

# One Endeavour

SUMMER 2016

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FOUNDATION  
Opportunities for people with a disability



# Making a difference



## DANE EARSMAN IS A YOUTH MENTORING VOLUNTEER

I wanted to do some form of volunteer work, and was just going through the process to see what was around, when Endeavour Foundation came up. I thought that it would be good to mentor a younger person, and I had the time and the resources to be able to do it, so it just worked out.

I really had no expectations starting the program. Initially you're a little bit out of your comfort zone, meeting a new family. It's new to them and it was new to me. But now it's just like hanging out with a mate. We do all sorts of different things - rock climbing, visiting art galleries, the movies, bush walking or just going to the shops, getting something to eat and hanging out.

Volunteering is like anything else - you get as much out as you're prepared to put in. I've learnt a lot and gained a lot, and can't recommend it highly enough.

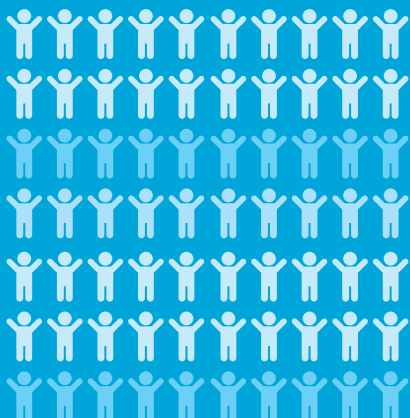
**Find out more about the impact of Dane's work, and how you can help through our Christmas Appeal (page 15).**



## HEATHER MOON PROVIDES SUPPORT WITH LITERACY AND NUMERACY

I joined Endeavour Foundation as a volunteer about three years ago. I had been a nurse and a director of hospitals and, after an incredibly busy working life, I looked at all the opportunities available and thought that this was something I'd be interested in doing.

I teach people to read and write and it is hugely rewarding. Everyone here is so friendly and so willing to learn and it gives me a lot of pleasure – a lot of satisfaction. I really wanted to give something back to people, rather than just sitting around doing nothing, and from a personal point of view it has really helped me with the transition to retirement.



**THROUGH THE SUPPORT OF MORE THAN 1000 VOLUNTEERS, WE ARE ABLE TO MAKE A REAL DIFFERENCE IN THE LIVES OF PEOPLE WITH A DISABILITY, EVERY DAY.**

Each of our valued volunteers contribute their time, skills and passion as a vital part of the Endeavour Foundation family. We'd love for you to join us on the journey. Find out more by emailing [volunteering@endeavour.com.au](mailto:volunteering@endeavour.com.au) or calling 1800 112 112.



# Who cares for carers?

**ACCORDING TO CARERS QUEENSLAND, HALF OF UNPAID FAMILY CARERS WORK AN INCREDIBLE 120 OR MORE HOURS A WEEK PROVIDING CARE FOR THEIR LOVED ONE.**

IF THAT FACT COMES AS NO SURPRISE, YOU'RE PROBABLY ONE OF THE MANY PEOPLE MAKING EXTRAORDINARY PHYSICAL, SOCIAL AND EMOTIONAL SACRIFICES.

WHILE WE EXPECT THAT THE NATIONAL DISABILITY INSURANCE SCHEME (NDIS) SHOULD – THROUGH ENHANCED FUNDING AND OPPORTUNITY FOR PEOPLE WITH A DISABILITY – GIVE CARERS GREATER FREEDOM, THERE'S A REAL NEED TO TAKE A STEP BACK RIGHT NOW AND THINK ABOUT YOUR OWN WELLBEING.

## 'ME' TIME

Try not to dismiss the concept of 'me' time in your hectic life. It is so important that you find opportunities to re-charge your batteries. This is different for everyone, but might be as simple as playing your favourite music, having a peaceful cup of tea in the garden or embarking on a creative project.

## MANAGING STRESS

Managing stress is critical to personal wellbeing. Some people find relaxation CDs a good place to start – offering time out and clear guidance on how to relax mind and body. Free CDs are available through the Commonwealth Respite and Carelink Centre on 1800 200 422 or Carer Advisory Service on 1800 242 636.

## MAINTAINING RELATIONSHIPS

Where friends and relatives struggle to understand, it's so important to communicate with them – suffering in silence is not a solution. Try to find new ways to socialise that fit around your caring role, or perhaps stay in touch by texting, emailing or joining an online support group or blog.

Most of all, don't be afraid to ask for help – respite exists for a very good reason.

