

































Gladstone Learning & Lifestyle
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Program: January 6th to April 3rd2020

	Monday	Tuesday	Wednesday	Thursday	Friday	
8.30-9.30	Morning Tea Outing (\$8 ONLY Wk 1) Let the chickens out/check food and water	Outdoor Morning Tea Let the chickens out/check food and water	Morning Tea Let the chickens out/check food and water	Morning Tea (Choose recipe) Let the chickens out/check food and water	Morning Tea Let the chickens out/check food and water	
Session 1 9.30-12.00pm	 Gladstone PAWS Collections -Collecting from donation bins  Dispense any needed collections.  Leisure activities -Games -Craft Australia Day public holiday 27 th	 Barefoot Bowls (Week1) (or wear shoes!) Walk around Spinnaker (Week 2)  Shopping for L&L -What supplies do we need?  Morning Melodies (18 th Feb, 13 March)	 Week 1 Yaralla Bingo \$6.40 - At the Yaralla sports club Week 2  Managing Money -Markets -Cans	 In Centre Themed Bingo \$1.00 -Win a prize -Practice Numeracy	 Communication/ Customer meeting  Leisure activities -Craft -Games  Lunch Shopping \$5 / Banking  Cooking \$5 -What's on the Menu?	 Household Domestic Skills  Garage sales (Week 2) -Blue care -Hopelink  BBQ shopping (Week 2)
	12.00-12.45	Lunch	Lunch	Lunch	Lunch	WEEK 1  BBQ Shopping \$5.00 BBQ -What will we have today? WEEK 2  Leisure Activity (Guest Speakers TBA)  Pub Lunch \$25
Session 2 12.45-2.45pm	 Photography – Basics/Ipad 2 Week 2 –Buy a drink – in Centre/ community  Gardening	 Behind the News -Current Affairs  Market Project -Craft -Garden -Money handling -Banking -Book keeping	 Dancing/Yoga  Health and Wellbeing  Water the Garden Buy drink in Centre	 Volunteer work / Lifeline visit  Recycling program -Collect, Sort -Recycle  Lets Learn about our chickens	 Market Project -Craft -Garden Market date (16Feb, 7 March)  Travel Investigations  Prepare chickens and Garden for weekend.	
	2.45-3.pm	Tidy up / Prepare for Pick up Put the chickens away	Tidy up / Prepare for Pick up Put the chickens away	What's for lunch tomorrow? Tidy up / Prepare for Pick up Put the chickens away	Tidy up / Prepare for Pick up Put the chickens away	Tidy up / Prepare for Pick up Put the chickens away

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Please refer to the icons legend on the following page



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day to day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, Community Engagement supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Information, Communication and Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends, and directs people to make right choices when it comes to a person's health and lifestyle activities.



Getting out - or staying in - having fun, making connections and simply doing what makes you happy is what Leisure, Adventure and Recreation is all about. Leisure, Adventure and Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications in order to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behavior when in the workplace.



Passion Projects is all about doing what you're passionate about! It could be skill development, or launching your own online business, or simply exploring a creative outlet. If it makes you smile; if you lose track of time doing it, then this is what passion projects is all about.



The importance of nature – whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, means that people are able to touch, taste, smell, hear and see those things which make up the world. It might mean conducting experiments to see how things work, or taking time out to literally smell the roses.



This support allows the person to identify specific types of supports required, and, if available, provide those supports on an individual basis. This might mean extra focus on Foundation Skills, or Community Engagement, or an area that isn't captured in a person's Pathway profile.