






























Coopers Plains Learning & Lifestyle
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Program: July to September 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1					
8.30am-9.00am	 Stretches & Key Group	 Stretches & Key Group	 Stretches & Key Group	 Stretches & Key Group	 Stretches & Key Group
9:00am-10:00am	 Sustainable Fashion	 Gardening	 Local Walk	 Social Media	 Write Minutes / Comedy Club (alternating)
	 Local Walk	 Local Walk	 Art & Craft	 Literacy Skills (Module)	 Herb Garden
	 Hama Beads \$1.00	 3D Design One off payment \$5	 Pen Pal	 Stretching & Relaxation	 Reading (Module)
	 Social Skills	 Makaton Music	 Summer Veg Gardening	 Sort & Recycle	 Let's go Lego
	 Watering & Composting		 Nursery Work & Propagation		
	 Community Walk & Recycle		 Money Skills		

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10:00am-10:30am	M/TEA				
Session 2 10.30am-12.00pm	<p>Sustainable Fashion</p>	<p>Gardening</p>	<p>Art & Craft</p>	<p>Barista Training (module) One off payment \$10.00</p>	<p>Magic Science (module)</p>
	<p>Craft \$5.00</p>	<p>Local Walk</p>	<p>Indoor Gym</p>	<p>Indoor Sport</p>	<p>Sew A Bag</p>
	<p>Rethink Recycling</p>	<p>3D Design</p>	<p>Exploring Colour One off payment \$15</p>	<p>Nature's Power / Natural Home Product (alternating)</p>	<p>Human Body</p>
	<p>Puzzles</p>	<p>EF Connect (Customer Rotation)</p>	<p>Tie Dye One off payment \$25</p>	<p>Computer & Games</p>	<p>Computer & Games</p>
	<p>Computer & Games</p>		<p>VR</p> <p>Yoga</p>		

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12:00pm-12:45pm	LUNCH				
Session 3 12:45pm-2:00pm	<p>Sustainable Fashion</p>	<p>Gardening</p>	<p>Rosedale Rockets Meeting / NDIS + Music (alternating)</p>	<p>Art & Craft</p>	<p>Art & Craft</p>
	<p>Talking & Listening (Module)</p>	<p>Fitness Fun</p>		<p>Newspaper Bags</p>	<p>Domestic Skills (Module)</p>
	<p>Potting-Up Plants</p>	<p>Computer & Games</p>		<p>Watering for Relaxation</p>	<p>Music Genres</p>
	<p>Prep Meeting / Newsletter (alternating)</p>	<p>iPad</p>			

Please refer to the icons legend on the following page

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Foundations

Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from baseline concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life skills

Life Skills focuses on day to day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Community

Utilising local connections and support, Community Engagement supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Technology

Information, Communication and Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Healthy

Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make the right choices when it comes to a person's health and lifestyle activities.



Leisure

Getting out - or staying in - having fun, making connections and simply doing what makes you happy is what Leisure, Adventure and Recreation is all about. Leisure, Adventure and Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Employment

Employment focuses on developing skills needed for work. Whether it's work experience, voluntary or paid employment, people will undertake both theory and practical applications in order to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behavior when in the workplace.



Passion

Passion Projects is all about doing what you're passionate about! It could be skill development, or launching your own online business, or simply exploring a creative outlet. If it makes you smile, if you lose track of time doing it, then this is what passion projects is all about.



Nature

The importance of nature – whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, means that people are able to touch, taste, smell, hear and see those things which make up the world. It might mean conducting experiments to see how things work, or taking time out to literally smell the roses.



Support

This support allows the person to identify specific types of supports required, and if available, provide those supports on an individual basis. This might mean extra focus on Foundation Skills, or Community Engagement, or an area that isn't captured in a person's Pathway profile.