## COUNSELLING

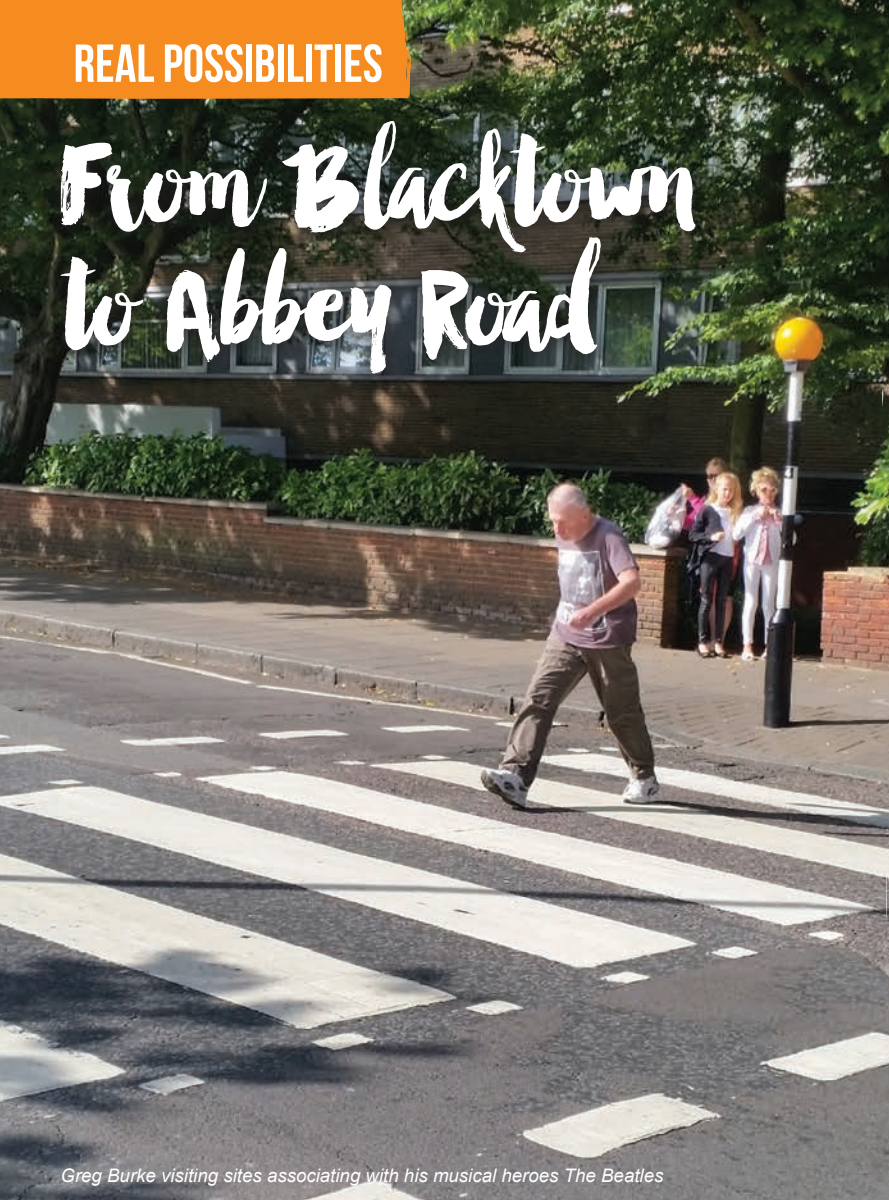
Being able to express yourself, confidentially, without feeling judged and with someone independent from your friends and family can feel like a huge weight is lifted from you. Even when you can't change your circumstances, you can find better ways of coping with them.

Endeavour Foundation's social work team provide confidential counselling for individuals and families to deal with stress management, coping strategies and grief and loss. For a confidential conversation, call us on 07 3896 6042.

**WHATEVER YOUR PERSONAL PREFERENCES, IT'S CRUCIAL THAT YOU INVEST TIME IN YOURSELF. SELF-CARE IS THE FOUNDATION FOR PROVIDING THE BEST POSSIBLE CARE FOR OTHERS.**



# From Blacktown to Abbey Road



Greg Burke visiting sites associating with his musical heroes The Beatles

It's been a busy 12 months for Greg Burke, who celebrated his 50th year of supported employment at Seven Hills, NSW, as well as achieving the lifelong ambition of a pilgrimage to The Beatles UK heartland.

"Greg was able to achieve one of his goals last year when he travelled to England to tour the many sites associated with his musical heroes - The Beatles. That was a dream come true for him and I know that it would have made our parents incredibly happy," Greg's brother, Dennis, said.

Noting that Greg shows no signs of wanting to 'retire', Dennis added that "he wouldn't know the meaning of that word".

"Supported employment for Greg has meant that his individual skills have always been developing in that environment, leading to greater independence. He just loves the interaction with fellow workers and staff at Endeavour Foundation and always looks forward to the social activities that are also on offer.

"The simple act of travelling to and from work, usually in a taxi in the morning and by group mini bus in the afternoon, is an exciting activity for Greg, and he has developed a strong sense of independence."

For Greg, there's always something to look forward to.

"I have been here a very long time, but I like getting up for work. I have my breakfast and then I get a taxi here and a bus home. I like doing the tubs and the boxes – I think I have the best job," Greg said.

## A vision of an independent future

Gold Coast woman Tania Sowter says that volunteering and a course in computer skills, literacy, numeracy, how to fill out forms and how to write a resume, are key to her plan of achieving open employment and independent living.

