




































Kearney Springs L&L

January- June Activity Planner

Name:	Monday	Tuesday	Wednesday	Thursday	Friday
10AM-12PM	Coffee Club (\$10.00)  Socialize with your friends and enjoy a coffee and cake for morning tea.	Relationships EFL Morning Tea (\$5.00)  Join the worksite crew for morning tea and catch up with old friends.	Age Care Visits   Socialise and interact with an aged care facility.	Wood Working (\$5.00)  Hands on projects utilising a wide range of tools and skills.	Volunteer  Participants will go to local business Tony's Kitchen op shop and do volunteer work.
	Disability Dance (\$7.00)  Local dance studio comes to site and runs a dance program.	Fit Lab Gym session (\$5.00)  Join in on one of fit labs fitness classes run by a personal trainer at Fit Lab gym.	Bingo/Games (\$3.00)  Participants will play different games and win prizes	Yoga  Participants will enjoy the benefits Yoga classes.	Transport Bus Trip (\$4.00)  Learn how to use local transport and engagement with community.
	Cooking Healthy Habits (\$7.00)  From budgeting and purchasing the ingredient to prepping and cooking a healthy lunch.	Cooking Healthy Habits (\$7.00)  From budgeting and purchasing the ingredient to prepping and cooking a healthy lunch.	Thrive living independently  Learning how to live independently from health to money to cooking, washing.	Morning with the Stars Fortnightly free  Participant will engage with members of their community and enjoy music performances.	Thrive living independently  Learning how to live independently from health to money to cooking, washing.
			Great Adventures   Exploring new and exciting destinations in the Darling Downs area.	Lunch at Park Alternate week (\$5.00)  Participant will access their community and have a meal with their peers	
1PM-3PM	Science (\$5.00 a month)  Participate in a range of science experiments, develop fine motor skills.	Ten Pin Bowling (\$10.00)  Bowling at Sun Set Super bowl.	Exploring new and exciting destinations in the Darling Downs area.	Barista Neville's Corner (Gold coin)  Go to Neville's corner and make coffees.	Swimming (\$3.50)   Swimming at Ballie Henderson.
	Computers/VR/3D   Learn how to use a computer, VR, and 3D send emails to your friends and family.	Sign Language (\$5.00)  A qualified trainer comes to site and runs a sign language course.		Around the World  Learning about different cultures around the world.	Friday Wind Down Movies, disco, events,   
	Bingo/Games (\$3.00)  Participants will play different games and win prizes	Computer/VR/3D  Learn how to use a computer, VR, and 3D send emails to your friends and family.	Photography  Learn how to take and understand the different styles of photography.	Art (\$5.00)  Participants will create and make artworks	

Kearney Springs L&L January- June Activity Planner

Hi All,

The team at the L&L have put together new programs for January to June 2024. These new programs will start on Monday 22nd January.

The planner has activities highlighted in yellow that the participant has chosen with the help of the team and their NDIS goals as guidance. We highly encourage and welcome you to make changes to the activities on the planner if you wish to do so due to funding. This planner will commence on the 22nd of January, if you wish to change or discuss other activity options please do so before the 22nd of January.

Also, please note with the new invoicing EMS system (Promaster) all our programs are now invoiced. If you wish to not use the EMS system, please contact either Kylie King or Katie Kelly.

For any follow up questions regarding the new invoice system, you can reach out to EMS@endeavour.com.au.

Looking forward to a great first half of the year.

Contacts

Toowoomba L&L

4613 6926

Site manager- Kylie King

0436 852 890

kylie.king@endeavour.com.au

Team Leader- Katie Kelly

0458 541 421

Katie.Kelly@endeavour.com.au

Operations manager – Petrina Markland

0400 431 120

Petrina.Markland@endeavour.com.au