























Warwick Learning & Lifestyle  
Customer Copy

Program: September-December 2025					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Session 1</b> <b>9am-12:00pm</b>	What happening today? /Sign Language Practice   VR/ Technology/ games   Shopping list and Budgeting   Learn to Cook! (Lunch) <b>\$10</b>	What happening today? /Sign Language Practice   Arts and Crafts/ Penpals   Or  Tuesday Trivia/Bingo  	What happening today? /Sign Language Practice   Music and Games   Move Your Body   Shopping, write a List, recipe writing and Budgeting  	What happening today? /Sign Language Practice   Shopping List, follow a recipe, budgeting & grocery shopping   Learn to Cook (Lunch) <b>\$10</b>	What happening today? /Sign Language Practice   Building Social Connections Program   Friday Program
<b>Session 2</b> <b>12:30pm-2:30pm</b>	Healthy habits   Visit to the Library  	 Coffee/Drink Community Outing <b>\$10</b>	Cooking Afternoon Tea <b>\$5</b>  This will change to swimming once the weather warms up. Cost TBA Crafts/ Activities  	Go for a walk/Mindfulness & Relaxation Techniques   VR/ Technology or Craft  	Friday Program  
<b>2:30pm-3:00pm</b>	Tidy up / prepare for pick up	Tidy up / prepare for pick up	Tidy up / prepare for pick up	Tidy up / prepare for pick up	Tidy up / prepare for pick up

## Learning & Life Skills Icons & Definitions



statistics.

**Foundation Skills** supports skill

development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and



**Life Skills** focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities utilising local connections and support,



**Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site



**Healthy Body / Healthy Mind** focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



**Technology** utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



**Recreation** provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



**Employment** focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications in order to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



**Passion & Hobbies** is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.