"I volunteer every second Thursday at Animal Welfare League. In the beginning support staff would come with me and assist me with transport. I now travel to and from Animal Welfare League and volunteer independently. The staff tell me that I do a great job and I'm one of their best volunteers. I am treated as an individual and am not treated like I am a person with a disability. They look at what I can do and are positive," Tania said.

Growing daily in confidence, and looking forward to her new life, Tania said that she is gaining skills all the time.

"I write my menu and shopping list without help from support staff, but I know I can ask for help if I need it. I go to the shopping centre by taxi, do my shopping and travel home by taxi. I do this independently and have worked hard to be able to be able to do this. I now cook my dinner each night and will have some help from staff if I need it, but I try to cook as independently as I can."



Cat lover Tania Sowter volunteering with the Animal Welfare League





Image © Brad Marsellos ABC Wide Bay

## LITTLE DID NINE PEOPLE FROM BUNDABERG LEARNING AND LIFESTYLE KNOW THAT THEIR INTEREST IN MARTIAL ARTS WOULD LEAD TO YELLOW BELTS AND ABC WIDE BAY FAME!

According to teacher Ian Fauth, martial arts are great for fitness, coordination and self esteem, and the local group couldn't agree more.

Renee Caldwell, an enthusiastic participant and dedicated student of the sport's rules and etiquette, can't get enough of her new hobby.

"I love it and want to join the night classes," she said.

"One of my favourite things is the sparring and I'm very proud of my weight loss.

"It doesn't matter that I am partly blind, I can still get my yellow belt."

ABC journalists sat in on a session and said that the group was 'kicking down barriers around disability', noting the teacher's pride in their progress and enthusiasm.

Support worker Elizabeth Laksai is delighted to see the group blossoming through taekwondo.

"Everyone has been so excited by this opportunity. Getting to grips with the rules of the 'dojo' and getting their yellow belts has been an empowering experience and, as well as the physical benefits, has given them a boost to keep trying new things."



Tiffany McBroom proudly displaying her artwork.

## Artists get CONNECTED

Artists from Endeavour Foundation's QArt studio proudly displayed their work at this year's CONNECTED Art Exhibition, drawing widespread praise from visitors to the Melbourne showcase.

Nine QArt Artists were finalists this year, including Tiffany McBroom, who relishes any opportunity to paint birds.

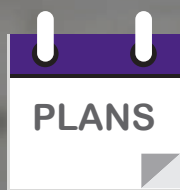
"QArt is a good place to work because they teach me and I can practice my drawings and then paint a canvas. I like to sell my work," Tiffany said.

It's been an exciting year for the Mount Waverley woman, after another of her pieces - the Tree of Life - was donated to Casey Hospital's Special Care Nursery by new Dad Anthony Tavelli, Commercial Manager with Endeavour Foundation, to thank them for their care of his premature son Evan.

"I'm a huge admirer of the works of art produced by the team in QArt and, when we saw the Tree of Life, we instantly knew it was the right gift," Anthony said.



# 5 Easy Steps to the NDIS



## 1 Check your eligibility



You may be eligible to receive an individual support plan if:

- ② you are under 65 years of age
- ② you are an Australia citizen, a permanent resident, or New Zealand citizen who is a Protected Special Category Visa holder
- ② you have a permanent or significant disability that requires help from others to do things, equipment or assistive technology.

Or you need to meet the **early intervention requirements**:

- ② your child is aged under 6 and has a developmental delay and
- ② you or your child have a disability that is likely to be permanent or early supports would reduce how much help you or your child need to do things in the future.

Visit [www.ndis.gov.au/ndis-access-checklist](http://www.ndis.gov.au/ndis-access-checklist) or call **1800 800 110** if you have any questions about your eligibility for NDIS support.

If you are already receiving services from Endeavour Foundation, we will get in touch with you to assist you in preparing for the NDIS roll out in your area.

## 2 Start thinking about your needs and goals



Before you meet with your National Disability Insurance Agency planner, it's a good idea to start thinking about your needs, goals and aspirations. The planning process covers all areas of your life, so it's important to give yourself plenty of time to think this through. You can choose to have family, carers, friends or others to be part of your decision-making or to support you in the planning process, including the meeting with your planner.

How we can support you through the planning process:

- ② We have produced a pre-planning booklet, *Mapping My World*, to make it easy for you to think about the supports you want and need – now and in the future - before meeting with your NDIA planner. Please visit <https://ndis.endeavour.com.au/ndis/resources> to download your copy.
- ② Our **NDIS helpline** is here to help you with any questions you may have about the NDIS and the planning process - call us on **1800 112 112** or email us on [hello@endeavour.com.au](mailto:hello@endeavour.com.au).
- ② We are able to offer one-on-one pre-planning sessions to current customers to assist them in preparing for their first meeting with their NDIA planner.
- ② We are able to support you during your NDIA planning meeting, if you wish. Decisions about your support plan and your NDIS funding package, however remain yours to make with your NDIA planner.

