

What's on at Kingston L&L

May 2025

Monday

05/05/2025

9am – 12pm

LABOUR DAY
Centre closed due to
PUBLIC HOLIDAY.

CLOSED

Tuesday

06/05/2025

Eagleby Dance
\$7.00



Thrive Learning



Wednesday

07/05/2025

Thrive Virtual
Reality



Mother's day
Prep **\$10**



Thursday

08/05/2025

Mother's Day Prep



Swimming
\$7.00



Friday

09/05/2025

Mother's Day Prep-

Inviting the families

Mother's Day
Morning Tea



Lunch (12pm – 1pm)

12pm – 2.00pm

LABOUR DAY
Centre closed due to
PUBLIC HOLIDAY.

CLOSED

Gardening



Centre Based Activity



Talent Show
Practice



Meditation & Learning
emotional regulation
strategies



Thrive Learning



Trivia Quiz



Car care



Centre reset



What's on at Kingston L&L

May 2025

Monday

12/05/2025

8am – 12pm

MEAL PREP.
Lunch Provided
\$5.00



**Gardenin
g**



**Thrive @
Life**



Tuesday

13/05/2025

Cycling Without Age
@ 10:30am
Rocks Riverside Park (near
coffee van)



Eagleby Dance
\$7.00



Wednesday

14/05/2025

Cash For Cans /
Fundraising Event
Planning



Bowling
\$7



Thursday

15/05/2025

Gym Program



Swimming
\$7.00



Friday

16/05/2025

Pottery
\$10 (Monthly)



Op Shopping
\$5.00 (if you wish)



Lunch (12pm – 1pm)

1pm – 2.00pm

Talent show
preparations



Footy
Tipping



Stretching
&
Meditation



Arts & Crafts /
Scrapbooking



Centre Based Activity



Personal Hygiene
Thrive & IT Programs



Talent Show Practice



Gardening



Learning Thrive



Event Planning



Centre reset



What's on at Kingston L&L

May 2025



Monday

19/05/2025

9am – 12pm

Café drink out
\$10
take morning tea

Recreation

Gardening

Passion & hobbies

Thrive @ life

Foundations

Tuesday

20/05/2025

Beach day out!
Bring Morning tea & lunch that
DOESN'T REQUIRE HEATING.

Wednesday

21/05/2025

Thrive Virtual Reality



Wood/Pallet projects
\$10 fortnightly



Thursday

22/05/2025

Scrapbooking



Swimming
\$7.00



Friday

23/05/2025

Barista Café Skills
\$2.00 if you wish to purchase a drink



Outdoor Activity



Lunch (12pm – 1pm)

12pm – 2.00pm

Talent show preparation

Special events

Footy Tipping

Recreation

Stretching & Meditation

Social engagement

Beach Day Out



Talent Show Practice



Meditation & Learning emotional regulation strategies



Thrive Learning



Trivia Quiz



Car Care



Centre reset



What's on at Kingston L&L

May 2025


Monday

26/05/2025

9am – 12pm


Meal Prep.
\$5
lunch provided

Life skills




Gardening

Passion & hobbies



Thrive @ life

Foundations




Tuesday

27/05/2025


Cycling Without Age @ 10:30am
Rocks Riverside Park
(near coffee van)

Passion & hobbies



Eagleby Dance
\$7

Social engagement




Wednesday

28/05/2025


Cash For Cans Recycling/ Fundraising Event Planning

Passion & hobbies



Bowling
\$7.00

Social engagement




Thursday

29/05/2025


Gym

Healthy



Swimming
\$7.00

Recreation



Friday

30/05/2025

Pottery (\$10 a month charge)

Recreation



Op Shopping
\$5.00 (if you wish)

Passion & hobbies



Lunch (12pm – 1pm)

12pm – 2.00pm

Talent show preparation

Special events



Footy Tipping

Recreation




Stretching & Meditation

Passion & hobbies




Scrapbooking/ Arts & craft

Passion & hobbies




Centre Based Activities

Social engagement




Personal Hygiene/ IT Thrive Program

Life skills




Talent Show Practice

Recreation




Learning Thrive

Foundations



Gardening

Recreation



Event Planning

Life skills



Centre Reset

Life skills



What's on at Kingston L&L

June 2025

Monday

02/06/2025

9am – 12pm

Café drink out
\$10.00
Take morning tea

Recreation

Gardening

Life skills

Thrive @ Life

Foundations

Tuesday

03/06/2025

Capalaba Produce farm

Passion & hobbies

Picnic & Walk
Pack Lunch

Social engagement

Wednesday

04/06/2025

Thrive - Virtual reality

Technology

Wood/Pallet projects
\$10 fortnightly

Life skills

Thursday

04/06/2025

Scrapbooking

Passion & hobbies

Swimming
\$7.00

Recreation

Friday

06/06/2025

Special Program.
SOUP KITCHEN & Lunch Cooking
\$5.00 each

Special events

Lunch (12pm – 1pm)

12pm – 2.00pm

Talent Practice

Special events

Footy Tipping

Recreation

Meditation & Stretching

Passion & hobbies

Scrapbooking / Arts & Craft

Passion & hobbies

Centre Based Activity

Social engagement

Talent Show Preparation

Recreation

Meditation & Learning emotional regulation strategies

Passion & hobbies

Learning Thrive

Foundations

Trivia Quiz

Passion & hobbies

Centre reset

Life skills

Car care

Life skills