Gympie Learning & Lifestyle Customer Copy

January to March 2024									
	Monday	Tuesday	Wednesday	Thursday	Friday				
Session 1 9:00 - 10:00am	Morning Chat	Morning Chat	Morning Chat	Morning Chat	Morning Chat				
	toundation.	4 oundation	coundaryon.	toundation	Loundation				
	Key word sign	Key Word sign	Key word sign	Key word sign	Key word sign				
	Water Gardens	Chair Yoga or Walk	Water gardens	Chair Yoga or Walk	Water Gardens				
10:00- 10:30am	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea				
Session 2 10:30- 12:00pm	decreation	decreation O	\ealth _y	Quantity in the state of the st	Si Lenga o o o o o o o o o o o o o o o o o o o				
	Golf	Arts & Crafts	Aqua Fitness	Honeybee Creative	Mystery Day Out				
	ight engage in a	A.D.		opsion & hodge	special events				
		Hospitality	Mens Shed	Woodworking	Special events Aussie world Ginger factory				
	Bunnings DIY	Technology		Qecreation Parties	Australia zoo River cruse etc.				
		All Abilities Workouts	She Shak	Maker space @ library					
Lunch 12:00– 1:00pm	Lunch	Cooked Lunch	Lunch	Lunch	Lunch				
Session 3 1:00 – 2:30pm	S C C C C C C C C C C C C C C C C C C C	40Undation	4screation	qe creation					
	OP shopping	THRIVE @ Life	Music and dance	Bowling					
		8 Ball		Woodworking					

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		VR	Handyperson skills Baking	Gardening	
2:30 – 3:00pm	Pick up/Taxis	Pick up/Taxis	Pick up/Taxis	Pick up/Taxis	Pick up/Taxis

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Learning & Life Skills Icons & Definitions

Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, stening and comprehension tasks. Foundation Skills also eeks to develop numeracy and mathematical skills in conepts including number, measurement, geometry, probability ind statistics.

.ife Skills focuses on day to day tasks, such as cooking and lomestic skills, hygiene, organisational skills, budgeting, iome maintenance, public transport and public safety and nteractive tasks such as banking and social activities

Jtilising local connections and support, Social **Engagement** supports people to attend and interact with local people, areas and events. It also means that those nteractions can also occur at a local Endeavour site

Healthy Body / Healthy Mind focuses on being active, makng healthy choices and being responsive to a person's menal and physical wellbeing. It supports people to take care of hemselves and their family and friends, and directs people to nake right choices when it comes to a person's health and festyle activities.

Fechnology utilises current materials, components, tools, equipment and techniques to design, make and record olutions. It draws on traditional and new types of technology, ncluding computers, tablets, smart phones, virtual technolojies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.

Recreation provides people with the opportunity to having un, making connections and simply doing what makes you nappy Recreation focuses on connecting with friends, doing un things at home, at a centre or in the community, or simply aking time to relax and unwind.

Employment focuses on developing skills needed for work. Vhether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications in order to learn those skills required to know what type of work r person is interested in, search for work, apply for and underake interviews, explore ideas appropriate dress and language ind behaviour when in the workplace.

Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online busiiess, or simply exploring a creative outlet as a hobby. Vhether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking ime out to literally smell the roses.

f it makes you smile; if you lose track of time doing it, then his is what passion projects & hobbies is all about.

Special Events enables communities to come together. Vhether competitively in events like 'Battle of the Bands'. elebrating calendar events like Australia Day or hosting nonthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local commuity events (ie: Show Day)

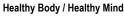












Focusing on:

- Volunteering

Foundation Skills

- Measurement, Size

Social Engagement

Life Skills

- Reading, writing, comprehension

Support for activities relating to:

- Speaking, communication - Numbers, Addition, Subtraction

- Physical wellbeing - Personal relationships

Support and development in areas relating to:

- Signing - eg. Pecs, Makaton, key word sign

- Budgeting, banking and other money skills

Supporting people to attend and interact with:

- Library - Bunnings - Men's Shed - Ladies Group

- Music eg Battle of the Bands - Drumming Circle

- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities eg. Gym, Sailability, Martial Arts, Yoga, Sport

- Home and domestic skill - Cooking - Shopping - Personal care

- Safety and public transport Maintenance (home, vehicles)

Technology

Learning activities and support relating to:

- Computers Virtual Reality
- Robotics Coding
- Safety (on the web, using devices)
- Smart phones, Tablets and other devices 3D printing



Recreation

Activities that support people to:

- Art and craft Art groups
- Bowling Photography and video
- Music (listening to, playing music
- Fishing Bingo and other games



Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense



Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)



Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day