## 3 Meet with your planner and develop your plan



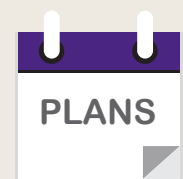
- ② Your NDIA planner will contact you to arrange a meeting at a time that is convenient to you. During this meeting your planner will discuss your goals, work through the supports and services you currently receive and those you'd like to receive in future, in order to develop your individualised plan. Bring your completed pre-planning booklet (step 2) with you, along with any other relevant documentation from current providers, or medical professionals.
- ② Your plan will be based on your goals, circumstances and needs and can include things like your living arrangements, employment, transport, social activities and aspirations. Some people may require more than one meeting with their planner – these can be either face to face or over the phone.

## 4 Put your plan into action



As part of the planning process, you get to decide what works best for you in putting your plan into action and managing funding and service providers that best suit your needs. Depending on how you chose to manage your funding (in step 3), you can either: manage the funding yourself, nominate someone to manage your funding for you, use a registered plan management provider or the NDIA.

## 5 Yearly review of your plan



You will review your plan with your NDIS planner at agreed review dates, usually about every 12 months, to see what's working and what's not. If your circumstances change, you can request a review at any time.





Evan Cooke

"We don't  
have to beg,  
borrow or steal  
anymore"

## SUSAN COOKE FROM TOWNSVILLE IS MUM TO TWO ADULT CHILDREN WITH A DISABILITY, EVAN (PICTURED) AND KATRINA. HERE SHE SHARES HER EXPERIENCES TO DATE WITH THE NDIS.

### *How was your planning meeting, Susan?*

Very straightforward, actually. I've heard from others that wasn't been the case for them, but for us it was. The NDIA initially called me to confirm mine and Evan's details (as Evan was previously accessing DSQ services so he was automatically rolled in to the scheme). Then we received a letter with Evan's NDIS number and shortly afterwards went to our planning meeting.

I went in for the meeting on 7 September and we received the finalised plan and funding on 23 September. I've been surprised how easy the whole process was actually, I was expecting it to be much harder.

### *What advice would you give to other people about the NDIS/ preparing for their planning meeting?*

You really have to sit down and think. I used *Mapping My World*. The day service (L&L) staff helped me fill out what Evan does during the day, and I filled out what he does at home. It was enough to get me started and give us an idea of what the NDIS wanted to know.

Evan's needs are pretty straight forward. He's 27 now but he was born with a disability and has needed some support all his life. However, because we really were just asking for continuation of day services, support coordination and some support for unmet need, his wasn't a complicated plan. I do feel for others who need a lot of equipment or modifications as I hear it's harder with the assessments.

### *Has the NDIS made any difference to your life so far?*

For me personally it's been similar to before, though I think it will make a huge difference for other people with higher levels of

need. Evan is straight forward and we got what we need for him in terms of support.

The big thing for me is that Evan is able to get four hours of support a week that I can roll over and accumulate each week, so we can access respite. This means I'll be able to get away for a weekend and Evan can have a bit more independence, which we weren't really able to do before.

### *Do you have access to any services/supports that you didn't before?*


Some respite, as mentioned. However, my daughter Katrina also has a disability and lives with me and Evan. I am thinking ahead for when I'm older and both of them can maybe live together in an independent house, but share a support worker for their care. This is something I think I'll be looking at in the next plan, in 12 months' time.

### *Final thoughts?*

I'm happy with Evan's plan. I think the NDIS is a good opportunity for a lot of people. Before the NDIS, we had to 'beg, borrow or steal', so to speak, to support our kids. We don't have to do that anymore.

**If you'd like help with your NDIS pre-planning or you have any NDIS queries, please call us on 1800 112 112 or [hello@endeavour.com.au](mailto:hello@endeavour.com.au)**





# Let's talk transport

**TRANSPORT IS A CRITICAL ISSUE FOR PEOPLE WITH A DISABILITY AND, LIKE MANY OTHER AREAS OF LIFE, ARRANGEMENTS ARE GOING TO LOOK VERY DIFFERENT AS PEOPLE TRANSITION TO THE NDIS.**

## MOBILITY ALLOWANCE

Currently, many people who need substantial assistance to use public transport, receive the Mobility Allowance through Centrelink. Once you transition to the NDIS and your plan is in place, this will cease.

However transport supports and funds are available under the NDIS so it's important that you tell your NDIS planner what your transport needs are so that they are adequately funded.

## WHAT ARE THE OPTIONS?

### Public transport

If there are any circumstances in which you can use public transport, you might like to access some capacity building funding under the NDIS, so that you can develop your skills to travel more independently.

### Transport assistance

If no public transport is available from your home to the places you want to go, such as to work or to access the community, or if it isn't suitable for you because of your specific disability, you will probably qualify for NDIS transport assistance funding (although the level of funding will depend on your activities).

