

# Keon Park Learning and Lifestyle hub

Term 2 2025: 22/04/2025 – 04/07/2025

## What's on!

### Literacy & Numeracy

09:00am - 11:00am

This is a chance to practice your reading, writing & math skills. Whether your goal is to learn to identify letters and numbers or write your own stories and create your own personal budget, this program caters to all!



### Monday Motions

11:00am – 12:30pm

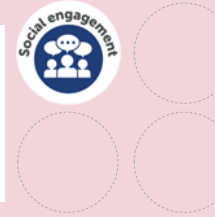
In this program you will keep your body fit and healthy and have fun while doing it! Monday motions involves anything from Zumba to the Driving Range, Tennis to Tai Chi!



### Lunch at KP

12:30pm – 13:00pm

Enjoy a well-deserved Lunch Break with your friends at the L&L Program!



### Music

13:00pm - 15:00pm

Whether its learning to play the guitar, or music trivia that you're interested in. This program is for you!



### Budgeting & Shopping

09:00am - 11:00am

In this program you will learn how to count money and create budgets. Each week you will develop a grocery list and budget which you will then use to head out to the local supermarket to purchase ingredients for cooking



### Cooking

11:00am – 12:30pm

\$5.00

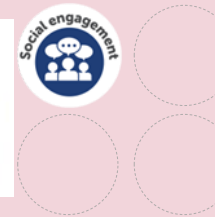
With the ingredients you purchased in budgeting, you will then cook a delicious meal for lunch with a focus on Healthy Eating, Nutrition, Kitchen Safety and Tasty Food, this program is for you!



### Lunch at KP

12:30pm – 13:00pm

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### Literacy & Numeracy

13:00pm – 15:00pm

This is a chance to practice your reading, writing & math skills. Whether your goal is to learn to identify letters and numbers or write your own stories and create your own personal budget, this program caters to all!



MONDAY

TUESDAY

# Keon Park Learning and Lifestyle hub

Term 2 2025: 22/04/2025 – 04/07/2025

## What's on!

## WEDNESDAY

### Computers

09:00am - 11:00am

In this program you will learn the basics of using computers. Work to improve your typing skills, various Microsoft programs, cyber safety, or even learn how to use VR!



### Art & Craft

11:00am – 12:30pm

Get creative in our Art & Craft program. Here you will have the opportunity to make your own creations in the form of clay, sewing, painting, lino carving, candle making and much more. The possibilities are endless!



### Lunch at KP

12:30pm – 13:00pm

Enjoy a well-deserved Lunch Break with your friends at the L&L Program!



### Gardening

13:00pm – 15:00pm

Get your green thumb on in our very own on-site veggie garden. Here you will have the opportunity to learn about growing your own produce and take on the responsibility of caring for your crop



### Bowling

\$9.00 per game

16:00pm – 18:00pm

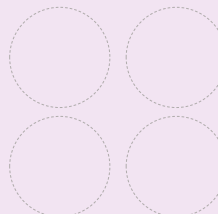
Take a trip to one of many local Bowling Alleys and try your hand at bowling. This is a great way to keep our bodies healthy, socialise with our peers and ultimately, have fun!



### Expressions of Interest

0:00pm - 0:00pm

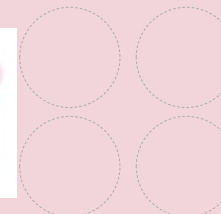
We are looking forward to expanding and creating further learning opportunities for the people we support. Don't see the program that you're interested in? Let us know and we would love to integrate it into our awesome program!



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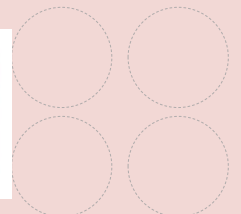
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# Keon Park Learning and Lifestyle hub

Term 2 2025: 22/04/2025 – 04/07/2025

## What's on!

## THURSDAY

GROUP A

**Out & About** \$Cost may vary  
09:00am – 15:00pm

In this program you will get to go on a new and exciting excursion every week! Anything from museums to the zoo, road trips to swimming, and the movies to minigolf. Each week is a new adventure!



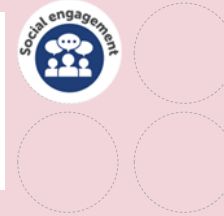
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**Lunch at KP**  
09:00am – 15:00pm

Enjoy a well-deserved Lunch Break with your friends at the L&L Program!



**Out & About** \$Cost may vary  
09:00am – 15:00pm

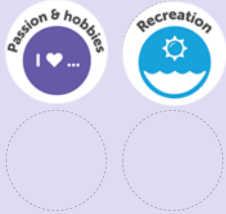
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GROUP B

**Art & Craft**  
09:00pm – 11:00am

Get creative in our Art & Craft program. Here you will have the opportunity to make your own creations in the form of clay, sewing, painting, lino carving, candle making and much more. The possibilities are endless!



