








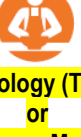









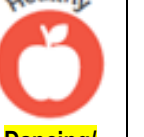









Endeavour Foundation - Gladstone Learning & Lifestyle

Gladstone L&L Hub Program April 13th 2025 – July 5th

	Monday	Tuesday	Wednesday	Thursday	Friday
8.30-9.30	Morning tea Outing Week 1- \$10 Buy drink Week 2 - \$2		Café Open - Wednesdays 8.30am -10am - \$2 donation	Purchase drink - Community	
Session 1 9.30-12.00pm	 Woodwork \$2  Gym Bring a change of clothes	 Gladstone PAWS Collections /Recycling -Collect from donation bins -Dispense any donations -Take cans to recycling station, sort cans  Café Baking/Shopping \$3 Delicious treats to take home and enjoy at the Café	 Café - Barista Training Let's make coffee! \$2 8.30am-10.00am  Café Clean up  Craft (10am-12pm) \$2.00	 Gym Bring a change of clothes  Lunch Cooking – \$5 Cuisines of the world Wk 1: Korea Wk 2: South Africa Wk 3: Australia Wk 4: Malaysia Wk 5: USA Wk 6: Italy Wk 7: Cuba Wk 8: Afghanistan Wk 9: Nigeria Wk 10: Finland Wk 11: Spain Wk 12: Chile	 Technology (Thrive) or Customer Meeting  Shopping <div> WEEK 1  BBQ \$6.00 BBQ -What will we have today? </div> <div> WEEK 2  Pub Lunch \$30 -Where will we go? </div>
Morning Melodies: Dates: 1 st July – “From Stage to Screen”					
12pm-12.45	Lunch	Lunch	Lunch	Lunch	
Session 2 12.45-2.45pm	 Photography - iPad Technology -Computers -3D Printing -VR -Robotics Week 2 –Buy a drink – in Centre Gardening -Watering  -Weeding -Mulching -Planting	 Literacy/Pen Pals  Music Appreciation Wk 1 – You am I Wk 2 – Coldplay Wk 3 – Maroon 5 Wk 4 – M C Hammer Wk 5 – One Direction Wk 6 – Black Eyed Peas Wk 7 – Men at Work Wk 8 – Elton John Wk 9 – Pussycat Dolls Wk 10 – Natalie Imbruglia Wk 11 – S Club 7 Wk 12 – Nelly Furtado  Evening Cooking session \$10 3.30pm-6.30pm	 Dancing/ Yoga/ Fitness Games -Indoor bowling -Tennis -Badminton  Gardening - Watering - Weeding - Mulching - Planting	 Bowling \$15 -Central lane  Woodwork \$2 Safety first  Leisure Activities - Craft - Games - Sports  Evening Cooking session \$10 3.30pm-6.30pm	 Leisure Activities - Indoor for summer -Craft - Games  Gardening Prepare Garden for weekend. -Watering -Weeding -Mulching -Planting
2.45-3pm	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up	Tidy up / Prepare for Pick up

Please refer to the icons legend on the following page



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day to day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, Community Engagement supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Information, Communication and Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends, and directs people to make right choices when it comes to a person's health and lifestyle activities.



Getting out - or staying in - having fun, making connections and simply doing what makes you happy is what Leisure, Adventure and Recreation is all about. Leisure, Adventure and Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications in order to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behavior when in the workplace.



Passion Projects is all about doing what you're passionate about! It could be skill development, or launching your own online business, or simply exploring a creative outlet. If it makes you smile; if you lose track of time doing it, then this is what passion projects is all about.



The importance of nature – whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, means that people are able to touch, taste, smell, hear and see those things which make up the world. It might mean conducting experiments to see how things work, or taking time out to literally smell the roses.



This support allows the person to identify specific types of supports required, and, if available, provide those supports on an individual basis. This might mean extra focus on Foundation Skills, or Community Engagement, or an area that isn't captured in a person's Pathway profile.