



Labrador Learning & Lifestyle
























Program Calendar






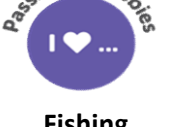





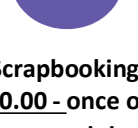
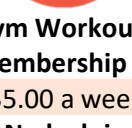












January 2024


















































NDVR
Endeavour Foundation



Week 1/4	January 2024				
	Mon, 8 January	Tue, 9 January	Wed, 10 January	Thu, 11 January	Fri, 12 January
8:00 - 9:30	Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	 First Day Back for 2024 Social Morning & Catch up Tidy and Prep for 2024	 Numeracy & Literacy	 Healthy Baking • \$3	 Art Project• \$3.00	No Crossroads
	 Fishing • \$3.00	 Horse Therapy • \$12.00 CASH ONLY <u>Please Bring:</u> • Cold Lunch	 Karaoke	 Take home Cooking & Thrive Booklet • \$5.00 Pack Container	 Social Sports Day, Water games & BBQ Lunch <u>Please Bring:</u> • \$10.00 cash • <u>Togs & Hat</u> • <u>Water bottle</u>
Afternoon Session	 Coffee Critics & Review Writing • \$10	 Morning Tea Out & Beach Lookout	 Organising memberships for gym participants	 Rainforest Walk	
	 Get Ready for Employment: Recycling	 Barista Training-Cool Summer Beverages • \$3 (Cash Only)	 Scrapbooking \$10.00 - once off payment to purchase scrapbook	 Bingo • \$3.00 Can win prizes!	 Battle of the Bands Practice
	 Comedy Club	 Technology: iPad & Virtual Reality	 Cricket in the backyard	 THRIVE	 Social Night 2:30PM-7:30PM

Week 2/4	January 2024				
	Mon, 15 January	Tue, 16 January	Wed, 17 January	Thu, 18 January	Fri, 19 January
8:00 - 9:30					
Morning Session	 Coffee Critics & Review Writing • \$10	 Numeracy & Literacy	 EFI Cooking Program	 Op Shopping • \$10	 Water Therapy \$6.00 Please Bring: • Swimwear • Hat
	 Fishing • \$3.00	 All Ability Aged Cycling	 Karaoke	 Take home Cooking & Thrive Booklet • \$5.00 Pack Container	 Travel Training to Bowling Please Bring: -Go Card or \$5.00 for tram ticket -\$8.00 for bowling
	 Music Therapy	 Scrapbooking \$10.00 - once off payment to purchase scrapbook	 Gym Workout - Membership of \$5.00 a week No lock-in contract	 Seasonal Art Project • \$3.00	 Barista Training- Cool Summer Beverages • \$3 (Cash Only)
Afternoon Session	 Vehicle Upkeep	 Barista Training- Cool Summer Beverages • \$3 (Cash Only)	 Scrapbooking \$10.00 - once off payment to purchase scrapbook	 Bingo • \$3.00 Can win prizes!	 Battle of the Bands Practice
	 Craft • \$3.00	 Technology: iPad & Virtual Reality	 Cricket in the backyard	 THRIVE	 Group Discussion - Customer Service Meeting

Week 3/4	January 2024				
	Mon, 22 January	Tue, 23 January	Wed, 24 January	Thu, 25 January	Fri, 26 January
8:00 - 9:30	Household Responsibilities; Morning Tea; Morning Thrive Session				
Morning Session	 Movie Buffs: Cinema Outing & Movie Review • \$15	 Horse Therapy • \$12.00 CASH ONLY <u>Please Bring:</u> • Cold Lunch • Enclosed shoes	 EFI Cooking Program	 Art Project• \$3.00	  Public Holiday: Australia Day
	 Fishing • \$3.00	 Morning Tea Out & Beach Lookout	 Karaoke	 Take home Cooking & Thrive Booklet • \$5.00 Pack Container	
	 Coffee Critics & Review Writing • \$10	 Scrapbooking \$10.00 - once off payment to purchase scrapbook	 Gym Workout - Membership of \$5.00 a week No lock-in contract at Planet Fitness	 Rainforest Walk & picnic lunch	
Afternoon Session	 Get Ready for Employment: Recycling	 Barista Training- Cool Summer Beverages • \$3 (Cash Only)	 Scrapbooking \$10.00 - once off payment to purchase scrapbook	 Bingo • \$3.00 Can win prizes!	
	 Comedy Club	 Technology: iPad & Virtual Reality	 Cricket in the backyard	 THRIVE	

Week 4/4	January & February 2024				
	Mon, 29 January	Tue, 30 January	Wed, 31 January	Thu, 1 February	Fri, 2 February
8:00 - 9:30					
Morning Session	 Coffee Critics & Review Writing • \$10	 Numeracy & Literacy	 EFI Cooking Program	 Op Shopping • \$10	 Water Therapy \$6.00 Please Bring: • Swimwear • Hat
	 Fishing • \$3.00	 All Ability Aged Cycling	 Karaoke	 Take home Cooking & Thrive Booklet • \$5.00 Pack Container	 Travel Training to Bowling Please Bring: -Go Card or \$5.00 for tram ticket -\$8.00 for bowling
	 Music Therapy	 Scrapbooking \$10.00 - once off payment to purchase scrapbook	 Gym Workout - Membership of \$5.00 a week No lock-in contract	 Horse Riding NDIS invoiced	 Barista Training-Cool Summer Beverages • \$3 (Cash Only)
Afternoon Session	 Vehicle Upkeep	 Barista Training-Cool Summer Beverages • \$3 (Cash Only)	 Scrapbooking \$10.00 - once off payment to purchase scrapbook	 Bingo • \$3.00 Can win prizes!	 Battle of the Bands Practice
	 Craft • \$3.00	 Technology: iPad & Virtual Reality	 Cricket in the backyard	 THRIVE	 Centre Based Games