Those who qualify will have a range of options to explore, which might include:

- ② Planning your transport use so that it can be entirely covered by the transport funds available under the NDIS, for example by using a contract transport or bus transport service offered by a disability service provider or community transport group.

- ② Building additional transport supports into your NDIS package by utilising other components such as Capacity Building funds for training.
- ② Purchasing your own vehicle and accessing NDIS Capital funds to carry out vehicle modifications so that you can drive yourself or have another person transport you.
- ② You might make an arrangement with your staff members that they will transport you in their own vehicle and then charge you a per-kilometre rate in line with the Tax Office rates.
- ② Or if you don't need transport very often and your support team are agreeable, another option could be for your team member to transport you in their own vehicle, and claim the cost of travel back from the Tax Office when they submit their tax return.

Remember, you will need to think about car insurance in any situation where you are using a private vehicle for transport.

### Taxi Subsidy Scheme

This too will undergo change, depending on which state you're in:

- ② In Queensland, NDIS participants will no longer be eligible for the Taxi Subsidy Scheme (TSS).
- ② In New South Wales, the NDIS will not change the way customers use their Taxi Transport Subsidy Scheme (TTSS) docketts.
- ② The Victorian Government is still working with the NDIA to finalise arrangements for how eligible Multi Purpose Taxi Program (MPTP) users can access transport support under the NDIS. In the meantime they can continue to access the subsidy.

**If you have any other questions about transport, please email them to [hello@endeavour.com.au](mailto:hello@endeavour.com.au) or call us on 1800 112 112.**





## VIRTUAL LEARNING LINE

Our ground-breaking Virtual Learning Environment, targeting rail safety for people with a disability, was showcased at Queensland Rail's pavilion at the 2016 EKKA.



## ADVERTISING LINE

Signage advertising our Appeal and Great Endeavour Rally® enjoyed pride of place at Central, South Brisbane and Roma Street stations.



## GENEROSITY LINE

Thanks to the generosity of Queensland Rail, many people we support have enjoyed a host of movies and events.



# ON TRACK FOR A BETTER FUTURE WITH QUEENSLAND RAIL



## CREATIVITY LINE

The talents of artists with a disability who work at our QArt facility were given a 'platform' thanks to posters on Queensland Rail trains.



## FLOWERS LINE

Mother's Day flowers, grown and picked by people with a disability, were snapped up by the travelling public at Central Station.



## COMMERCIAL LINE

Kingaroy Kitchen has provided gourmet biscuits and cakes on Queensland Rail's long distance services. Our homestyle baked goods were also proudly presented to the Prime Minister at the opening of the Moreton Bay Rail Line.

Thanks also for donations of lost property, discarded furniture and stationary from office fit-outs, the profits from which directly benefited people with a disability.



# 'Light of our lives' drives a Table of Plenty



The Weiss family: Amy, Ethan, Kate and Tal

**KATE AND TAL WEISS, FOUNDERS OF WHOLESOME, NOURISHING FOOD BRAND TABLE OF PLENTY, ARE CELEBRATING NOT ONLY A HEALTHY FOOD GUIDE AWARD FOR THEIR DELICIOUS DUKKAH, BUT THE CONTINUING REWARDS OF THEIR RELATIONSHIP WITH ENDEAVOUR FOUNDATION.**

NOURISHING YOU FOR LIFE



"Our motivation for Table of Plenty has been the same since we first began. To create a company that would connect us to our passion and purpose by creating wholesome food and lifestyle and contributing to breaking down the barriers around disability.

"Our daughter, Amy, has a rare genetic disorder called Rubinstein-Taybi Syndrome, and our life was becoming more and more isolated as Amy's difficulties grew," Kate said.

"To be honest, Amy's birth and eventual diagnosis put everything into perspective and made me think about what was most important. What I found was, I wanted to do something I was passionate about, which is what we refer to as a 'point of plenty'.

"We decided to start our own business; a business that would allow us to reconnect to creativity, which would sustain Amy financially throughout her life, and through which we could support organisations that help people with disabilities.

"And hence our partnership with Endeavour Foundation was born. Table of Plenty creates food products that will help other families to navigate their busy lives while being able to put wholesome and delicious food in their bodies. These products are then beautifully packaged by supported employees, because we believe that work provides people with a disability – like anyone else – with a sense of purpose, an opportunity to contribute and gain skills, and improves confidence and self-esteem.



Supported employees at Oakleigh help bring Table of Plenty to homes across Australia

"Amy is the light of our lives. People don't often get to see the contribution that people with a disability can make, and that's something we are determined to play a part in changing. There is a lot of synergy between Table of Plenty and Endeavour Foundation, through our respect for people with a disability and our determination to champion their potential."

**Table of Plenty products are now available in Coles, Woolworths, Chemist Warehouse and many leading independent supermarkets, speciality shops and health stores.**



# Recipe for success in employment

Community Solutions is celebrating the placement of its 10,000th apprentice on the Sunshine Coast.

