

# Maryborough Learning & Lifestyle Weekly Program



September 2025

# Monday

Hervey Bay to Maryborough

## Morning Activities – Xbox set up with bowling prior to 9am

9.15am  
to  
12.00pm

### Walking Group & Road Safety



### Men's Shed (Week 1)

(\$40 yearly insurance/ \$2  
Per Week)



### Fraser Coast 8 Ball (Week 2)

(\$5 per week + extra for  
drink)



## Lunch Break 12.00pm-12.30 /1:00PM

1:00pm  
to  
3:00pm

### Art, Craft and Shopping ( For Tuesday Baking)



### Cooking: Making Dinner (\$5-\$10 Per Week)



# Tuesday

**Morning Activities – Xbox set up with bowling prior to 9am**

## **Baking & Board Games (\$5-\$10 Per Week)**

**9:15 am  
To  
12:00PM**



## **Sewing**



**Lunch Break 12.00pm-12.30 / 1:00PM**

**1:00pm  
To  
3:00pm**

## **Boogie Bounce (\$10 Per Week) (From 1:30pm)**



## **Coffee shop And Sewing (Money for coffee)**





# Wednesday

Morning Activities – Xbox set up with bowling prior to 9am

9.15am  
to  
12.00pm

Perform Ability  
(\$\$ TBA)



Bowling  
(\$10.00 Per Week)



Shopping  
For  
Thursday  
cooking

Lunch Break 12.00pm-12.30pm / \$1:00PM

If attending Perform Ability or Boogie Bounce \$5 BBQ LUNCH

1.00pm  
to  
3.00pm

Karaoke



*Pamper Day and Personal  
Hygiene*



# Thursday

Hervey Bay to Maryborough

## Morning Activities – Xbox set up with bowling prior to 9am

9.15am  
to  
12.00pm

**Women's Shed**  
(\$40 yearly insurance/ \$10  
Per Week)



**Lunch Preparation:**  
(\$5-\$10 Per week)



**Chatterbox**  
(Gold coin donation)



Lunch Break 12.00pm-12.30pm / 1:00pm

1.00pm  
to  
3.00pm

**Thrive Programs**  
(W/ Sandy)



**Coffee Shop**  
(Money for Coffee)



# Friday

CRAZY SOCK DAY!

Morning Activities – Xbox set up with bowling prior to 9am

9.15am  
to  
12.00pm

Bowling  
(\$10 Per Week)



Art, Craft & Shopping (For  
Monday cooking)



Lunch Break 12.00pm-12.30pm / 1:00pm

Movies and Popcorn in  
center

1.00pm  
to  
3.00pm



8 Ball / Pool

