21.04.2025 - 14.07.2025



What's on!

Monday



Get ready to shout "Bingo!" and win amazing prizes in this fast-paced, classic game of luck and excitement! It's a thrill-packed afternoon where every number called brings you closer to victory!















10.00am - 12.30pm

Step it up with a fun fitness session that gets your heart racing and your feet moving. Perfect for those looking to stay active, have fun, and enjoy the fresh air!









Navigate the world of public transport like a pro! Learn how to confidently travel on buses and trains, empowering you to explore new places with ease.









Ine Stitch Squad 12:30 - 2:30pm

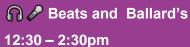
Grab your needles and thread - it's time to stitch, sew, and create stunning fabric masterpieces. From simple designs to advanced creations, this is your space to shine!











Sing your heart out! Whether you're belting out a ballad or jamming to a beat, this karaoke and music session is all about fun and expression.







■ Transit Training (all day) 12:30 - 2:30pm

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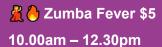


What's on!

Tuesday



Embark on a wild adventure at the Australia Zoo! Get up close with incredible animals and experience the wonders of the animal kingdom



Dance like nobody's watching! Move to the beat in this high-energy, feelgood class that's more of a party than a workout.



10.00am - 12.30pm

Unleash your inner artist in this handson creative session! Paint, design, and craft unique pieces while exploring different materials and techniques.



























Embark on a wild adventure at the Australia Zoo! Get up close with incredible animals and experience the wonders of the animal kingdom



If you love baking and indulging in delicious treats, this is for you! Learn how to make scrumptious desserts and enjoy them with friends.

Op-Shop Adventures \$1 -\$5 12:30 - 2:30pm

Hunt for treasures at local op-shops! Whether you're on the lookout for vintage finds or unique items, it's an exciting shopping spree that's full of surprises.

























21.04.2025 - 14.07.2025



What's on!

Wednesday



Strike up some friendly competition in this fun-filled bowling session. Knock down pins, celebrate victories, and enjoy a great time with friends.











Cool off and make a splash! Enjoy

swimming, fun water games, and building confidence in the pool with a

supportive and friendly atmosphere.



Splash & Swim \$6

10.00am - 12.30pm

Get creative with all things crafty! Paint, cut, and design your way through fun projects and take home your own unique creations.





10.00am - 12.30pm Join this culinary adventure and learn how to whip up delicious dishes!

The Chef's Table \$5

Whether you're a beginner or a pro, it's all about having fun in the kitchen.



The Game Zone 12:30 - 2:30pm

From board games to fun challenges, this is the place to let loose and have a blast with friends! A perfect mix of strategy, laughter, and good times.











Enhance your literacy and numeracy skills in this relaxed, fun-filled environment. Practice, play, and learn while building confidence in reading, writing, and math.

Numbers & Narratives

12:30 - 2:30pm

ABCDEFGH LJKLMXOP QRSTUVWX Y Z 0 1 2 3 4 5 6 7 8 9 # / -









21.04.2025 - 14.07.2025



What's on!

Thursday



10.00am - 12.30pm

A social gathering filled with laughter, stories, and activities that keep everyone connected. Relax, have fun, and share some great memories with new friends.



Action Sports

12:30 - 2:30pm















Reel Adventures \$6

Cast your line, relax, and enjoy the

peaceful serenity of fishing by the

water. Whether you're a seasoned pro

or a beginner, it's a great way to

unwind and catch some fresh air.

Dig in the dirt, plant seeds, and grow

your own garden! Whether it's flowers

or veggies, this hands-on gardening

session is all about nurturing nature.

10.00am - 12.30pm

12:30 - 2:30pm

Get active with a variety of exciting sports and games! Whether you're playing for fun or competing in a friendly match, there's something for everyone.























Coffee with a View \$5

Sip your Favorite coffee, chat with friends, and take in the sights on a relaxing exploration adventure. It's all about great company and even greater views!











12:30 - 2:30pm

Explore the future of technology! Get hands-on with the latest gadgets, learn about cool innovations, and unlock new skills for the digital world.











21.04.2025 - 14.07.2025



What's on!

Friday

Coolum



Fire up the grill and enjoy a delicious BBQ feast in good company! With great food and even better vibes, it's the perfect outdoor gathering.















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Heartbeats & Drum \$10

Get in rhythm with the drum circle!

It's all about energy, movement, and

making beautiful music together. Feel

the beat and become part of a

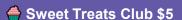
powerful community experience.

10.00am - 12.30pm









12:30 - 2:30pm

If you love baking and indulging in delicious treats, this is for you! Learn how to make scrumptious desserts and enjoy them with friends.











Navigate the world of public transport like a pro! Learn how to confidently travel on buses and trains, empowering you to explore new places with ease.









Popcorn & Flicks 12:30 - 2:30pm

Sit back, relax, and enjoy a movie with fresh popcorn! It's the perfect way to unwind and have some fun while enjoying a good film.









Operating Hours

Monday – Friday

8.30am - 5pm

Contact Us for More Information

Phone: 1800 112 112

Email: hello@endeavour.com.au



Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- · Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- · Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- · Drumming Circle
- · Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Codina
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- · 3D printing

Recreation

Activities that support people to:

- Art and craft Art groups
- Bowling
- Photography and video
- · Music (listening to, playing)
- Fishina
- · Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day