Apprentice Chef Leon Chan began his career with the not-for-profit organisation in early October, and is undertaking his practical learning with host employer Caloundra RSL.

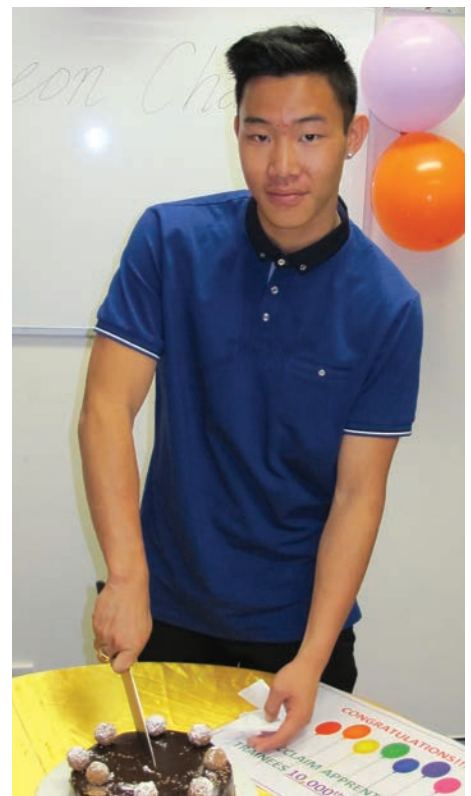
"It's all going pretty well," Leon said. "I have done some chef work before, and I used to do a lot of salads and that type of work, but Caloundra RSL have put me on frying pans and I have picked that up and am learning new skills."

"It's way busier than what I have done before, but I am enjoying it."

Leon's host employer, Caloundra RSL, is one of Community Solutions' biggest employers.

Leon says he is enjoying his new role and colleagues, and looks forward to hopefully getting some experience in the RSL's fine dining restaurant, Aura.

"My first goal is to get qualified. My friends are chefs too, so I would like to one day open a small café on the coast with them, or use my skills to travel."



Leon Chan, Community Solutions' 10,000th apprentice



Eastbank Edible Garden Coordinator Bruce Molloy and Community Solutions' Health and Wellbeing Manager Tendai Dawkins are presented with the Healthy Towns award

## Edible garden reaps rewards

Community Solutions' Eastbank Edible Garden has received a prestigious Health and Happiness Award, in recognition of its contribution to quality of life and encouragement of environmental interaction.

Recognising programs that align with the Healthy Towns principles of connecting local people to the happiness of their town, building on the strengths and resources of their town, and focusing on areas with the greatest need, the award aligned closely with Community Solutions' goals in developing the garden.

Community Solutions' Health and Wellbeing Manager Tendai Dawkins said that the Eastbank Edible Garden, which was also a finalist in the Connections between people award, is accessed on a regular basis by students from Kawana State Primary School, Horticulture Apprentices and Trainees, Community Solutions' service users, and Endeavour Foundation clients and volunteers.

"Utilising sustainable practices aligned with the principles of permaculture, the Eastbank Edible Garden has been designed for disability access and includes a dedicated training shelter for the delivery of training," Ms Dawkins said.

## SEVEN JOBSEEKERS HAVE SECURED EMPLOYMENT AS DISABILITY SUPPORT WORKERS WITH ENDEAVOUR FOUNDATION, AFTER COMPLETING ACCREDITED TRAINING WITH COMMUNITY SOLUTIONS.

The group, who undertook their training in Wide Bay, graduated from their community work skills course in November.

Delivered by Community Solutions, Skilling Queenslanders for Work delivers accredited and non-accredited training to eligible jobseekers with the aim of securing sustainable employment.

The latest training delivered courses including Certificate II Retail, Business and Hospitality; job readiness skills; and community work skills to 170 people – 80 of whom secured employment upon completion.

## Training to meet growing need





Abbey McRae and Katie Absalom

## New beginnings under the NDIS

With the NDIS expected to create up to 20,000 jobs in Victoria alone, Abbey McRae and Katie Absalom chose training provider BRACE to complete their Certificate IV in Disability.

"I wanted to change my career path and already knew from past experience that BRACE is a really good training provider. I like that it is a really welcoming environment where everyone says 'hello' to each other. My trainer also organised our practical placements, which was a big plus," Katie said.

For Abbey, the availability of their trainer was a huge positive.

"When I needed help, I just contacted her and she always responded. I loved completing my qualification with BRACE," she said.

Abbey and Katie, now both working for a local disability service provider, say that supporting people with a disability to enhance their independence and become more confident is immensely rewarding.

## Students give back to community

Students at SkillsPlus in Victoria have rallied together to provide hygiene packs to people who are sleeping rough or homeless.

Cornerstone, a drop-in and contact centre in Dandenong that provides meals and crisis assistance in Casey and Greater Dandenong, welcomes the enthusiastic volunteers every Wednesday.

Recognising that people who are disadvantaged or homeless are often unable to afford basic provisions like toothpaste, toothbrushes, soap or deodorant was a confronting experience for the students, and led them to establish the 'Power to the People' project.

