Endeavour Foundation - Gladstone Learning & Lifestyle



	Foundation					
		Program: January 2	2 nd – April 8tl	h 2024 -	Phone 4971 7707	
8.30-9.30	Monday Morning tea Outing Week 1- \$10 Buy drink Week 2 - \$2	Tuesday	Wednes Café Open - W 8.30am -10 donati	ednesdays am - \$2 ion	Thursday Purchase drink - Community	Friday
Session 1 9.30- 12.00pm	Woodwork \$2	Café Baking/Shopping \$3 Delicious treats to take home and enjoy at the Café	Café - Barista Let's make of 8.30am-10	a Training coffee! \$2 0.00am	Lunch Cooking \$5 Wk 1- Quiche Wk 2 - Sheppard's Pie Wk 3 - Beef Casserole Wk 4 - Chic & Corn Soup Wk 5 - Curry Wk 6- Dev Sausages Wk 7 - Beef Strog Wk 8 - Pumpkin Soup Wk 9- Spag Meatballs	Technology (Thrive) or Customer Meeting
	Gym Bring a change of clothes	S Cheudad Line	Café Clean up		Wk 10- Bolognaise Wk 11- Chick & Mustard Wk 12- Fried Rice	Shopping
Morning Melodies - TBA St Patrick's Day- 15 th March Easter Celebrations – 28 th March		Gladstone PAWS Collections /Recycling -Collect from donation bins -Dispense any donations -Take cans to recycling station, sort cans	<mark>Craft</mark> (10am-12pm) \$2 .00		Gym Bring a change of clothes	WEEK 1 BBQ \$6.00 BBQ -What will we have today?
12pm- 12.45	Lunch	Lunch	Lunch		Lunch	go?
Session 2 12.45- 2.45pm	4echnology	Financial Literacy Thrive	the aith,	Healthy	Woodwork	Hature
	Photography - Ipad Technology -Computers -3D Printing -VR -Robotics Week 2 -Buy a drink - in Centre/ community \$2	Music Appreciation Wk 1 – NKOTB Wk 2 – Sia Wk 3 – Veronica's Wk 4 – Rita Ora Wk 5 – Seekers	Dancing/ Yoga/ Fitness Games -Indoor bowling -Tennis -Badminton	Bowling \$15 -Central lane	Safety first Safety first Centre Activities	Gardening Prepare Garden for weekend.
	Nature	Wk 6 - Frente Wk 7 - Vance Joy Wk 8 - Jessie J Wk 9 - Blink 182 Wk 10 - Beach Boys Wk 11 - TLC Wk 12 - Spice Girls	-Go to the park for basketball or soccer		-Craft -Games -Sports -Gardening	or shoppy
	Gardening -Watering -Weeding -Mulching -Planting	Evening Cooking session \$10 3.30pm-6.30pm	Gardening - Watering - Weeding - Mulching - Planting		Evening Cooking session \$10 3.30pm-6.30pm	Leisure Activities - Craft - Games - Sports
2.45-3.pm	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up		Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick u
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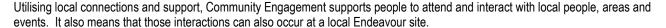


Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number,

measurement, geometry, probability and statistics.



Life Skills focuses on day to day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.





Information, Communication and Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends, and directs people to make right choices when it comes to a person's health and lifestyle activities.



Getting out - or staying in - having fun, making connections and simply doing what makes you happy is what Leisure, Adventure and Recreation is all about. Leisure, Adventure and Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications in order to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behavior when in the workplace.



Passion Projects is all about doing what you're passionate about! It could be skill development, or launching your own online business, or simply exploring a creative outlet. If it makes you smile; if you lose track of time doing it, then this is what passion projects is all about.



The importance of nature – whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, means that people are able to touch, taste, smell, hear and see those things which make up the world. It might mean conducting experiments to see how things work, or taking time out to literally smell the

the world. It might mean conducting experiments to see how things work, or taking time out to literally smell the roses.



This support allows the person to identify specific types of supports required, and, if available, provide those supports on an individual basis. This might mean extra focus on Foundation Skills, or Community Engagement, or an area that isn't captured in a person's Pathway profile.