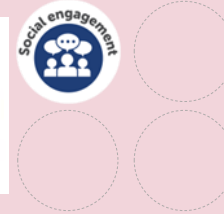
**Cooking** \$5.00  
11:00am – 12:30pm

With the ingredients you purchased in budgeting, you will then cook a delicious meal for lunch with a focus on Healthy Eating, Nutrition, Kitchen Safety and Tasty Food, this program is for you!



**Lunch at KP**  
12:30pm – 13:00pm

Have a well-deserved Lunch Break with your friends at the L&L Program and enjoy the meal that you have prepared with your own hands.



**Bowling** \$9.00 per game  
13:00pm -15:00pm





# Keon Parking Learning and Lifestyle hub

Term 2 2025: 22/04/2025 – 04/07/2025



What's on!

FRIDAY

GROUP A

Beginners AUSLAN

09:00am – 11:00am

Description of activity description of activity description of activity description of activity description of activity.



Foundations

Social engagement

Cooking

\$5.00

11:00am – 12:30pm

With the ingredients you purchased in budgeting, you will then cook a delicious meal for lunch with a focus on Healthy Eating, Nutrition, Kitchen Safety and Tasty Food, this program is for you!



Life skills

Passion & hobbies

Healthy

Activity fee

Lunch at KP

12:30pm – 13:00pm

Have a well-deserved Lunch Break with your friends at the L&L Program and enjoy the meal that you have prepared with your own hands.




Social engagement

Bowling

\$9.00 per game

13:00 - 15:00pm

Take a trip to one of many local Bowling Alleys and try your hand at bowling. This is a great way to keep our bodies healthy, socialise with our peers and ultimately, have fun!



Social engagement

Healthy

Recreation

Activity fee

GROUP B

Out & About

\$cost may vary

09:00am – 15:00pm

In this program you will get to go on a new and exciting excursion every week! Anything from museums to the zoo, road trips to swimming, and the movies to minigolf. Each week is a new adventure!



Social engagement

Recreation

Life skills

Activity fee

Out & About

\$cost may vary

09:00am – 15:00pm

In this program you will get to go on a new and exciting excursion every week! Anything from museums to the zoo, road trips to swimming, and the movies to minigolf. Each week is a new adventure!



Social engagement

Recreation


Life skills

Activity fee

Lunch Out & About

12:30pm - 13:00pm

Enjoy a well-deserved Lunch Break with your friends at the L&L Program!




Social engagement

Out & About

\$cost may vary

09:00am - 15:00pm

In this program you will get to go on a new and exciting excursion every week! Anything from museums to the zoo, road trips to swimming, and the movies to minigolf. Each week is a new adventure!



Social engagement

Recreation

Life skills

Activity fee

# Keon Parking Learning and Lifestyle hub

Term 2 2025: 22/04/2025 – 04/07/2025

## What's on!

## SOCIAL SATURDAYS

**Sunday 4<sup>th</sup> May**  
12:00pm – 18:00pm

Join us on our visit to see the Melbourne Vixens Vs Melbourne Mavericks Netball Game



**Saturday 24<sup>th</sup> May**  
09:00am – 15:00pm

Join us on our Day Trip to Ricketts Point



**Saturday 7<sup>th</sup> June**  
09:00am – 15:00pm

Join us on our visit to see Oz Comicon 2025



**Saturday 14<sup>th</sup> June**  
09:00am – 15:00pm

Join us on our Fitzroy Garden Outdoor Adventure. Starting off at the Fitzroy Gardens Visitor Centre, we will collect their map and then head off on their hunt to answer 12 questions around the gardens.



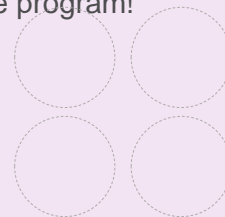
**Saturday 21<sup>st</sup> June**  
09:00am – 15:00pm

Join us on our Day Trip to Mount Macedon and visit the Forest Glade Gardens.



**Saturday 28<sup>th</sup> June EOI**  
09:00am – 15:00pm

We are looking forward to expanding and creating further learning opportunities for the people we support. Don't see the program that you're interested in? Let us know and we would love to integrate it into our awesome program!



**Saturday 5<sup>th</sup> July**  
09:00am – 15:00pm

Join us on our visit to see the Moorabin Air Museum



**Saturday 14<sup>th</sup> July EOI**  
09:00am – 15:00pm

We are looking forward to expanding and creating further learning opportunities for the people we support. Don't see the program that you're interested in? Let us know and we would love to integrate it into our awesome program!



# Keon Park Learning and Lifestyle hub

## Operating Hours

**Monday to Friday** 9am – 3pm

**Social Saturdays** 9am – 3pm

## Contact Us for More Information

**Emily Scherping** (Team Leader): 0419729012

**Paula Mejia** (Service Manager): 0436920416

Email: [hello@endeavour.com.au](mailto:hello@endeavour.com.au)





# Learning and Life Skills Icons and Definitions



**Foundation Skills** supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



**Life Skills** focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



**Healthy Body / Healthy Mind** focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



**Recreation** provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



**Technology** utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



**Employment** focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



**Passion & Hobbies** is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



**Special Events** enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



**Activity Fees** will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

## Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

## Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

## Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

## Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

## Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

## Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

## Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

## Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

## Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day