What started as a small project quickly grew, with donation boxes placed at all SkillsPlus offices around Victoria, emails sent from the students to staff, approaches to local stores for donations, and a special fundraising event.

"When I walked into Cornerstone for the first time I finally recognised the meaning of 'community', and soon that word evolved into 'family'. Cornerstone gave me and the other students so much that we decided to give back," student Paris Porter said.

Ben Vasiliou, CEO of SkillsPlus, expressed his pride at the group having taken the initiative to help others.

"A large percentage of our students don't fit the mainstream school environment and are having challenges of their own. Projects like this have an effect both inside and outside of the classroom."

Cornerstone CEO Stephen Barrington said that the students have been "great in getting to know our regulars and going outside their comfort zone. A great way for community to support community".



Nicole Edwards, Liam Drew and Paris Porter with SkillsPlus and BRACE CEO Ben Vasiliou



# New Year, new home



## HOW BETTER TO START 2017 THAN BY SNAPPING UP FIRST PRIZE IN THE NEW YEAR LOTTERY — A \$1M HOME IN THE SCENIC MOUNTAIN CREEK AREA OF THE SUNSHINE COAST?

This luxurious entertainer has three living areas, indoor and outdoor dining areas and a pergola adjacent to the pool. But, in the unlikely event that you tire of the exceptional Sunshine Coast scenery, you can always revel in the incredible feature wall of artwork, by QArt artists with a disability.

The kitchen too will cater to every taste, with both a built-in wine rack and coffee machine, while the games room features a vintage video Atari gaming table, 40" flat screen TV, PS4 with 2 remote handsets and wireless gaming headphones.

If serenity is more your style, retire to the master bedroom, complete with a private balcony, ensuite, and large walk-in robe.

Lottery funds go towards our At Home With Choices program, building modern accessible houses so that people with a disability can have more choice about where and with whom they live.

Purchase tickets online at  
[endeavourlotteries.com.au](http://endeavourlotteries.com.au) or  
call 1800 63 40 40

## Great & Super Endeavour Rallies



- Ⓢ RAISED OVER \$300,000
- Ⓢ 37 CARS SET OUT ON THE GREAT ENDEAVOUR RALLY, 18 WENT ON TO ALSO DO THE SUPER
- Ⓢ COVERED MORE THAN 8,000KM IN THREE STATES/TERRITORIES OVER 18 DAYS

## Melbourne Cup Luncheon



- Ⓢ RAISED OVER \$32,000
- Ⓢ 369 TICKETS SOLD
- Ⓢ FUN, FASHION AND FUNDRAISING





Youth Mentor Dane with Harry



Harry with his mum, Angela

**“THIS PROGRAM IS THE FUTURE OF YOUR CHILDREN. IT’S THE FUTURE OF ALL KIDS THAT NEED HELP.”**

**ANGELA,  
HARRY’S MUM**

## ENDEAVOUR FOUNDATION’S YOUTH MENTOR PROGRAM IS A LIFELINE FOR MANY FAMILIES.

Matching Youth Mentors to a child with a disability, it provides support for children and, often, critical respite for their parents.

With over 70 families on the program's waiting list, the 2016 Christmas Appeal aims to raise 25% more funds than last year.

Harry was diagnosed with Autism Spectrum Disorder at three years old, and the Griffiths have struggled to find funding ever since.

“Harry was very introverted. He wouldn’t really want to go outside, or be out with his family - he didn’t like everyone being all together in a large group,” Angela said.

While mum Angela searched for help, she felt she wasn’t being heard.

“The paediatrician said to me earlier in the year, ‘we don’t need to see Harry again, he’s good’. I said, ‘well yes you do!’ They sit behind a desk and ask a few questions, they don’t see everything we have to do to just get out the door,” Angela said.

“We’ve had to fund everything ourselves.”

Worried about what Harry’s future would look like, Angela reached out for help again and found Endeavour Foundation’s Youth Mentor Program. In July this year, Harry was matched with volunteer mentor Dane.

“We were prepared to try the program knowing things don’t happen all the time. You sort of think of the negative rather than the positive because you don’t want to get your hopes up, but the program exceeded all our expectations,” Angela said.

Harry started developing his social skills after the very first meeting with Dane, and altered the Griffiths’ entire view of what their futures would look like.

“It’s the best thing to ever happen to Harry. It’s his whole personality – he’s smiling, he’s happy. It’s like having a completely different child. It’s just like he’s flipped a switch,” Angela said.

“It’s just his whole life is going to improve immensely, and he’s now even asking me if he can apply for a job at the local supermarket.”

Your donation could be life-changing for families struggling with little or no support.

**Donate now to help the program continue to make a difference, visit [donate2endeavour.com.au](https://donate2endeavour.com.au) or call 1800 63 40 40**





Sam Morrell

# Changing perceptions at Reedy Creek

Sam Morrell, 24, says that having a job has opened up a wide world of opportunity.

