Monday

Redcliffe L&L Activity Calendar Monday 15th April – Friday 28th June 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 1 & 2 Shopping &
Baking (wk1 Ford wk 2
iMax)
\$10
Bring a container to take
food home

Nil cost if baking for centre



Week 1 & 2 Men's Shed (wk 1 iMax wk 2 Ford) \$2



Please bring hat, sunscreen and sun safe long sleeve shirt. Week 1 Gardening

Week 2 Newsletter



Until morning tea then Bowling

Week 1 & 2 Stocktake and centre shopping (Hiace)



Week 1 Diamond Art (purchase our own art



Until morning tea then choir

Week 2 Friends/family meeting prep



Week 1
Healthy living/Yarn
circle



Week 1 & 2 Bowling \$7.60 (wk1 Hiace wk2 iMax)



Week 1 & 2 Pool Comp in the community wk (Imax wk 2 Hiace) \$8



Week 2 Vehicle maintenance



Week 1 Community Choir (Ford) Gold coin donation



Week 2 Story writing



Tuesday

Redcliffe L&L Activity Calendar Monday 15th April – Friday 28th June 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 1 & 2 Shopping and Cooking (iMax) \$10



Morning Tea

- Meal Prep
- Cooking/Recipe book



Lunch

Week 1 & 2 Cooking continued

- Cleaning
- Nutrition
- Meal planning



Week 2 Community
Exploration
\$15 (optional for lunch)
Via public transport
Go Card and Companion
Card









Week 1 City Hall concerts (Ford) Go Card and bring lunch



Week 1& 2 Thrive



Week 1& 2 Centre maintenance/Recycling



Week 1

Relaxation/Sensory space



Week 2 Sewing (cost dependant on item being made. No cost if centre item



Week 1 & 2

Photography (Hiace) \$5

All day at various locations



Week 1 & 2 Leagues club (Hiace) \$25



Week 1 Photography (iMax)



Week 1 Art & Craft



Week 2 Fundraising



Week 2 Library (iMax)



Wednesday

Redcliffe L&L Activity Calendar Monday 15th April – Friday 28th June 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 1 & 2 Fishing (Hiace) \$7



Bring a hat, sunscreen, morning tea and lunch, water bottle Week 1 &2 Bowling (wk 1 Ford week 2 iMax) \$6



Week 1 & 2 Community leisure & exercise (wk 1 iMax wk 2 Ford)





Week 1 & 2 Craft



Week 1 & 2 Shopping and Cooking (wk 1 iMax wk 2 Hiace) \$10



Morning Tea

- Meal Prep
- Cooking/Recipe book



Week 1 People we support meeting presentation (Feb).





Week 1 & 2 Band and games



Week 1 & 2 Library (wk 1 Ford wk 2 iMax)



Week 1 Photo editing



Week 2 Vehicle maintenance









Thursday

Redcliffe L&L Activity Calendar Monday 15th April – Friday 28th June 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day

Week 2 Community Exploration \$10 Via public transport **Go Card and Companion** Card









Week 1 String art \$10 (one off cost)



Week 1 Good news and



achievements



Week 1 &2 I want to be

a tradie with

Caboolture L&L

Week 1 & 2 - Men's Shed (Ford) \$2



Please bring hat, sunscreen and sun safe long sleeve shirt.

Week 1 & 2 Meditation at Lovelight Temple(9am-10am) then morning tea on the esplanade \$10 (iMax)



Week 2 Fun science and weird facts



Week 1 & 2 Games afternoon





Week 1& 2 Pool competition with Caboolture L&L



Friday

Redcliffe L&L Activity Calendar Monday 15th April – Friday 28th June 2024

Morning: activity schedule and exercise. WH&S check by client lead of the day.

Week 1 & 2 Fishing & BBQ lunch \$10 (Hiace)



Bring a hat, sunscreen, morning tea and lunch, water bottle

Week 1 Swimming \$5 + \$15 lunch out





Week 1 Sensory craft



Week 2 Mosaic

Week 1 Barista and music appreciation \$2



Week 2 Story writing/IT





Week 2 Op shopping with aim to volunteer & lunch out (lunch \$10, additional spending optional)

