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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cooking \$7 	Ten pin Bowling \$6 	Cooking \$7 	Sail ability \$7 Big boat group 	Cooking \$7 	Cooking \$7 
Morning Melodies \$7 	English 	Robotics 	Maths/English 	Ten pin Bowling \$6 	Out and about Brisbane 
Mini Golf \$12.50 	Auslan 	Comedy 	Bunnings build it 	Native nursery 	
sail ability \$7 Individual boats 	Swimming \$7 	Math/English 	Lawns Bowls \$6 	Centre Maintenance 	
Maths/English 	Film 	Knit & Stitch \$2 	Fishing \$5 	Op Shopping \$7 	
Craft \$2 	Diamond Art \$5 	Discover Brisbane Go Card 	Mosaics 	Learning style  computer games	

Bowen Hills Learning & Lifestyle Hub
Imagine What's Possible

Afternoon Programs until 3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
sail ability \$7 Individual boats 	Maths 	Discover Brisbane Go Card 	Sail ability \$7 Big boat group 	Native nursery 	Cooking 
Photography 	Swimming 		Fishing \$5 	Aspley re cycling 	Out and about Brisbane 
Music 	Weird Science  \$10 for the term	Healthy mind & Body 	Music 	ART \$3 	
Pets and gardens \$4 	Mindfulness sensory room 	Body and movement 	Around the world history 	Computer Skills 	
Sweet treats \$7 	Library 	Communication 	Pets and Gardens 	Sweet treats \$7 	
Computer Skills 	Board Games 	VR/#d printing 	Yoga 	Containers for change 	

Bowen Hills Learning & Lifestyle Hub

Imagine What's Possible

Cooking - To learn about different food groups, cultural foods, find recipes, make shopping lists, budgeting, purchasing items, return and preparing a meal, cleaning up and enjoying the meal itself.

Morning melodies at Arana Leagues Club – enjoy a morning trying a different coffee shop each week and meeting new people, plus rate the coffee and the service received.

Mini golf - access to mini gold range towards the airport to practice and use golf skills.

Sail ability – go to either Manly of Shorncliffe and sail on individual boats or the group boat all sailed by experienced volunteers.

English units --Improving Literacy skills through workbooks and interactive games on the Smart board.

Math's Units – Looking at how we can improve student's numeracy skills via interactive smart boards, games and workbooks. – Planning a budget, knowing costs, wants and needs, how to prioritise

Ten pin bowling - play in a team and expand your bowling skills.

Auslan learning – development of neural pathways and cognitive processes unique to using a visual language.

Using your body to communicate

Swimming – go to a local pool and with support workers in the pool have a nice swim.

Film – Using different equipment film a story or short film learning how to use the different equipment.

Diamond Art – utilising your fine motor skills decorate a Diamond art picture of your choosing.

Robotics – learn how to put together Lego robot, use and work with gizmo, 3D printing.

Comedy – this is a 12-month program that has a performance every quarter.

Knit & /Stitch– Learning to create and sew using different skills, materials, making practical items and gifts for others.

Discover Brisbane – Customers will choose locations to visit utilizing the Brisbane train system learning skills and travelling around on the centre Buses depending on their destination.

Fishing – all day out program where you visit different locations to practice your fishing skills.

Bunnings build it- go to the local bunnings and make something different each time.

Lawn Bowls – Play a game or two of Lawns Bowls with your friends.

Native Nursery – Volunteering all day program at the Paten Park Nursery, sorting seeds, weeding, planting etc.

Op shopping – Managing our money handling and budgets finding bargains for ourselves by visiting different op shops.

Centre Maintenance- Learn different activities such as using the blower vac, vacuum cleaner etc

Photography – Go to different locations to take photos to print out and display.

Music We will combine different music and dance/movements them combine them together.

Pets & Gardens – Care for the centre guinea pigs and care for the different plant/vegetables we are growing and learn about each.

Sweet Treats - make some cakes, slices treat to take home for afternoon tea on the weekend.

Weird Science- Complete different safe and wacky science experiments

Mindfulness- spend some time in the sensory room utilising the different equipment during a mindfulness session.

Library – Go to the local library and borrow books, magazines of your choosing whilst learning how to borrow and take care of the items to return to the library.

Board Games – these activities incorporate learning opportunities.

Reading – Practice and learn new reading skills.

Healthy mind & Body- Learn about keeping your body healthy and in turn keeps your mind healthy.

Body and Movement – Do different styles of exercise and dance movements having fun while moving.

Communication – Participants will learn and practice a variety of methods to communicate, including learning AAC devices, key sign and speech, in real life scenarios.

VR/3d Printing – Using the 3d printer and VR machine learn whilst having some fun.

Around the world – learn and discover interesting facts about countries from around the world.

Aspley re cycling – visit the Aspley recycling centre and put your re cycling skills to practice.

Art - Art program will provide the opportunity to learn a variety of art-making skills and knowledge about the elements of art while being inspired by famous artists.

Computer skills – Learn and practice your computer skills.

Containers for change – Taking the containers we collect to re cycle and receive money which we will use for our next Christmas party.

Craft- Trying and making new craft's

Mosaics- Making fun creations with Mosaics

Learning computer games- Learning while using different computer programs such as Mathletics

Yoga- some peaceful Yoga in the sensory room

Saturday programs 8am – 3pm

Cooking – making different recipes for your lunch.

Out and about Brisbane – Visit museums, festivals, car shows, have picnic in the park.(see Saturday Program)