

Monday

Redcliffe L&L Activity Calendar Monday 15th January - Friday 28th March 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 1 & 2 Bowling (IMax) \$7



- Morning tea @ various locations

Week 1 & 2 Men's Shed (i40) \$2



Please bring hat, sunscreen and sun safe long sleeve shirt.

Water indoor plants and gardens



Week 1 & 2 Stocktake and centre shopping (Hiace)



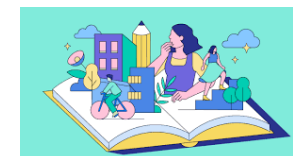
Week 1 Newsletter



Week 2 Art/Craft



Week 1 Story writing



Week 2 Friends/family meeting prep



Week 1 & 2 Cafe Review (Hiace) \$6



Week 1 & 2 Men's Shed (i40) lunch out

Week 1 & 2 Pool Comp in the community (IMax) \$8



Week 1 & 2 Pool Comp at the centre



Week 1 Indoor games



Week 2 Indoor games



Tuesday

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Week 2

Week 1 & 2 Shopping and Cooking (Hiace) \$10



Morning Tea

- Meal Prep
- Cooking/Recipe book



Lunch

Week 1 & 2 Cooking continued

- Cleaning
- Nutrition
- Meal planning



Week 1 & 2 Community Exploration \$10

Via public transport
Go Card and Companion Card



Week 1 & 2 Current Events



Week 1 Thrive (relationships)



Week 2 Community Connections



Week 1 Relaxation/Sensory space



Week 2 Centre maintenance/Recycling



Week 1 & 2 Photography (i40) \$10

- All day at various locations



Week 1 & 2 Leagues club (Hiace) \$25



Week 1 Centre maintenance/Recycling



Week 2 Relaxation



Week 1 & 2 Photography continues (i40)



Week 1 & 2 Music appreciation



Wednesday

Redcliffe L&L Activity Calendar Monday 15th January - Friday 28th March 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 1 & 2 Fishing (i40)
\$7



Baking (i40 for shopping)
\$8
Bring a container to take food home
Nil cost if baking for centre

Week 1 & 2 Bowling (iMax)
\$7



Week 1 I want to be a Tradie



Week 1 Thrive learning



Week 1 & 2 Shopping and Cooking (Hiace)
\$10



Week 1 People we support meeting presentation (Feb).



Week 2 People we support meeting presentation (Jan & March) + Fundraising



Week 1 & 2 Photography (Hiace)



Week 2 Auslan



Morning Tea

- Meal Prep
- Cooking/Recipe book



Lunch

Week 1 & 2 Cooking continued

- Cleaning
- Nutrition
- Meal planning



Week 1 & 2 Band Practice



Week 2 Admin

Thursday

Redcliffe L&L Activity Calendar Monday 15th January - Friday 28th March 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 1 & 2 Community Exploration
\$10

Via public transport
Go Card and Companion Card



Week 1 & 2 Shopping & Baking (wk1 i40 wk 2 iMax)
\$10

Bring a container to take food home
Nil cost if baking for centre



Week 1 Art/craft



Week 2 Relaxation



Week 1 (i40) & 2 (iMax) Vehicle maintenance



Week 1 & 2 - Men's Shed (Wk 1 Hiace; Wk 2 i40)
\$2



Week 1 Photography (imax) \$10

- All day at various locations



Week 2 Photography (Hiace) \$10

- All day at various locations



Week 1 Fun science and weird facts



Week 1 Cultural Awareness



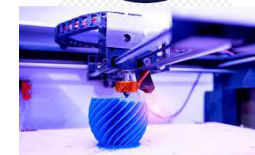
Week 2 Mosaic



Photography continued



Week 2 IT and 3D tech



Morning: activity schedule and exercise. WH&S check by client lead of the day.

<div>Shopping & Cooking – Lunch for everyone @ L&L</div> <div>Cultural theme</div> <div>\$10 cash</div> <div>  </div> <div>Week 1</div> <div>  </div>	<div>Week 1& 2 Swimming</div> <div>\$5</div> <div>  </div> <div>  </div>	<div>Week 1 Indoor games</div> <div>  </div> <div>  </div>	<div>Week 2 Music appreciation</div> <div>  </div>
		<div>Week 1 Centre & vehicle Maintenance (Hiace)</div> <div>  </div> <div>  </div>	<div>Week 2</div> <div>  </div> <div>  </div>
<div>Relaxation</div> <div>  </div>	<div>Movie</div> <div>  </div>	<div>  </div> <div>Admin</div>	