

**Hervey Bay Learning & Lifestyle TIMETABLE**

MONDAY 1 <sup>st</sup>	TUESDAY 2 <sup>nd</sup>	WEDNESDAY 3 <sup>rd</sup>	THURSDAY 4 <sup>th</sup>	FRIDAY 5 <sup>th</sup>
<b>L and L closed</b> <b>Public holiday</b> 	<b>Dance in office</b> 	<b>Fraser Coast Community Gardening</b> 	<b>Wodfit \$10</b>  <b>FITNESS</b> <b>Shopping for Friday</b>	<b>Cooking class</b>  <b>Plan next week's cook \$6</b>
	<b>BYO picnic Lunch</b> <b>Park Games</b> 	<b>BBQ Lunch \$6</b> <b>Writing to Pen Pals</b> <b>Cooper Plains L and L</b>	<b>BYO Lunch</b> <b>Swimming \$3.40 or pool pass</b> 	<b>Lunch Provided</b> <b>Thrive learning</b> 
MONDAY 8 <sup>th</sup>	TUESDAY 9 <sup>th</sup>	WEDNESDAY 10 <sup>th</sup>	THURSDAY 11 <sup>th</sup>	FRIDAY 12 <sup>th</sup>
<b>BINGO</b> <b>Tenpin bowling 11am \$10</b> 	<b>In-House MOVIE TIME</b> 	<b>Fraser Coast Community Gardening</b> 	<b>Wodfit Beach Road \$10</b>  <b>FITNESS</b> <b>Shopping for cooking</b>	 <b>Cooking Class \$6</b>
<b>BYO Lunch</b>	<b>BYO Lunch</b>	<b>BBQ \$6</b>	<b>BYO Lunch</b>	<b>Lunch Provided</b>
<b>Craft</b> 	<b>In -House Zumba \</b> 	<b>Walk on the Esplanade</b> 	<b>Swimming \$3.40 Pool pass</b> 	<b>Thrive Learning Module</b> 
<p><b>IMPORTANT THINGS TO REMEMBER:</b>  <b>Morning Session: 9am – 12:00</b>  <b>Lunch: 12:00-1:00</b>  <b>Afternoon Session: 1:00-3:00</b></p>				

**Hervey Bay Learning & Lifestyle TIMETABLE**

- Water Bottle
- Wear Enclosed Shoes
- Wide Brim Hat

- Towel for workouts
- Communication book
- Sunscreen
- Change of clothes

Monday 15 <sup>th</sup>	Tuesday 16 <sup>th</sup>	Wednesday 17 <sup>th</sup>	Thursday 18 <sup>th</sup>	Friday 19 <sup>th</sup>
<b>Bingo and bowling \$9</b> 	<b>Board games</b> 	<b>Fraser Coast Community Gardening</b> 	<b>Wodfit</b> <b>FITNESS</b> <b>Cooking Shopping for Friday \$10</b> 	<b>Cooking class \$6</b>  Choose recipe for next week
<b>BYO Lunch</b>  Craft	<b>BYO Lunch</b> <b>Park Games</b> 	<b>BBQ \$6</b>  Walk on the Esplanade	<b>BYO Lunch</b> <b>Swimming + \$3.40 or pool pass</b> 	<b>Lunch Provided</b> <b>Thrive Learning Module</b> 
Monday 22 <sup>nd</sup>	Tuesday 23 <sup>rd</sup>	Wednesday 24 <sup>th</sup>	Thursday 25 <sup>th</sup>	Friday 26 <sup>th</sup>
<b>Bingo &amp; Games</b>  <b>Bowling \$10</b>	<b>In -House Zumba with Maria</b> 	<b>Fraser Coast Community Gardening</b> 	<b>Wodfit</b> <b>FITNESS</b> <b>Cooking Shopping for Friday \$10</b> 	<b>Closed for Australia Day</b> 
<b>BYO Lunch</b> <b>Craft</b> 	<b>BYO Lunch</b> <b>Craft</b>  <b>Music</b> 	<b>BBQ \$6</b> <b>Meditation</b>  <b>Card and board games</b>	<b>BYO Lunch</b> <b>Swimming + \$3.40 or pool pass</b> 	

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Monday 29 <sup>th</sup>	Tuesday 30 <sup>th</sup>	Wednesday 31 <sup>st</sup>	Thursday 1st	Friday 2 <sup>nd</sup>
<b>Bingo &amp; Games</b>  <b>Bowling \$10</b>	<b>In -House Zumba</b> 	<b>Walking Football</b>  <b>\$10</b>	<b>Wodfit</b>  <b>Cooking Shopping for Friday \$10</b>	 <b>Double COOK Making Dinner \$12</b>
<b>BYO Lunch</b>	<b>BYO Lunch</b>	<b>BBQ \$6</b>	<b>BYO Lunch</b>	<b>Lunch Provided</b>
<b>Craft</b> 	<b>Art Gallery Visit</b> 	<b>Meditation</b>  <b>Card and board games</b>	<b>Swimming</b> <b>+ \$3.40 or pool pass</b> 	<b>Thrive Learning Module</b> 

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