







































































Labrador Learning & Lifestyle

| Program: July 15 <sup>th</sup> – July 19 <sup>th</sup> (Week 1) |  |   |  |  |   |
|---|--|---|--|--|---|
|   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
| July  | 15   | 16  | 17   | 18   | 19  |
| <b>Session 1</b><br>9:00 -10:00                                 | <br>Morning Chat Key<br>Word Sign   | <br>Morning Chat<br>Key Word Sign                    | <br>Morning Chat Key<br>Word Sign   | <br>Morning Chat Key<br>Word Sign   | <br>Morning Chat Key<br>Word Sign  |
| 10:30-<br>10:30   | Morning Tea  | Morning Tea   | Morning Tea  | Morning Tea  | Morning Tea   |
| <b>Session 2</b><br>10:30-<br>12:00                             | <br>Specialcise<br>(Cooinda's)<br><br><br>Healthy Baking<br>&<br>Meal Preparation | <br>Travel Training<br>To<br>Nerang Library<br>(Bus) | <br>Tai Chi<br><br><br>Writing a Shopping<br>List<br><br><br>Domestic Skills -<br>Laundry | <br>Swimming<br><br><br>Technology –<br>iPad's<br><br><br>Meal Preparation | <br>BBQ/Picnic with<br>Mermaid L&L<br><br><br>EFI – Work<br>Experience |
| 12:00-<br>12:30   | Lunch  | Lunch in the<br>community   | Lunch  | Lunch  | Lunch in the<br>community   |
| 12:30-2:30  | <br>Park Fitness  | <br>Travel Training                                | <br>Skate 'n' Relate<br><br><br>Grocery shopping   | <br>Gardening/Centre<br>Maintenance   | <br>Park Activities  |
| 2:30-3:00   | Ready to go home   | Ready to go<br>home   | Ready to go home   | Ready to go<br>home  | Ready to go home  |

























**Program: July 22<sup>th</sup> – July 26<sup>th</sup> (Week 2)**

|                                 | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|---------------------------------|--|--|--|---|--|
| July                            | 22   | 23   | 24   | 25  | 26   |
| <b>Session 1</b><br>9:00 -10:00 | <br>Morning Chat Key<br>Word Sign | <br>Morning Chat Key<br>Word Sign                   | <br>Morning Chat Key<br>Word Sign | <br>Morning Chat Key<br>Word Sign      | <br>Morning Chat Key<br>Word Sign |
| 10:30-10:30                     | Morning Tea  | Morning Tea  | Morning Tea  | Morning Tea   | Morning Tea  |
| <b>Session 2</b><br>10:30-12:00 | <br>Specialise<br>(Coinda's)      | <br>Travel Training<br>To<br>Pacific Fair<br>(Tram) | <br>Specialise<br>(Rookies)       | <br>Swimming                           | <br>Crossroads                    |
|                                 | <br>Fishing/Park Outing           |  | <br>Tai Chi                       | <br>Domestic Skills –<br>Laundry       | <br>EFI – Work<br>Experience      |
|                                 | <br>Meal Preparation            |  | <br>Writing a Shopping<br>List  | <br>Meal Preparation                 |  |
| 12:00-12:30                     | Lunch  | Lunch in the<br>community  | Lunch  | Lunch   | Lunch  |
| 12:30-2:30                      | <br>Healthy Baking              | <br>Travel Training                               | <br>Grocery Shopping            | <br>Gardening/Centre<br>Maintainance | <br>Technology- iPad's          |
|                                 | <br>Technology - OSMO           |  | <br>Writing & Money<br>skills   |   |  |
| 2:30-3:00                       | Ready to go home   | Ready to go home   | Ready to go home   | Ready to go home  | Ready to go home   |

**Program: July 29<sup>th</sup> – August 2<sup>nd</sup> (Week 1)**

|                                  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|----------------------------------|--|---|--|---|--|
| <b>July/August</b>               | <b>29</b>  | <b>30</b>   | <b>31</b>  | <b>1</b>  | <b>2</b>   |
| <b>Session 1<br/>9:00 -10:00</b> | <br>Morning Chat Key<br>Word Sign   | <br>Morning Chat<br>Key Word Sign  | <br>Morning Chat Key<br>Word Sign   | <br>Morning Chat Key<br>Word Sign  | <br>Morning Chat Key<br>Word Sign   |
| <b>10:30-10:30</b>               | Morning Tea  | Morning Tea   | Morning Tea  | Morning Tea   | Morning Tea  |
| <b>Session 2<br/>10:30-12:00</b> | <br>Specialise<br>(Cooinda's)<br><br><br>Healthy Baking<br>&<br>Meal Preparation | <br>Travel Training<br>To<br><br><br>Sailability<br>(Bus) | <br>Tai Chi<br><br><br>Writing a Shopping<br>List<br><br><br>Domestic Skills -<br>Laundry | <br>Swimming<br><br><br>Technology –<br>iPad's<br><br><br>Meal Preparation | <br>EFI – Work<br>Experience<br><br><br>BBQ/Picnic with<br>Mermaid L&L |
| <b>12:00-12:30</b>               | Lunch  | Lunch in the<br>community   | Lunch  | Lunch   | Lunch in the<br>community  |
| <b>12:30-2:30</b>                | <br>Literacy &<br>Numeracy skills<br><br><br>Park Walk                       | <br>Travel Training  | <br>Skate 'n' Relate<br><br><br>Grocery shopping   | <br>Gardening/Centre<br>Maintenance  | <br>Park Activities   |
| <b>2:30-3:00</b>                 | Ready to go home   | Ready to go<br>home   | Ready to go home   | Ready to go<br>home   | Ready to go home   |

**Program: August 5<sup>th</sup> - August 9<sup>th</sup> (Week 2)**

|                                  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|----------------------------------|--|--|---|---|--|
| July                             | 22   | 23   | 24  | 25  | 26   |
| <b>Session 1<br/>9:00 -10:00</b> | <br>Morning Chat Key<br>Word Sign   | <br>Morning Chat Key<br>Word Sign                 | <br>Morning Chat Key<br>Word Sign  | <br>Morning Chat Key<br>Word Sign  | <br>Morning Chat Key<br>Word Sign   |
| <b>10:30-10:30</b>               | Morning Tea  | Morning Tea  | Morning Tea   | Morning Tea   | Morning Tea  |
| <b>Session 2<br/>10:30-12:00</b> | <br>Specialise<br>(Coinda's)<br><br><br>Fishing/Park Outing<br><br><br>Meal Preparation | <br>Travel Training<br>To<br>Southbank<br>(Train) | <br>Specialise<br>(Rookies)<br><br><br>Tai Chi<br><br><br>Writing a Shopping<br>List | <br>Swimming<br><br><br>Domestic Skills –<br>Laundry<br><br><br>Meal Preparation | <br>Crossroads<br><br><br>EFI – Work<br>Experience |
| <b>12:00-12:30</b>               | Lunch  | Lunch in the<br>community  | Lunch   | Lunch   | Lunch  |
| <b>12:30-2:30</b>                | <br>Healthy Baking<br><br><br>Technology - OSMO  | <br>Travel Training                             | <br>Grocery Shopping<br><br><br>Writing & Money<br>skills   | <br>Gardening/Centre<br>Maintenance  | <br>Customer Service<br>Meeting   |
| <b>2:30-3:00</b>                 | Ready to go home   | Ready to go home   | Ready to go home  | Ready to go home  | Ready to go home   |