"Working helps me to improve my communication and I like talking to people," he said.

Sam first started working at Endeavour Foundation Industries in Burleigh, QLD in 2009 and then joined the Reedy Creek Recycle Centre when it opened in 2014 as part of the council's City of Gold Coast Social Procurement initiative.

"My favourite thing about working at Reedy Creek is that I get to pull stuff apart, like taking the motors out of fans.

"I completed a Cert 1 in Warehousing Operations this year and learned lots of things I can use at work."

Part of a large team, Sam feels he has grown in ability and confidence, particularly with regard to safety, correct manual handling, customer service and working with colleagues.

Alyssa Gordon, Recycling Manager at Reedy Creek, said that customers have a genuine interest in the local team and enjoy "seeing them and having a chat".

"Customers can see, first-hand, what employment means to a person with a disability and it's also an opportunity to change perceptions of intellectual disability. At Reedy Creek we have people of all ages and abilities, doing all different kinds of jobs and all wearing the same uniform."

## COMMITMENT to listen

Endeavour Foundation welcomes feedback and is committed to ensuring people with a disability live lives free from abuse, neglect and exploitation. If you have concerns about any person receiving services and supports, or have a complaint about any aspect of service provided, please contact the **Complaints & Incident Management Unit (CIMU)** on 1300 730 334 or at [complaints@endeavour.com.au](mailto:complaints@endeavour.com.au)

## Emergency Contacts

### EMERGENCY SUPPORT

#### COMMONWEALTH RESPITE & CARELINK CENTRES

1800 052 222 (24 hours)  
Pre-register by phone to gain easier access to support

#### STATE GOVERNMENT DISABILITY SERVICES

Queensland:  
13 74 68  
133 677 – TTY (hearing impaired)  
NSW Metro North: (02) 9407 1855  
Victoria: 1800 783 783

#### CHILD SAFETY SERVICES

Queensland:  
1800 177 135 (24 hours)  
New South Wales:  
132 111 (24 hours)  
Victoria:  
131 278 (24 hours)  
If you believe a child is in imminent danger, please contact the police on 000

#### OTHER USEFUL CONTACTS:

Health Direct – health and hospital information 1800 022 222  
Poisons Information Line 13 11 26  
Ambulance, Fire, Police – life threatening emergencies  
000 – landline  
106 – TTY (hearing impaired)  
112 – mobile  
Alcohol and Drug Information Services  
1800 422 599

### SUPPORT CONTACTS

#### ENDEAVOUR FOUNDATION DISABILITY AND COMMUNITY SERVICES

1800 ENDEAVOUR (1800 363 328)

In Queensland, short-term, one off disability support is also available to eligible people through the following local contacts:

#### CENTRAL QLD

Suncare Community Services (Wide Bay): (07) 4151 6400  
Endeavour Foundation: 1800 363 328  
Central Highlands & Western Queensland Family Support Association (Emerald): (07) 4987 7933  
Gladstone Community Linking Agency: (07) 4972 8855

#### SOUTH WEST QLD

ALARA (Ipswich): (07) 3817 0600  
Breakaway Toowoomba: (07) 4639 5100

#### BRISBANE

FSG Australia: (07) 3274 3655

#### NORTH QLD

Endeavour Foundation: 1800 363 328

#### FAR NORTH QLD

ARC: (07) 4046 3600

#### NORTH COAST

Suncare Community Services: 1800 052 222

#### SOUTH EAST QLD

FSG Australia: (07) 5501 2400  
Ability Care: (07) 3800 4577

## Get involved

Area Committees are an important part of the governance structure of Endeavour Foundation.

By being involved in a local Area Committee, family members, carers and supporters can provide information and feedback in relation to local services, educate the community about disability, raise the profile of the organisation, and raise funds.

Get in contact with the Area Committee Chair in your region to find out more.

**Far North Queensland:** [FNQAC@endeavour.com.au](mailto:FNQAC@endeavour.com.au)

**North Queensland:** [NQAC@endeavour.com.au](mailto:NQAC@endeavour.com.au)

**Central Queensland:** [CQAC@endeavour.com.au](mailto:CQAC@endeavour.com.au)

**Wide Bay:** [WBAC@endeavour.com.au](mailto:WBAC@endeavour.com.au)

**Moreton – Sunshine Coast:**  
[M-SCAC@endeavour.com.au](mailto:M-SCAC@endeavour.com.au)

**Brisbane Metropolitan:** [BRISAC@endeavour.com.au](mailto:BRISAC@endeavour.com.au)

**South East Queensland:** [SEAC@endeavour.com.au](mailto:SEAC@endeavour.com.au)

**South West Queensland:** [SWAC@endeavour.com.au](mailto:SWAC@endeavour.com.au)

**Sydney:** [SYDNEYAC@endeavour.com.au](mailto:SYDNEYAC@endeavour.com.au)

**Victoria:** [VICAC@endeavour.com.au](mailto:VICAC@endeavour.com.au)



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