



























**Cairns Learning & Lifestyle  
Customer Copy**

Program: July to September 2020					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Session 1</b>  9:00am-10:15am	 Foundations Communication – Key Signs	 Nature Science (Pathways and Experiments)	 Foundations Money & budgeting (Pathways)	 Technology Digital Photography	 Healthy Circuit Training / Boxing
	 Nature Gardening	 Leisure (Sensory Exploration)	 Foundations Numeracy (Pathways Modules)	 Nature Gardening	 Foundations Literacy   Leisure (Pathways Modules)
10:15am-10:45am	<b>MORNING TEA</b>				
<b>Session 2</b>  10:45am-12:00pm	 Leisure Baking (Pathways Program) \$5	 Technology Digital Photography	 Life skills Meal Preparation-Lunch (10wk Pathways Module) \$10	 Leisure Scrapbooking, Beading & Hand Crafts	 Life skills Meal Preparation-Lunch (10wk Pathways Module) \$10
	 Healthy Healthy Choices (Pathways Program)	 Healthy Music and Movement	 Life skills Dental & Personal hygiene (Pathway Modules)	 Healthy Circuit Training / Boxing	 Foundations Numeracy (Pathways Modules)
12:00pm-12:30pm	<b>LUNCH</b>				
<b>Session 3</b>  12:30pm-2:30pm	 Technology Puzzles & Maths Games	 Technology IT Pathways	 Foundations Literacy (Pathways Modules)	 Technology IT Pathways	 Leisure Reading Session
	<b>ACTIVITIES WIND DOWN</b>				
2:45pm-3:00pm	<b>CLEAN / PACK UP</b>				

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Foundations Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from baseline concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day to day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, Community Engagement supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Information, Communication and Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make the right choices when it comes to a person's health and lifestyle activities.



Getting out - or staying in - having fun, making connections and simply doing what makes you happy is what Leisure, Adventure and Recreation is all about. Leisure, Adventure and Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Employment focuses on developing skills needed for work. Whether it's work experience, voluntary or paid employment, people will undertake both theory and practical applications in order to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behavior when in the workplace.



Passion Projects is all about doing what you're passionate about! It could be skill development, or launching your own online business, or simply exploring a creative outlet. If it makes you smile, if you lose track of time doing it, then this is what passion projects is all about.



The importance of nature – whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, means that people are able to touch, taste, smell, hear and see those things which make up the world. It might mean conducting experiments to see how things work, or taking time out to literally smell the roses.



This support allows the person to identify specific types of supports required, and if available, provide those supports on an individual basis. This might mean extra focus on Foundation Skills, or Community Engagement, or an area that isn't captured