - Ladies Group
- Music eg Battle of the Bands - Drumming Circle
- Volunteering

#### Healthy Body / Healthy Mind

Focusing on:

- Physical wellbeing - Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities eg. Gym, Sailability, Martial Arts, Yoga, Sport

#### Technology

Learning activities and support relating to:

- Computers - Virtual Reality
- Robotics - Coding
- Safety (on the web, using devices)
- Smart phones, Tablets and other devices - 3D printing

#### Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling - Photography and video
- Music (listening to, playing music)
- Fishing - Bingo and other games

#### Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

#### Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

#### Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day