

Respite

We offer a variety of flexible and individualised respite options for children, youth and adults designed to suit a wide range of care needs and differing life circumstances.

From at home respite to planned, short-term breaks to emergency respite, all our offerings are underpinned by a strong belief that respite should be a positive experience for the person with a disability and their loved ones.

Respite can provide increased independence from informal carers, access to the community, life skills and learning, a break from routine and a way to make new friends.

We ensure that all parties are comfortable and confident their specific care needs will be met, individualised support plans are in place and privacy is respected.

Children and youth are matched with others with similar interests and well suited personalities in fun, age-appropriate and fully supervised environments.

Our range of options include:

Flexi respite provides short-term, flexible respite to people with a disability. Whatever you would like to do with your couple of hours, our qualified staff will be able to assist in your home or out and about in the community.

Centre-based day respite provides weekday support to people with a disability in a relaxed environment. Community, social and recreational activities are available.

Overnight respite provides extended respite services for clients who live at home with a carer. An onsite coordinator and qualified permanent staff provide individualised support from a single night up to two weeks.

A range of activities and outings are available, including games and day trips, as well as life skills training.

Vacation/sibling respite is a school holiday program for children with a disability aged 2 to 18 years old, and for primary school-aged siblings

It is a semi-structured program that includes community outings, arts and crafts, and a range of other activities designed to stimulate and entertain children and young people. One-on-one support can be requested.

North Queensland Emergency Response Support

Through the Queensland Department of Communities, Endeavour Foundation is able to provide one-off Emergency Response Funding for respite for people with a disability and/or their families who are in urgent need. Available in Mackay and Townsville.

To talk to someone about respite options, contact us.

For more information



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**REAL
POSSIBILITIES**